M.S. Degree in Kinesiology and Health
Plan B (non-thesis) Distance Education

Health and physical education teachers and health professionals are busy people. Health professionals typically work at their job during the day and then volunteer their time to work with community health care agencies/groups in the evening and weekends. Teachers of health and physical education typically teach throughout the day and coach during the evenings and weekends. Therefore, traditional Master’s degree programs that require students to attend the University of Wyoming in Laramie are often simply impossible for teachers and other health professionals to fit into their busy schedule.

The Plan B (non-thesis) option of the Master of Science degree in Kinesiology and Health is available through distance education. All courses are delivered to your home or a common University of Wyoming Outreach location within your community via a combination of teleconferencing, pre-developed videotapes, and/or internet (e-mail/e-college). The distance education program is designed such that you can complete the Master of Science degree in a three, four, or five year period of time.

The Plan B option through distance education involves a minimum of thirty (36) credit hours of coursework and a culminating paper that is developed on a topic selected by the student in conjunction with his/her graduate faculty advisor. The process for writing the culminating paper includes a proposal meeting and a final presentation of the written paper. A minimum of twenty-one (21) credit hours is required in the Division of Kinesiology and Health (KIN and HLED), which includes the ten (10) hours of general required courses.

I. General Required Courses (10 hours)

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>KIN 5085</td>
<td>Research Methods in Physical Education</td>
<td>3.0</td>
</tr>
<tr>
<td>KIN 5080</td>
<td>Investigations in Kinesiology and Health</td>
<td>3.0</td>
</tr>
<tr>
<td>STAT 5050</td>
<td>Statistical Methods for the Biological Sciences</td>
<td>3.0</td>
</tr>
</tbody>
</table>

1  May substitute STAT 5060, 5070, or 5080; or EDRE 5600 or EDRE 5640.
Decision made in conjunction with advisor.

II. Kinesiology and Health Courses (minimum of 15 hours)

All course selection decisions must be made in conjunction with your advisor.

III. Elective Courses (minimum of 9 hours)

At least one elective course (3 hours) must be taken from outside the Division of Kinesiology and Health. All course selection decisions must be made in conjunction with your advisor.

In addition to the General Required Courses listed above, the Division offers the following eight courses through distance education: KIN 4090, HLED 5025, HLED 5130, KIN 5012, KIN 5013, KIN 5014, KIN 5034, and KIN 5586.