# Program of Study: Doctor of Nursing Practice (DNP)

## DNP Program of Study (PMHNP Option)

*This program of study...*

- is for students entering the program in 2017 or after
- is subject to change

### Year One

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Fall</td>
<td>N58XX Advanced Pathophysiology I</td>
<td>2 cr</td>
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<tr>
<td></td>
<td>N5800 Foundations of Integrative Advanced Practice Nursing</td>
<td>3 cr</td>
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<tr>
<td></td>
<td>N5805 Evidence Based Practice for Advanced Practice Nursing I</td>
<td>3 cr</td>
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<tr>
<td></td>
<td>N5810 Health Behavior Change (HBC) I: Foundations</td>
<td>3 cr</td>
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<td>N5865 DNP Seminar I</td>
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### Year Two

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<tr>
<td>Fall</td>
<td>N58XX Psychotherapy for PMHNPs</td>
<td>3 cr</td>
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<td></td>
<td>N58XX Improvement Science in Health Care</td>
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<td></td>
<td>N5830 Health Behavior Change (HBC) II: Secondary and Tertiary Prevention</td>
<td>3 cr</td>
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<td></td>
<td>6659 (CU Advanced Assessment, Neurobiology, &amp; Psychopharmacology Across the Lifespan)</td>
<td>3 cr</td>
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<td><strong>Total for Year Two</strong></td>
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* = courses pending approval
+
+ = credit hours are being adjusted

...Continued on page 2
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**Page 2**

<table>
<thead>
<tr>
<th>YEAR ONE</th>
<th>FALL</th>
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<tbody>
<tr>
<td>N5862 PMHNP Clinical Practicum</td>
<td>6 cr</td>
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<tr>
<td>N5891 DNP Project I</td>
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<tr>
<th>YEAR ONE</th>
<th>SPRING</th>
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<tbody>
<tr>
<td>N5863 PMHNP Clinical Practicum</td>
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<tr>
<td>N5865 DNP Seminar II</td>
<td>1 cr</td>
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<tr>
<td>N5892 DNP Project II</td>
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<td><strong>Total</strong></td>
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<th>SUMMER</th>
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<tbody>
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<td>N5895 Final DNP Practicum</td>
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**Subtotal Year 1:**

8 cr

**Subtotal Year 2:**

8 cr

**Subtotal Year 3:**

23 cr

**Program Total:**

84 cr

**Practica Total:**

19 cr (1140 clock hours)

* = courses pending approval
+ = credit hours are being adjusted
1. **N5140 - Pharmacotherapy for Primary Care Providers** ...................................................................................................................... 4 cr
Prepares primary care practitioners in drug therapy management for a variety of client populations with an emphasis on rural practice.

2. **N5800 - Foundations of Integrative Advanced Practice Nursing** ...................................................................................................... 3 cr
An introduction to the core concepts and roles of advanced practice nursing, particularly the doctoral-prepared nurse practitioner. Special emphasis is given to 1) the integration of nursing and other health-related theories and models in rural nurse practitioner-delivered care and 2) professional writing in advanced practice nursing.

3. **N5805 - Evidence-Based Practice for Advanced Practice Nursing I** .................................................................................................. 3 cr
Overview of the evidence-based practice model, including the contributions of research, patient preferences, clinician expertise, and the theoretical frameworks that inform this expertise. Evaluating typical research designs for advanced practice nursing.

4. **N5810 - Health Behavior Change (HBC) I: Foundations** ........................................................................................................... 3 cr
Foundations of health behavior as related to individual and community systems. Special emphasis will be given to the unique aspects of rural populations. Principles of learning, theories of health behavior change, and their application to advanced nursing practice. Includes skill building for advanced Health Behavior Change courses.

5. **N5815 - Evidence-Based Practice for Advanced Practice Nursing II** .......................................................................................... 3 cr
Students learn to develop an evaluation of clinical practice based upon critical appraisal of the existing research evidence, clinician expertise, and patient preferences. Special emphasis is placed on methods that an advanced practice nurse might use to generate and disseminate evidence from clinical practice.

6. **N5820 - Health Behavior Change II: Primary Prevention and Wellness** .......................................................................................... 3 cr
Application of theories and techniques of health behavior change and epidemiology to issues of primary prevention from the individual to the community. Development of programs for primary prevention in advanced practice nursing, including assessments, intervention development and evaluation. Examples of health issues include lifestyle interventions, stress management, substance abuse prevention.

7. **N5824 – Advanced Health Assessment and Clinical Decision-Making I** .......................................................................................... 2 cr
Builds upon basic nursing assessment skills; includes a human cadaver lab experience to enhance learners’ understanding of anatomy, physiology, and pathophysiology, progressing to didactic, hands-on practice, and check-offs of student ability to perform client interviewing and advanced physical assessment techniques. Prepares learners for the clinical decision-making required of nurse practitioners.

8. **N5825 – Advanced Health Assessment and Clinical Decision-Making II** ....................................................................................... 3 cr
Builds upon NURS 5824; includes advanced assessment techniques and diagnostic reasoning that lead to clinical decision-making for nurse practitioners.

9. **N5830 - Health Behavior Change (HBC) III: Secondary and Tertiary Prevention** ................................................................. 3 cr
Focuses on building NPs' skills for changing a patient's behavior, thoughts, and feelings with a focus on secondary and tertiary prevention. The goal is for students to become sufficiently skilled in general and specific health behavior change techniques so that they can incorporate these into a holistic health care practice.

10. **N5840 – Leadership in Advanced Practice Nursing** ..................................................................................................................... 3 cr
Organizational and systems leadership for improvement of health. Focuses on interrelationship among systems, ethics, policy, and change. Identifies qualities and behaviors associated with exemplary nursing leadership. Special emphasis is given to rural health care systems.

11. **N5845 - Health Communication/Informatics** .............................................................................................................................. 3 cr
Emphasizes understanding, managing and using of information systems/technology to provide healthcare in rural health settings. Discussion includes the evaluation and project management of the human/technology interface with specific attention to business, ethical and legal issues encountered in interdisciplinary, collaborative settings.
DOCTOR OF NURSING PRACTICE (DNP) / COURSE DESCRIPTIONS (page 2)

12. N5850 - Innovative Practice Models (1 credit practicum) ................................................................. 4 cr
Examination of innovative health care models and their incorporation into primary care. Emphasizes the evaluation models in care delivery, quality management, and business improvement strategies.

Clinical practicum focused on beginning level therapeutic competencies in the advanced practice role of the PMHN.

14. +N5862 – [PMHN] Practicum: Diagnosis and Management of the Psychiatric Client for the PMHN ................ 6 cr
Clinical practicum focused on beginning level diagnostic and clinical management competencies for the PMHN.

15. N5863 – [PMHN Clinical] Practicum: Diagnosis and Management of the Psychiatric Client for the PMHN II ........ 5 cr
Clinical practicum that allows students to continue to practice and refine competencies in the PMHN role with multiple and complex psychiatric populations.

16. N5865 – DNP Seminar I-VI .............................................................................................................. 1 cr/ea
Instructor and student-led discussions designed to facilitate role transition of the doctorally-prepared nurse practitioner. Seminars include topics related to integration and application of nursing and other health-related theories and models in rural nurse practitioner-delivered care. Topics will vary by year and semester as students’ progress through the DNP program.

17. N5891 - DNP Project I .................................................................................................................... 3 cr
In collaboration with a facility, learners will examine clinically relevant data to target a practice and/or patient outcome for improvement. Learners will collect and critically appraise related evidence and develop an intervention, including an outcome evaluation plan.

18. N5892 - DNP Project II ................................................................................................................... 3 cr
Continuation of NURS 5891, DNP Clinical Research Project I. In collaboration with a facility, learners will implement the proposed clinical intervention, evaluate the outcome, and professionally disseminate the results.

19. N5895 - Final DNP Practicum ............................................................................................................ 5 cr
This final clinical experience provides learners with the opportunity to integrate previous learning from the DNP program in the provision of evidence-based health care.

University of Colorado Courses:

20. 6659 – Assessment, Neurobiology and Psychopharm Advanced Assessment ........................................ 3 cr
Focus on integration of neurobiological and psychopharmacological theory and research to assessment, symptomatology and treatment of psychiatric disorders across the lifespan.

21. 6661 – Diagnosis and Management of Adults for the PMHN ............................................................... 3 cr
Advanced knowledge of evidence-based psychiatric-mental health nursing including assessment, diagnosis, health promotion, management, and evaluation of adults with mental illnesses and addictions. Emphasis on neurobiology, complex psychopharmacological and non-pharmacological treatments, and culturally sensitive nursing interventions.

22. 6662 – Diagnosis and Management of Children and Older Adults, PMHN ........................................ 3 cr
Advanced psychiatric nursing assessment, diagnosis, health promotion, management, evaluation of children, adolescents, and older adults. Emphasis on complex individual, family, group therapies, neurobiology, psychopharmacological treatments, and developmentally, culturally-sensitive nursing interventions.