

**PHYSICAL EDUCATION TEACHING (PHET)  
PROGRAM OF STUDY  
USP 2015 (March 1, 2017)**

**FRESHMAN-SOPHOMORE YEARS**

**University Studies 2015 Coursework (26-28 credit hours)**

*Communication 1 (COM1)*

<u>Course Prefix/Number</u>	<u>Credit</u>	<u>Title</u>
ENGL 1010	3	English Composition

\* NOTE: Minimum of C in ENGL 1010

*First Year Seminar (FYS)*

<u>Course Prefix/Number</u>	<u>Credit</u>	<u>Title</u>
USP 2015 FYS	3	Elective

\* NOTE: Minimum of C in FYS course

*Human Culture (H)*

<u>Course Prefix/Number</u>	<u>Credit</u>	<u>Title</u>
USP 2015 H	3	Elective
PSYC 1000	3	General Psychology

*Physical and Natural World (PN)*

<u>Course Prefix/Number</u>	<u>Credit</u>	<u>Title</u>
CHEM 1000/1020	4	Introduction to Chemistry or General Chemistry I

\* NOTE: Minimum of B in CHEM 1000 or C in CHEM 1020 to enroll in ZOO 3115

LIFE 1010	4	General Biology
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\* NOTE: Minimum of C in LIFE 1010 to enroll in ZOO 3115

*Quantitative Reasoning (Q)*

<u>Course Prefix/Number</u>	<u>Credit</u>	<u>Title</u>
MATH 1400/05/50	3-5	College Algebra, Trigonometry, or Combined

*U.S. & Wyoming Constitution (V)*

<u>Course Prefix/Number</u>	<u>Credit</u>	<u>Title</u>
USP 2015 V	3	Elective

**Required Coursework (35-36 credit hours)**

<u>Course</u>	<u>Credit</u>	<u>Title</u>
FCSC 1141 <sup>1</sup>	3	Principles of Nutrition
HLED 1006	3	Personal Health
KIN 2000	2	Movement Core I: Striking/Fielding/Invasion Games
KIN 2001	2	Movement Core II: Net and Target Games
KIN 2003	2	Movement Core IV: Educational Games and Gymnastics
KIN 2004	3	Movement Core V: Fundamental Motor Skills, Creative Movement, and Dance
KIN 2005	2	Movement Core VI: Physical Fitness and Physical Activity
KIN 2040	3	Human Anatomy [Prerequisite: LIFE 1010]
KIN 2041	1	Human Anatomy Lab [Prerequisite: LIFE 1010]
PHYS 1050/1110	4	Concepts of Physics or General Physics I
STAT 2050/2070	4	Fundamentals of Statistics or Introductory Statistics [Prerequisite: MATH 1400/05/50]
ZOO 3115	4	Human Systems Physiology Human Systems Physiology [Prerequisite: minimum C in CHEM 1020 or B in CHEM 1000; minimum C in LIFE 1010]

<sup>1</sup> FCSC 1140 may be substituted for the K&HP course requirement in nutrition.

**Elected Coursework (0-3 credit hours)**

Students taking additional credit hours during the freshman and sophomore years should consider taking one or more of the following courses: EDEX 2484, Introduction to Special Education; PSYC 2210, Drugs and Behaviors; EDSE 3540, Teaching Reading in the Content Area; KIN 3050, Prevention and Care of Athletic Injuries; and KIN 3060, Understanding Skill Acquisition for Teaching.

***CPR Certification requirement***

Complete the CPR requirement through a community college course or through the American Red Cross or through the UW Half Acre or through any other organization nearest you. Certification needs to be completed and current through the entire program. Present your card to the division registrar in Corbett 119 to be cleared of the requirement on your degree evaluation.

**JUNIOR-SENIOR YEARS**

Only students admitted to the last two years of the PHET program can enroll in HLED and KIN 3000 and 4000 level courses with the exception of KIN 3050 and KIN 3060.

***University Studies 2015 Coursework (6 credit hours)******Communication 2 (COM2)***

<u>Course Prefix/Number</u>	<u>Credit</u>	<u>Title</u>
KIN 3012	3	Teaching Lab I [Prerequisites: COM1]

***Communication 3 (COM3)***

<u>Course Prefix/Number</u>	<u>Credit</u>	<u>Title</u>
KIN 4080	3	Assessment in Physical Education [Prerequisite: KIN 3012 & COM2]

***Core Knowledge in Teacher Education Coursework (2 credit hours)***

<u>Course Prefix/Number</u>	<u>Credit</u>	<u>Title</u>
EDSE 3540	2	Teaching Reading in the Content Area

***Required HLED and KIN Coursework (34 credit hours)***

<u>Course</u>	<u>Credit</u>	<u>Title</u>
KIN 3011	3	Teaching Methods in Physical Education [Prerequisite: KIN 3012]
KIN 3015	3	Teaching Lab II [Prerequisite: KIN 3012]
KIN 3021	3	Physiology of Exercise [Prerequisites: KIN 2040, 2041, & ZOO 3115]
KIN 3022	1	Physiology of Exercise Lab [Prerequisites: KIN 2040, 2041, & ZOO 3115]
KIN 3034/4020	3	Lifespan Motor Development/Motor Behavior [Prerequisite: PSYC 1000]
KIN 3037/3038	3	Sport Psychology or Exercise Psychology [Prerequisite: PSYC 1000]
KIN 3042	3	Biomechanics of Human Movement [Prerequisite: PHYS 1050 or 1110]
KIN 3050	2	Prevention and Care of Athletic Injuries [LIFE 1000 or 1010]
KIN 3060	3	Understanding Skill Acquisition for Teaching [Prerequisite: PSYC 1000]
KIN 4012	3	Curriculum Development in Physical Education [Prerequisite: KIN 3015]
KIN 4013	2	School Administration for the Health Sciences [Prerequisite: KIN 3015]
KIN 4017	3	Teaching Lab III [Prerequisite: KIN 3015]
KIN 4055	2	Adapted Physical Education [Prerequisite: KIN 3012]

***Student Teaching Experience (12 credit hours)***

Students must complete a 12 credit hour student teaching experience that includes eight weeks of full-time teaching at the elementary level and eight weeks of full-time teaching at the secondary level.

*NOTE:* Students must have current CPR certification prior to enrolling in KIN 4099.

***Elected Coursework (6 credit hours)***

Students must complete a minimum of six credit hours of elected coursework beyond the credit hours listed under elected coursework for FRESHMAN-SOPHOMORE YEARS. It is recommended that these courses are selected from those required for the Adapted Physical Education K-12 or Health Education K-12 teaching endorsement area.

**Minimum Degree Requirements: 120 credit hours, 48 of which must be at the 3000-4000 level**

### PROFESSIONAL PROGRAM ADMISSION REQUIREMENTS

You must make application for admission to the professional Physical Education Teacher Education (PHET) program once you meet the requirements to enter KIN 3012, Teaching Lab I (only offered fall semester).

#### Entry Criteria

1. Minimum 2.75 GPA; preferred GPA of 3.0
2. Successful completion of: CHEM 1000/1020; ENGL 1010; ENGL 2020; FCSC 1140/1141; HLED 1006; KIN 2000; KIN 2001; KIN 2003; KIN 2004; KIN 2005; KIN 2040; KIN 2041; LIFE 1010; MATH 1400, 1405, or 1450; PHYS 1050 or 1110; PSYC 1000; STAT 2050 or 2070; USP 2015 FYS; USP 2015 V; and ZOO 3115.
3. Minimum of 60 Contact Hours Completed
4. Interview and Essay Completed
5. Complete a Criminal Background Check

Admission to the PHET program is a competitive process. Applicants meeting minimum requirements are not guaranteed admission to the last four semesters of the program. The application deadline for fall semester admission is April 15. Students who make application for admission by April 15 will have their packets reviewed first. Application packets received after the deadline will only be reviewed if space is still available. A maximum of 20 students are admitted into the program each fall semester.

### TEACHING ENDORSEMENTS

#### *A. Adapted Physical Education K-12 Endorsement*

<u>Course</u>		<u>Credit</u>	<u>Title</u>
EDEX	2484	3	Introduction to Special Education
KIN	4065	3	Resources in Adapted Physical Education
KIN	4075	3	Assessment for Adapted Physical Education

#### *B. Coaching Education Endorsement*

In addition to completing KIN 3050, CPR certification, and coursework (KIN 3021, 3034, 3037/3038, and 3042) that substitutes for the required KIN 4090 (Foundations of Coaching) course as part of the PHET program of study, students must complete one or more courses/experiences specific to the sport(s) they wish to coach. This requirement can be completed in one of the following two ways:

- a. By completing a "Coaching in . . ." course offered through a Wyoming Community College or the Wyoming Coaches Association Summer Clinic; or
- b. By completing a coaching experience in a specific sport for one season or more; a letter written by your supervising coach (coach must have a state coaching endorsement) must accompany the State Application Form for Wyoming Coaching Endorsement. The letter should include the following information: name of coach, sport coached, dates coached, grade and gender of school team coached, role of coach, and success of coach.

#### *C. Health Education K-12 Endorsement*

<u>Course</u>		<u>Credit</u>	<u>Title</u>
HLED	4025	3	Teaching Sensitive Issues in Human Sexuality
HLED	4110	3	Teaching Health in Schools K-12
HLED	4120	3	Assessment in School Health Education
HLED	4130	3	Management of Coordinated School Health Programs
PSYC	2210	3	Drugs and Behavior
or			
HLED	4900	3	Teaching About Alcohol and Substance Abuse

### UNIVERSITY STUDIES PROGRAM (USP) 2015

<u>USP 2015 Components</u>	<u>Course #</u>	<u>Credits</u>
1. Communication 1 (COM1)	ENGL 1010	3
2. Communication 2 (COM2)	KIN 3012	3
3. Communication 3 (COM3)	KIN 4080	3
4. First Year Seminar (FYS)	Elected	3
5. Human Culture (H)	Elected	3
	PSYC 1000	3
6. Physical Natural World (PN)	CHEM 1020	4
	LIFE 1010	4
7. Qualitative Reasoning (Q)	MATH 1400, 1405, or 1450	3-5
8. U.S. and Wyoming Constitution (V)	Elected	3
	Total Hours:	32-34