Demystifying Prosody
English Poetical Forms I: Metrical Feet
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## Duple Meters

1. Iambic: short-long, signified ${ }^{\checkmark}$ ' as in: (unrhymed iambic pentameter: 5 feet per verse:
blank verse)
Tŏ be ŏr not tǒ bé: thăt ís thĕ questîon: ${ }^{1}$ Whéthĕr 'tĭs noblěr ín thĕ mínd tǒ súffěr Thĕ slings ănd árrŏws ŏf ŏutrágeŏus fortŭne, (first foot inverted as a trochee: see below)
(feminine endings: see below) Or tŏ tăke árms ăgainst ă séa ŏf troublěs, And by ŏpposilng end thěm?
(Shakespeare)
The extra final unstressed syllable (the $11^{\text {th }}$ in the line) is called a feminine ending. Lines ending with a regular iamb are said to have a masculine ending, as in the following stanza of 4 lines:

Thĕ cúrfěw tolls thě knéll ŏf pártĭng dáy
Thĕ lowwĭng herd wĭnd slowly̆ b'er thě lea, Thĕ plowmăn hómewărd plods hĭs weary̆ wáy,
And léaves thĕ world tŏ dárkněss ánd tŏ mé.
(heroic quatrain: pentameter rhymed abab)
(Thomas Gray)
2. Trochaic: long-short, signified ${ }^{\prime}$ as in:

Whére thě quiiĕt-cololured end ŏf évenĭng smíles,
(trochaic hexameter: 6 feet per verse) Míles ănd míles
(catalectic dimeter: see below)
On thĕ sollŭtáry̆ pástŭres where ŏur sheep
(masculine rhymes) Hálf-ăsleep
Tínklĕ homewărd thrb' thĕ twílĭght, stráy ŏr stop
As thĕy crop--
(Robert Browning)
Notice the elision of the second syllable in "evening." Earlier poets would have written "ev'ning." Trochaic tetrameter is intrinsically sublime (as in Latin Dies Iræ or Stabat Mater):

Dbublě, doublĕ, tobil ănd troublĕ,
(notice that "fire" is disyllabic)
Fírĕ búrn ănd cáldrŏn búbblě.
(Shakespeare)
When the final trochee is truncated by removing the short syllable, as in the case with Browning, above, we are left with catalectic lines and masculine rhymes:

## (a quatrain of catalectic trochaic tetrameter) <br> (rhymed aabb)

("eye/symmetry" constitute an off-rhyme)
(Blake)
Notice the extra syllable in the final line. Is it still catalectic, or is it a regular iambic tetrameter line? To answer this we must dig into the sense of the poem.
${ }^{1}$ Some would prefer to scan this: Tŏ bé ŏr nót tŏ bé:|| thát ĭs thĕ qúestǐon. Emphasizing

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## Triple Meters

3. Anapestic: short-short-long, signified ${ }^{\smile}$ ' as in:

Thě Assýrǐan căme down lǐke thĕ wolf ŏn thĕ fold,
(anapestic tetrameter) And hĭ̌s cohŏrts wěre gléamǐng ǐn púrplĕ ănd gold;
And thĕ sheen ŏf thěir spears wăs lĭke stárs ŏn thĕ séa, Whěn thĕ blúe wăve rŏlls níghtly̆ ŏn deep Gălǐlee.

Much English comic verse embodies anapestic meter, like T. S. Eliot's Old Possum's Book of Practical Cats (1939), Dr. Seuss' The Cat in the Hat (1957):

Thě sún dǐd nŏt shíne.
(a headless line: see below)
It wăs too wĕt tŏ pláy.
Sŏ wě sát în thĕ house
All thăt cold, cǒld wět dáy.
("Dr. Seuss")
and limericks since Edward Lear:
Thěre wás ă yŏung mán frŏm Jăpán
Whŏse límĕrǐcks névĕr wǒuld scán.
(end-stopped line)
Whĕn wĕ ásked why̆ thĭs wás,
Hě rěplíed "It's bĕcáuse
I alwăys try̆ tǒ fĭt ăs mány̆ sy̆llăblěs ǐntŏ thě lást lĭne ăs I possĭbly̆ cán."
(Anonymous)
A line lacking a syllable in the first foot, as lines 1 and 2 here, is said to be headless.
4. Dactylic: long-short-short signified ${ }^{\prime \sim}$ as in this catalectic dactylic hexameter verse:

Thís ǐs thĕ forěst prĭmévăl. Thě múrmŭrĭng pínes ănd thĕ hémlŏcks, Bearděd wĭth moss, ănd ĭn gárměnts green, ilndĭstínct ĭn thĕ twill̆̆ght, Stand lĭke Drúĭds ŏf eld, wĭth vobicěs sád ănd prŏphettĭc

Greek elegiac verse consisted of a line of dactylic hexameter followed by one of dactylic pentameter. The rhythm is waltz-like and found in song lyrics such as:

Píctŭre yŏur sélf ĭn ă bobat ŏn ă rívěr wǐth
(enjambed or run-on lines)
Tángĕrĭne tree-ěes ănd mármălăde skii-ĭi-ĕs.
(Beatles)
The double-dactyl poses an especially tight form:
Hinterrlănd, húntěrlănd
Cédrĭc D. . Révěrănd
Couldn't ${ }^{\text {º }}$ bĕ présĕnt tǒ
Answěr hĭs phone.
Leavĭ̀ng thĭ̌s méssăge, hě,
Súpěrsărcástǐcally̆,
Trústs yŏu'll rĕcord ăt thě
Sbund ŏf thĕ tone.
(Reverand)

## Other Feet

5. Spondaic: long-long signified ${ }^{\prime}$ ' as in:

Gbod strong thíck stúpěfy iǹng incěnse-smoke!
(Browning)
Spondees are usually found nestled in a line with other feet. They have the effect of forcing a pause and emphasis.

Be near me when my light is low,
(iambic tetrameter)
When the blood creeps and the nérves príck . . .
(Tennyson)
Or, from the poet who devised what he called sprung rhythm and marked his own verse:

No wonder of it: shéer plód makes plough down sillion Shine, and blue-bleak embers, ah my dear, Fall, gall themselves, and gash gold-vermilion.
(there are another two or three unmarked spondees here)
(Hopkins)

## Accentual Syllabic vs. Strong-stress Meter

Since the $14^{\text {th }}$ C English verse has scanned in the terms above. But earlier verse counted only strong-stressed syllables, ignoring the number of light-stressed ones. Lines were divided into hemistichs with a strong caesura ( $\mid \|$ ) between each and further marked by alliteration:

With wínding hórns || winter húnted
in the weeping wóods, || wíld and rúthless;
sléet came sláshing || and slánting háil
from glówering heaven || gréy and súnless,
whístling whíplash \|| whírled by tempest.
The flóods were freed, || and fállow waters
sweeping seaward, || swóllen, ángry,
filled with flótsam, || fóaming, túrbid,
pássed in túmult. || The tempest died.
(Tolkien)
Like Tolkien's poetry in Lord of the Rings (1954-55), Coleridge's medieval-gothic Christabel (1816) revives this form, each line possessing four strong stresses but varying in total syllables from four to twelve. Gerard Manley Hopkins takes the approach even further in the practice of what he called sprung rhythm:

I cáught this mórning mórning's mínion, kíng-
(enjambed)
dom of dáylight's dáuphin, dapple-dáwn-drawn Fálcon, in his ríding
Of the rólling level undernéath him steady air, and stríding
Hígh there, how he rúng upon the rein of a wímpling wíng
In his écstasý! then óff, off fórth on swíng,
As a skáte's heel sweeps smóoth on a bów-bend: the húrl and gliding Rebúffed the bíg wínd. My héart in híding
Stírred for a bírd, - the achíeve of, the mástery of the thíng!

Free Verse: see "prose." Robert Frost: "like playing tennis with the net down."


[^0]:    the caesura (marked \|) in the center, this inverts the fourth foot from an iamb to a trochee.

