Curriculum Vitae Susan Boughn

Address:

The College of New Jersey School of Nursing Ewing, NJ 08628-0718 work: 609-771-2873 home: 609-896-1799 boughn@TCNJ.edu

Education:

EdD Doctorate of Education, Rutgers State University, 1986
M.S.N. Master of Science in Nursing, San Jose State University, 1974
B.S.N. Bachelor of Science in Nursing, San Jose State University, 1973

Diploma 3-year nursing program, University of Wyoming, 1968

Professional Experience:

Professor, School of Nursing, The College of New Jersey, 1993 - Associate Professor, School of Nursing, The College of New Jersey, 1989-93 Assistant Professor, School of Nursing, The College of New Jersey, 1984-89 Instructor, School of Nursing, The College of New Jersey, 1979-84 Public Health Nurse in Special Services, Mercer County, NJ, 1978-79 Public Health Nurse in Special Services, Santa Clara County, CA, 1977-78 Public Health Nurse, Department of Public Health, Santa Clara Co., CA, 1974-77 Emergency Unit Nurse, Palo Alto Medical Center, Palo Alto, CA, 1972-74 Nurse for Internist, Princeton, NJ, 1968-69

Awards:

College Faculty Range Program Award for "sustained meritorious work performance and achievement in teaching, scholarship, and service," 2002.

New Jersey Professor of the Year Award (Council for the Advancement & Support of Education, Washington, DC.), 1994. I was 1 of 2 selected to compete in 1993.

Delta Nu Research Awards (Sigma Theta Tau International Honor Society of Nursing), 1991, 1992 and 1996.

Areas of Expertise:

Lecture & clinical/practice, and research activities: *public health*, specializing in at risk populations (teen mothers, infant care, STDs, contraception, domestic violence); *maternal & gynecologic health*, e.g., pathologies of the breasts, reproductive anatomy and physiology, prenatal & postnatal care, birth & death; and *political-economic-social issues*, e.g., the political process/legislation, advocacy & activism, and using caring, power and empowerment as a transformative vision.

Publications in Refereed Journals:

- Boughn, S. (2004). Violence and Trichotillomania. *Psychiatric Times*, 21(10), 30-32.
- Boughn, S., & Jaarsma-Holdom, J. (2003). The relationship of violence and trichotillomania. *Journal of Nursing Scholarship*, *35*, 165-170.
- Boughn, S., & Jaarsma-Holdom, J. (2002). Trichotillomania: Women's reports of treatment efficacy. *Research in Nursing & Health*, 25, 135-144.
- Boughn, S. (2001). Why do women and men choose nursing? *Nursing and Health Care*, 22, 14-19.
- Boughn, S., & Lentini, A. (1999). Why do women choose nursing? *The Journal of Nursing Education*, 38, 156-161.
- Boughn, S., & Lentini, A. (1997). What women nursing students want & what nursing education owes them. *N&HC: Perspectives, 18,* 286-287.
- Boughn, S. (1995). An instrument for measuring autonomy-related attitudes and behaviors in women nursing students. *Journal of Nursing Education*, *34*, 106-113.
- Boughn, S. (1995). Why do men choose nursing? *Trends & Transition: The Multi-disciplinary Journal for Graduating Health care Professions*, 6, 26-31. Reprinted on request by the National League for Nursing for their official student publication.
- Boughn, S. (1994). Why do men choose nursing? Nursing and Health Care, 15, 406-411.
- Boughn, S., & Wang, H. (1994). Introducing a feminist perspective to nursing curricula: A quantitative study. *Journal of Nursing Education*, *33*, 112-117.
- Boughn, S. (1992). An immodest proposal: Pay equity for nursing faculty who do clinical teaching. *Journal of Nursing Education*, 31, 215-220.
- Boughn, S. (1992). Nursing students rank high in autonomy at the exit level. *Journal of Nursing Education*, *31*, 58-64.
- Boughn, S. (1991). A women's health course with a feminist perspective: Learning to care for and empower ourselves. *Nursing and Health Care, 12,* 76-80.
- Boughn, S. (1988). A lack of autonomy in the contemporary nursing student: A comparative sudy, *Journal of Nursing Education*, 27, 150-155.
- Boughn, S. (1987). A strategy for increasing student autonomy: Women's health course, *Nurse Educator*, *12*, 31-33.

Books:

- Rathus, S., & Boughn, S. (1994). *AIDS What Every Student Needs to Know*. Philadelphia: Harcourt Brace Jovanovich.
- Rathus, S., & Boughn, S. (1993). *AIDS What Every Student Needs to Know*. Philadelphia: Harcourt Brace Jovanovich.

Chapter or section in text/book:

- Boughn, S. (2005). Trichotillomania. In The Boston Women's Health Book Collective (Eds.), *Our bodies, Ourselves* (pp. 691). New York: Simon & Schuster.
- Boughn, S. (1996). Integrating feminism into nursing curriculum. In E. Friedman, C. Kolmar, C. Flint & P. Rothenberg (Eds.), *Creating an Inclusive College Curriculum* (pp. 256-262). New York: Columbia Teacher's College Press.

Papers presented at Conferences:

- Boughn, S. (2010, March). *Broken Promises: The reality of transition from education to practice.* Speaker for the Educator's Program, Institute for Nursing/2010 New Jersey Nursing Convention, Atlantic City, New Jersey.
- Boughn, S. (2008, February). Nurses can diagnose trichotillomania: Evidence to guide practice. Selected to present at the Women's Health Conference 2008 sponsored by Drexel University & Planned Parenthood Federation of America, Atlantic City, New Jersey.
- Boughn, S., & Clugston, S. (2006, November). At first I didn't like you: The reality of linking practice and academia. Invited paper for a conference for public health nursing educators and public health nursing practice leaders, State of New Jersey Department of Health and Senior Services. Piscataway, New Jersey.
- Boughn, S. (2005, November). *Women have many secrets: Trichotillomania*. Research paper presented at the 38th Biennial Convention Scientific Sessions, Sigma Theta Tau International Honor Society of Nursing. Indianapolis, Indiana.
- Boughn, S. (October, 2003). Choose Nursing. Keynote Speaker for the *Nursing Symposium*, St. Francis Medical Center and Trenton Central High School Medical Arts Academy, Trenton, New Jersey.
- Boughn, S. Trichotillomania: Violence as a precursor. 2002 State of the Science Congress: Advancing Nursing Practice Excellence Conference, Washington, DC, September 26, 2002.

- Boughn, S. If your professors led a revolution ... would you follow? *New Jersey State Student Nurses Association*, Atlantic City, NJ, February 23, 2001.
- Boughn, S. Take a Walk on the Wild Side: Teaching Students to Resist, Contest, and Assert. National League for Nursing Education Summit 2000, Nashville, Tennessee, September 14, 2000.
- Boughn, S. Superwoman: Personal & Professional Life. New Jersey Conference of the American Correctional Association, Princeton, N.J., March 30, 1999.
- Boughn, S. Why men and women choose nursing: A self-fulfilling prophecy. Research presented at *the New Jersey Research Consortium*, Kean University, March 27, 1998.
- Boughn, S. Why *Do* Women Choose Nursing? Research presented at the *Delta Nu Sigma Theta Tau International Honor Society of Nursing Annual Research Day*,
 School of Nursing, The College of New Jersey, December 13, 1996.
- Boughn, S. In Their Own Voice: Why College Women Choose the Profession of Nursing. Preliminary research findings presented at *the National Women's Studies Association Conference* at the University of Oklahoma, Oklahoma City, Oklahoma, June 21-25, 1995.
- Boughn, S. Why <u>DO</u> Men Choose Nursing? Preliminary findings, Part I. *Delta Nu Chapter of Sigma Theta Tau International Honor Society of Nursing, Annual Research Day,* School of Nursing, Trenton State College, March 4, 1994.
- Boughn, S. Autonomy and Empowerment: What is it, Who took it Away, and How to Take it Back. Paper presented at *The American Psychiatric Nurses' Association Conference* in St. Louis, Missouri, October 29, 1992.
- Boughn, S. An Instrument for Measuring Autonomy-related Attitudes and Behaviors in Woman Nursing Students. Preliminary paper presented at the *National League of Nursing Conference for Research in Nursing Education* in San Francisco, Ca., February 6-8, 1991.
- Boughn, S. An Immodest Proposal: Equity for Clinical Teaching. Preliminary findings presented in a paper at the *New Jersey State Nurses' Association Conference* in Atlantic City, October 21-26, 1991.
- Boughn, S. The Feminist Perspective in Nursing. Paper presented at the *National Women's Studies Association Conference* in Akron, Ohio, June 20-24, 1990. The national conference center office stated that over 700 proposals were received; that 150 were accepted for presentation. This was an international conference attended by over 2,500 people from around the world.

Boughn, S. Contrasts in Women's Health Issues: Lectures & Discussions with Chinese Nurses. Paper presented for the *Department of Public Health, Continuing Education for Professional Staff* based on experiences with lecturing and discussions with nurses in the People's Republic of China, San Jose, California, March 17, 1989.

Papers in State Publications:

- Boughn, S. (2005, May-June). Evidenced-based nursing care of patients suffering from trichotillomania. *New Jersey Nurse*, *35*, pp. 3, 13.
- Boughn, S. (1993, April). A Message to Students For All Nurses. *New Jersey Nurse: The Official Publication of the New Jersey State Nurses Association*, 23(3), 1.
- Boughn, S. (1992, July-August). Comparing nursing students to women students in other disciplines provides insight into the "autonomy problem" experienced by practicing nurses. *New Jersey Nurse: The Official Publication of the New Jersey State Nurses Association*, 22(4), 15.

Papers in Local Publications:

- Boughn, S. (1990). Gender Issues in the Nursing Curriculum. *Women's Studies Newsletter*, 1(2), Women's Studies Program, Trenton State College.
- Boughn, S. (1989). Nursing Must Be Good for Nurses. *Women's Studies Newsletter*, 1(1), Women's Studies Program, Trenton State College.
- Boughn, S., & Cappelli, R. (1989, June). Reconceptualization of clinical nursing education: Proposal to change the ratio of teaching credit hours (FWHs) to student clinical hours from 2:3 to 1:1, School of Nursing, Trenton State College.

Lectures for Conferences or Professional Societies, & Performances:

- Boughn, S. (2012, November). *Women of the 21st Century: Shattering the System.* Address to the Minority Students Conference as the 2012 Honorary Award Recipient. The College of New Jersey.
- Boughn, S. (2013, May). *One Last Time.* Selected by senior nursing class to give address to graduating students, family & friends, faculty, staff & administration, TCNJ, New Jersey.

- Boughn, S. (2011, May). *Strategies for Thriving in the Nursing Job Market*. Faculty Address to graduating students, family & friends, faculty & staff, and administration, TCNJ, New Jersey.
- Boughn, S. (April, 2011). April 20. Sex, Harassment, and Violence: Addressing Sensitive Matters in the Classroom. Invited by vice provost to participate in a special roundtable, sponsored by the Center for Excellence in Teaching and Learning, The College of New Jersey.
- Boughn, S. (2009, April). *If you love it, you will succeed.* Honorary Speaker, area chapter for Sigma Theta Tau International Honor Society of Nursing Annual Induction Ceremony, Washington's Crossing, Pennsylvania.
- Boughn, S. (2007, March). *Not just another bureaucrat: Dr. Susan Wood and the FDA*. Introduction of the Keynote Speaker, Women's History Month, The Women's Health Conference, TCNJ, NJ.
- Boughn, S., Alexy, E., & Fallon, A. (2007, March). *Sexual assault, emergency contraception and mental health*. Panel moderator and speaker, Women's History Month, The Women's Health Conference, TCNJ, NJ.
- Boughn, S. (2004, December). Public regard for the nursing profession: Legislative and media update. Keynote at the conference for the New Jersey Association of Public Health Nurse Administrators, West Windsor, New Jersey.
- Boughn, S. (2004, October). *Caring for the caregiver*. Keynote at the conference for the Mercer County HomeFront Program. Trenton, New Jersey.
- Boughn, S. (2004, October). *The resilient child.* Keynote at the conference for the Mercer County HomeFront Program. Trenton, New Jersey.
- Boughn, S. (2004, May). Why do You Want to be a Nurse? Faculty Address to graduating students, family & friends, faculty & staff, and administration, TCNJ, New Jersey.
- Boughn, S. (2003, May). *On the Threshold of a Career*. Faculty Address to graduating students, family & friends, faculty & staff, and administration, TCNJ, New Jersey.
- Boughn, S. (2003, April). 6 Good Reasons to Choose Nursing. SON faculty talk for 'Bring Your Children to Work Day', TCNJ, New Jersey.
- Boughn, S. (2000, May). *The Professional Hour.* Faculty Address to graduating students, family & friends, faculty & staff, and administration, TCNJ, New Jersey.

- Boughn, S., (1999, February). *The Death of Superwoman: The Effects of Stress on Health*. Health Sciences, Women and Science Symposium, Women's Month Conference, TCNJ, New Jersey.
- Boughn, S. (1998, March). *Men and Women Choose Nursing: A Self-fulfilling Prophecy.* The New Jersey Research **Consortium**, Kean College, New Jersey.
- Boughn, S. (1997, May). Working in an Hostile Health Care Environment: Strategies for Professional-Empowerment. Faculty Address to graduating students, family & friends, faculty & staff, and administration, TCNJ, New Jersey.
- Boughn, S. (1996, December). Why Do Women Choose Nursing. Research Day Conference for Delta Nu, Sigma Theta Tau International Honor Society of Nursing, TCNJ, New Jersey.
- Boughn, S. (1995, June). *In Their Own Voice: Why College Women Choose the Profession of Nursing.* National Women's Studies Association Conference, University of Oklahoma, Oklahoma City, Oklahoma.
- Boughn, S. (1994, March). Why <u>Do</u> Men Choose Nursing: Part I. Research Day Conference for Delta Nu, Sigma Theta Tau International Honor Society of Nursing, TSC, New Jersey.
- Boughn, S. (1993, November). *Health Care Reform and the Nursing Profession*. Interview on The Paul Norton T.V. show, Channel 6, Philadelphia, Pennsylvania.
- Boughn, S. (1993, October). Nursing in Academia. TSC Update T.V., TSC, New Jersey.
- Boughn, S. (1993, November). Research Design: Practical Application and the Reality of Nursing Research. Guest lecturer in research course, TSC, New Jersey.
- Boughn, S. (1993, May). *Caring, Autonomy and Power*. Keynote Speaker for National Nurses' Day, Carrier Psychiatric Foundation, Princeton, New Jersey.
- Boughn, S. (1992, October). *Autonomy & Empowerment*. Invited session presenter at the conference for psychiatric educators & psychiatric nurses in 1992, St. Louis, Missouri.
- Boughn, S. (1992, May). *The Good News, the Bad News and the Real News.* Faculty Address to approx. (200) people including students and their families, friends, faculty, administration, Lawrenceville, New Jersey.
- Boughn, S. (1992, March). *The Feminine Perspective of Nursing*. Key Note Speaker for New Jersey League of Nursing & Nursing Department of N.L.D.C. for (200) nurses including academics, administrators, staff, New Lisbon, New Jersey.

- Boughn, S. (1992, March). Superwoman Syndrome: Consumers and Providers of Health Care. Session speaker for (50) nurses, same conference, afternoon session.
- Boughn, S. (1991, May). *Nurse-Activists in the 21st Century*. Faculty Address to (600) people including students and their families, faculty, administrators, Royce Hotel Ballroom, Pennsylvania.
- Boughn, S. (1991, March). *The Role of Autonomy in Distinguishing Professions from the Semi-professions*. Graduate Program guest lecturer, TSC, New Jersey.
- Boughn, S. (1991, January). *Consider Nursing as a Career*. Recruitment Program, Lawrence High School, Lawrence, New Jersey.
- Boughn, S. (1990, December). *Dr. Eickhoff, Don't Eliminate the School of Nursing*. TSC Rally Speaker before the BOT meeting, TSC, New Jersey.
- Boughn, S. (1990). *Clinical Teaching: A Day in the Hospital.* Faculty talk for the Board of Trustees, SON, TSC, New Jersey.
- Boughn, S. (1990, April). *Empowering Women Students*. TSC Welcome Weekend for Students and Parents, TSC, New Jersey.
- Boughn, S. (1989). *The Female Breast: Historical & Social Impact on Pathophysiology*. Haverford College, Haverford, Pennsylvania.
- Boughn, S. (1989, March). Women's Health Issues in China with Community Health Implications. Department of Public Health, San Jose, California.
- Boughn, S. (1989, March). *Time for Revolution: Nurses, Economics and Status*. Santa Clara University, Santa Clara, California.

Special Honors:

- Boughn, S. (2012, November). Women of the 21st Century: Shattering the System. Address to the Minority Students Conference as the 2012 Honorary Award Recipient. The College of New Jersey.
- Selected by the Women's Studies Department as the recipient of the 2011 "Woman Warrior" award for effecting change through teaching and activism. TCNJ.
- Invited to join the Phi Kappa Phi chapter at the College of New Jersey for scholarly work as a faculty member and involving students in the research process, 1997- ongoing
- National League for Nursing: invited to serve on review board for journal, 1990-ongoing

Selected faculty member to evaluate the TSC Board of Trustees, 1996

Invited to joint appointment in Nursing and Arts & Sciences, Women's Studies Program, 1996-ongoing

Invited to represent School of Nursing, Committee on Transition of the Presidency, 1997-1999

Elected by the college-wide faculty for a second term as Faculty Representative to the TSC Board of Trustees, 6/95 - 6/97

Chosen by women students for TSC's "Take Back the Night" celebration organized by the Women's Studies Program, 4/27/95

Elected by the college-wide faculty for first term as Faculty Representative to the TSC Board of Trustees, 6/93 - 6/95

New Jersey Professor of the Year for the CASE (Council for Advancement and Support of Education) Award, Washington, DC., 1994. One of 2 selected from the college 1993.

Nominee from TSC, School of Nursing for the National League of Nursing, Nurse Educator Award, 1993

Nominee (1 of 2) from TSC for the New Jersey Professor of the Year for the CASE Award, 1992-1993

Research Award, Delta Nu chapter of the Sigma Theta Tau International Honor Society of Nursing, 1991, 1992

National League of Nursing, The Society for Research in Nursing Education; selected as an abstract reviewer for research conferences, 1991-1994

One of five faculty selected to represent TSC at the New Jersey Institute for Collegiate Teaching & Learning, 3/10/90

Selected by senior nursing students to give the Faculty Address at the Annual Recognition Ceremony, School of Nursing, 1987, 1991, 1992, 1997, 2000, 2003, 2004, 2011; Closing Remarks 2005, 2006.

Selected by senior nursing students to give them the "Nursing Pledge" (the oath) at the Annual Recognition Ceremony, School of Nursing, 1998, 99

Selected by senior nursing students to "pin" them (replaced "capping") at the Annual Recognition Ceremony, School of Nursing, 1982, 1987, 1990, 1995, 1996, 2001, 2007, 2010

National Honor Society in Education, Rutgers University chapter Delta Xi, 1987

Research Grant from New Jersey State Nurses Association, Constituency #3, 1987

'Faculty Salute' nominee from the School of Nursing for "commitment, courage and creativity in teaching," 1987

Sigma Theta Tau, International Honor Society in Nursing, San Jose State University, 1973

Professional Activities:

American Nurses Association

N-Stat., The Political Action Committee of the American Nurses Association New Jersey State Nurses Association, articles in official newsletter

National League for Nursing

Reviewer, Council for Research in Nursing Education, conferences Reviewer, journal manuscripts

National Women's Health Network,

Activist (political/legislation, education, research, \$) in women's health issues

Sigma Theta Tau (International Honor Society of Nursing)
Officer (1984-93), (Nominating Committee 2005-ongoing)

Outside evaluator (scholarly publications and teaching) for candidates for promotion in Schools of Nursing.