

**College of Health Sciences
Standard CV**

**Jenifer J. Thomas, Ph.D.
Associate Professor**

Education

Year	Institution	Degree
2008	Colorado State University	Ph.D., Applied Social Psychology (Health emphasis)
2007	Colorado State University	M.S., Applied Social Psychology (Health emphasis)
2000	Avila University	M.S., Counseling Psychology
1994	Colorado State University	B.S., Psychology

Professional Experience

2016-present	Associate Professor, Fay W. Whitney School of Nursing, University of Wyoming
2016-present	Research Associate, Latino Research & Policy Center, University of Colorado-Denver
2010-2016	Assistant Professor, Fay W. Whitney School of Nursing, University of Wyoming
2010-2011	Research Associate, Department of Psychology, Colorado State University
2009-2010	Coordinator, CSU Health Network Stress Management Program, Colorado State University
2009-2010	Postdoctoral Fellow, Department of Psychology, Colorado State University
2009-present	Adjunct Faculty, Social and Behavioral Science, Front Range Community College
2008-2009	Postdoctoral Fellow, CSU Health Network Stress Management Program, Colorado State University
2006-2007	Biofeedback Therapist, Family Medicine Center, Poudre Valley Health System
2003-2008	Graduate Student Assistant, CSU Health Network Stress Management Program, Colorado State University
2003-2008	Graduate Research Assistant, Department of Psychology, Colorado State University
2002-2010	Adjunct Faculty, Behavioral and Social Sciences, Aims Community College
2002-2003	Grant Project Coordinator, Dietetics Program, School of Human Sciences, University of Northern Colorado
2001-2003	Research Assistant, Department of Psychology, Colorado State University
2000-2003	Coordinator, Biofeedback Learning Center, Aims Community College

Professional Awards and Honors

2017	Recipient of Innovation in Teaching Award, College of Health Sciences, University of Wyoming
2015	Nominee for Innovation in Teaching Award, College of Health Sciences, University of Wyoming
2014-2016	National Institutes of Health (NIH) Health Disparities Loan Repayment Program

Award Recipient, National Institute on Minority Health and Health Disparities (NIMHD)

2014 Nominee for New Investigator Award, College of Health Sciences, University of Wyoming

2013 Nominee for New Investigator Award, College of Health Sciences, University of Wyoming

2012 Nominee for New Investigator Award, College of Health Sciences, University of Wyoming

2011 Communication of Wisdom (COW) Award Recipient, University of Wyoming Fay W. Whitney School of Nursing

2007 Carol L. Baird Memorial Scholarship Recipient, Colorado State University Department of Psychology, Outstanding Graduate Student

2006 Letter of Commendation, Colorado State University Department of Psychology, Frank Vattano, Ph. D. (University Distinguished Teaching Scholar)

Research and Scholarship

- **Grants and Funding:**

Investigator Subcontract: Research, National Institutes of Health (NIGMS), 2U54GM104944-06, *Clinical and translational research infrastructure network IDeA-CTR*. Community engagement and outreach core site director: J. Thomas (PI/Project Director: P. Kumar, University of Nevada Las Vegas, 9/15/13-6/30/23), Direct Project Costs: \$3,516,609 (Thomas/UW Subcontract Direct Costs: \$11,998), 9/15/2018-6/30/2021, (**Funded**).

Research, University of Wyoming College of Health Sciences Faculty Research Grant, *Online and digital support for type 2 diabetes prevention*. PI/Project Director: J. Thomas. \$7,500, (**Unfunded**).

Research, University of Wyoming Fay W. Whitney School of Nursing Sharron S. Humenick Nursing Enrichment Fund, *Diabetes prevention interventionist training program for pre-professional students in the health sciences*. PI/Project Director: J. Thomas. \$4,949, 7/1/2019-6/30/2020, (**Funded**).

Research, National Institutes of Health National Institute of Nursing Research Community Partnerships to Advance Research (CPAR), R21 (PA-18-381), *The DISTANCE study: Diabetes intervention study testing acceptability of using student nursing college educators*. CoPI: J. Thomas (CoPI: B. Das, East Carolina University). \$337,792, 7/1/2019-6/30/2021, (**Unfunded**).

Research, Mountain West Clinical Translational Research Infrastructure Network, CTR-IN Pilot Grant, *Individualized type 2 diabetes risk communication through predictive analytics*. PI/Project Director: J. Thomas. \$62,233, 8/1/2018-6/30/2019, (**Unfunded**).

Research, Mountain West Clinical Translational Research Infrastructure Network, CTR-IN Pilot Grant, *Advancing type 2 diabetes prevention for Hispanic and Latino adults in rural Wyoming*. PI/Project Director: J. Thomas. \$65,970, 7/15/2017-6/30/2018, (**Unfunded**).

Faculty Mentor: Research, University of Wyoming College of Health Sciences Student Seed Grant, *Perceptions of the term 'prediabetes'*. PI/Project Director: T. Woods. \$981, 7/1/2017-6/30/2018, (**Funded**).

Faculty Travel: Research, University of Wyoming International Programs Office, International Travel Grant, *Diabetes in San Jose Tecoh, Yucatan: Research project development and collaboration*, PI/Project Director: J. Thomas. \$2,000, 5/1/2017-3/31/2018, **(Funded)**.

Research, American Diabetes Association, *Advancing type 2 diabetes prevention for Hispanic and Latino adults in rural Wyoming*. PI/Project Director: J. Thomas. \$1,074,919, 1/1/2017-12/31/2022, **(Unfunded)**.

Research, University of Wyoming Faculty Grant in Aid, *Diabetes in San Jose Tecoh, Yucatan, Mexico: Investigating influence of context on diet*. PI/Project Director: J. Thomas. \$7,500, 7/1/2016-6/30/2017, **(Unfunded)**.

Faculty Travel: Research, University of Wyoming International Programs Office, International Travel Grant, *Diabetes in San Jose Tecoh, Yucatan: Research project development and collaboration*, PI/Project Director: J. Thomas. \$2,000, 1/1/2016-6/30/2016, **(Funded)**.

Research, Mountain West Clinical Translational Research Infrastructure Network, CTR-IN Mini Grant, *Lifestyle health-related self-concept and type 2 diabetes prevention*. PI/Project Director: J. Thomas. \$8,457, 12/14/2015-6/30/2016, **(Funded)**.

Research, University of Wyoming INBRE 3 Thematic Research Project Program, *Growing resilience phase II: Albany county redesign and Wind River expansions*. CoInvestigator: J. Thomas. (CoPIs/Project Directors: C.M. Porter & T. Spoonhunter, University of Wyoming). Direct Project Costs: \$225,000 (Thomas/Nursing Direct Costs: \$3,190), 7/1/2015-12/31/2015, **(Funded)**.

Research, University of Wyoming Fay W. Whitney School of Nursing Sharron S. Humenick Nursing Enrichment Fund, *Native American perception of qualities of effective nurse leadership within the context of health promotion services*. CoInvestigator: J. Thomas. (PI/Project Director: M.A. Purtzer, University of Wyoming). Direct Project Costs: \$4,950 (Thomas Direct Costs: \$0), 5/1/2015-6/30/2016, **(Funded)**.

Research, University of Wyoming INBRE, Wyoming Community College Collaborative Grant Program, *Developing people and plans for biomedical research with Wind River Reservation*. CoInvestigator: J. Thomas. (CoPIs/Project Directors: C.M. Porter & T. Spoonhunter, University of Wyoming). Direct Project Costs: \$15,000 (Thomas/Nursing Direct Costs: \$0), 4/1/2015-12/31/2015, **(Funded)**.

Research, University of Wyoming College of Health Sciences Faculty Seed Grant, *The creation of tailored health communication for type 2 diabetes risk reduction*. PI/Project Director: J. Thomas. \$6,180, 7/1/2014-6/30/2015, **(Funded)**.

Research, University of Wyoming Faculty Grant in Aid, *An examination of health behaviors associated with the management of type 1 diabetes mellitus among college students*. PI/Project Director: J. Thomas. \$7,440, 7/1/2013-6/30/2014, **(Unfunded)**.

Research, University of Wyoming College of Health Sciences Seed Grant, *Generalized health-related self-concept and type 2 diabetes risk*. PI/Project Director: J. Thomas. \$6,440, 7/1/2013-

6/30/2014, (**Unfunded**).

Research, University of Northern Colorado Sponsored Programs & Academic Research Center, *The nutrition screening tool project: A proactive approach to nutrition for cancer patients*. CoInvestigator: J. Thomas. (PI/Project Director: J. Erskine, University of Northern Colorado). Direct Project Costs: \$2,500, 7/1/2001-12/31/2002, (**Funded**).

• **Publications (Peer-Reviewed Journal Articles):**

Thomas, J., Moring, J., Bowen, A., Rings, J., Emerson, T., & Lindt, A. (accepted for publication April 2021). The influence of stress and coping on diabetes self-care activities among college students. *Journal of American College Health*

Purtzer, M.A., & **Thomas, J.** (2021). What Native Americans want nurses to know: Attitudes and behaviors desired in client/nurse relationships. *Public Health Nursing, 38*(2), 176-185. (Data-based article)

Thomas, J., Moring, J., Calmes, J., Kepler, M., Chaulk-Pikula, T., & Baker, S. (2019). What does it mean to be at-risk of developing type 2 diabetes? Family matters. *American Journal of Health Studies, 34*(4), 184-195. (Data-based article)

Vincente, A., Candila, J., **Thomas, J.**, Gomez Aguilar, P., & Oliva, C. (2019). Living with type 2 diabetes in Merida, Yucatan, Mexico: A phenomenological study. *Journal of Transcultural Nursing, 3*, 214-221. (Data-based article)

Purtzer, M., & **Thomas, J.** (2019). Intentionality in nurse leadership: Caring as a bridge to supporting Native American health. *Public Health Nursing, 36*, 276-283. (Data-based article)

Thomas, J., Lutes, L., Smirnova, E., Das, B., Huzurbazar, S., Aldrich, L., & Lee, M. (2019). Self-concept in the context of diabetes prevention: Development of the lifestyle health-related self-concept (Lifestyle-HRSC) questionnaire. *American Journal of Health Promotion, 33*(3), 452-456. (Data-based article)

Thomas, J., Moring, J., Nagel, M., Lee, M., Linford, C., Woods, T., & Clinkenbeard, S. (2018). Demands of multiple behavior change in type 2 diabetes risk reduction. *The Journal for Nurse Practitioners, 14*(7), 545-551. (Data-based article)

Thomas, J., Moring, J., Baker, S., Walker, M., Warino, T., Hobbs, T., Lindt, A. & Emerson, T. (2017). Do words matter? Health care providers' use of the term prediabetes. *Health, Risk & Society, 19*(5/6), 301-315. (Data-based article)

Thomas, J., & Borrayo, E. (2016). The impact of perceived stress and psychosocial factors on missed class and work among college students. *Journal of College Counseling, 19*(3), 246-260. (Data-based article)

Thomas, J., Moring, J., Harvey, T., Hobbs, T., & Lindt, A. (2016). Risk of type 2 diabetes: Health care provider perceptions of characteristics that increase prevention adherence. *Applied Nursing Research, 32*, 1-6. (Data-based article)

Moring, J., Bowen, A., **Thomas, J.**, & Bira, L. (2016). The emotional and functional impact of the type of tinnitus sensation. *Journal of Clinical Psychology in Medical Settings*, 1-9. (Data-based article)

Moring, J., Bowen, A., **Thomas, J.**, & Joseph, J. (2015). Acceptance mediates the relationship between tinnitus-related cognitions and anxiety sensitivity. *American Journal of Audiology*, 24(2), 235-242. (Data-based article)

Moring, J., Bowen, A., & **Thomas, J.** (2014). Use of the implicit association test for the measurement of tinnitus-related distress. *American Journal of Audiology*, 23(3), 293-302. (Data-based article)

Thomas, J., & Borrayo, E. (2014). The combined influence of psychosocial factors on illness behavior among women. *Women & Health*, 54(6), 530-551. (Data-based article)

Thomas, J., Hart, A. M., & Burman, M. (2014). Improving health promotion and disease prevention in NP-delivered primary care. *The Journal for Nurse Practitioners*, 10(4), 221-228. (Review article)

Thomas, J., & Moring, J. (2014). Development of a revised generalized health-related self-concept inventory. *American Journal of Health Behavior*, 38(4), 614-623. (Data-based article)

Tompkins, S., Roeder, J., **Thomas, J.**, & Koch, K. (2013). Effectiveness of a relationship enrichment program on couples living with Multiple Sclerosis. *International Journal of MS Care*, 15, 27-34. (Data-based article)

Canetto, S., Trott, C., **Thomas, J.**, Wynstra, C., & Stoops, T. (2012). Career plans of atmospheric science graduate students: Does gender matter? *Journal of Geoscience Education*, 60, 408-416. (Data-based article)

Thomas, J., & Borrayo, E. (2011). An examination of moderators of stress and illness behavior. *Psychology*, 2(6), 590-597. (Data-based article)

Borrayo, E., **Thomas, J.**, & Lawsin, C. (2004). Cervical cancer screening among Latinas: The importance of referral and participation in parallel cancer screening behaviors. *Women & Health*, 39(2), 13-29. (Data-based article)

- **Publications (Invited):**

Thomas, J. (2020, November). Human behavior and COVID. *Wyoming Nurse Reporter*.

- **Presentations (Refereed National and International Abstracts):**

Thomas, J., Purtzer, M.A., Baker, S., Erickson, N., Graves, K., Kindt, J., & McCoy, B. (2020). Cultural competence in the context of Native American experience with nurses. *Western Institute of Nursing Research Conference*, Portland OR, April 15-18. Podium Presentation. In-person conference cancelled due to COVID-19.

Thomas, J., Gomez Aguilar, P., Baker, S., Ellingrod, L., Erickson, N., Graves, K., Kindt, J.,

McCoy, B., Smith, B., Snow, E., & Woods, T. (2020). Relationship between mental health and adherence among individuals with type 2 diabetes in Oxcutzcab, Yucatan, Mexico. *Society of Behavioral Medicine Annual Meeting*, San Francisco, CA, April 1-4. Poster Presentation. In-person conference cancelled due to COVID-19.

Thomas, J., Baker, S., Clinkenbeard, S., Kindt, J., Linford, C., McCoy, B., Smith, B., White, A., & Woods, T. (2019). Healthcare professionals' use and perceptions of the term prediabetes. *Society of Behavioral Medicine Annual Meeting*, Washington DC, March 6-9. Poster Presentation.

Thomas, J., Das, B., Lutes, L., Clinkenbeard, S., Linford, C., & Woods, T. (2018). Dimensions of lifestyle health-related self-concept associated with weight in a type 2 diabetes prevention intervention. *Society of Behavioral Medicine Annual Meeting*, New Orleans, LA, April 11-14. Poster Presentation.

Thomas, J., Das, B., Clemmons, B., & McNamee, H. (2016). Lifestyle health related self-concept as a predictor of participation in physical activity. *American Public Health Association 2016 Annual Meeting and Expo*, Denver, CO, October 29-November 2. Poster Presentation.

Thomas, J., Lutes, L., Aldrich, L., & Kepler, M. (2016). Creation of the lifestyle health related self-concept questionnaire. *Society of Behavioral Medicine Annual Meeting*, Washington DC, March 29-April 1. Poster Presentation.

Moring, J., Bowen, A., **Thomas, J.**, Joseph, J., & Angiola, J. (2015). Acceptance mediates the relationship between tinnitus-related cognitions and anxiety sensitivity. *Society of Behavioral Medicine Annual Meeting*, San Antonio, TX, April 22-25. Poster Presentation.

Thomas, J., Struble, M., Kepler, M., & Moring, J. (2014). Participation in behavior change: Experiences of individuals at-risk of type 2 diabetes. *Society of Behavioral Medicine Annual Meeting*, Philadelphia, PA, April 23-26. Poster Presentation.

Thomas, J., Moring, J., Bowen, A., Lindt, A., & Emerson, T. (2013). The role of stress and coping in the management of type 1 diabetes mellitus among college students. *Society of Behavioral Medicine Annual Meeting*, San Francisco, CA, March 20-23. Poster Presentation.

Moring, J., **Thomas, J.**, & Bowen, A. (2012). Healthcare provider perceptions of the impact of the term "Prediabetes". *Association for Behavioral and Cognitive Therapies Convention*, National Harbor, MD, November 15-18. Poster Presentation.

Moring, J., **Thomas, J.**, & Bowen, A. (2012). Implicit attitudes about sound and their effects on Tinnitus maintenance. *Society of Behavioral Medicine Annual Meeting*, New Orleans, LA, April 11-14. Poster Presentation.

Thomas, J., Wynstra, C., Stoops, T., Canetto, S., & Trott, C. (2011). Plans for children of female and male students in STEM. *American Psychological Association Convention*, Washington DC, August 4-7. Poster Presentation.

Thomas, J., Moring, J., Hopper, G., & Angiola, J. (2011). Health-related self-concept and report of physical symptoms. *Society of Behavioral Medicine Annual Meeting*, Washington DC, April

27-30. Poster Presentation.

Thomas, J. & Borrayo, E. (2009). A measurement model in the study of illness behavior. *Society of Behavioral Medicine Annual Meeting*, Montreal, Quebec, Canada, April 22-25. Poster Presentation.

Lake, G., **Thomas, J.**, & Aloise-Young, P. (2008). Fourth grade Hispanic children's intentions to smoke as predicted by the theory of planned behavior. *Society for Advancement of Chicanos and Native Americans in Science National Conference*, Salt Lake City, UT, October 9-12. Poster Presentation.

Thomas, J. & Borrayo, E. (2008). Indirect effects of gender on illness behavior through psychosocial factors and perceived stress. *American Psychological Association Convention*, Boston, MA, August 14-17. Poster Presentation.

Thomas, J. & Borrayo, E. (2007). An examination of moderators of stress and illness behavior among college students. *Society of Behavioral Medicine Annual Meeting*, Washington DC, March 21-24. Poster Presentation.

Thomas, J. & Borrayo, E. (2004). Latinas compliance with cervical cancer screening. *American Psychological Association Convention*, Honolulu, HI, July 28-August 1. Poster Presentation.

- **Presentations (Refereed Local and Regional Abstracts):**

Purtzer, M., & **Thomas, J.** (2017). Supporting Native American health: Dichotomies inherent in nurses' perspectives of leadership and nursing care. *University of Wyoming Shepard Symposium*, Laramie, WY, April 5-8. Poster Presentation.

Trott, C., Canetto, S., **Thomas, J.**, Wynstra, C., & Stoops, T. (2011). Career plans of atmospheric science graduate students: Does gender matter? *Rocky Mountain Psychological Association Conference*, Salt Lake City, UT, April 14-16. Poster Presentation.

- **Presentations (Other):**

Thomas, J., Baker, S., Clinkenbeard, S., Kindt, J., Linford, C., McCoy, B., Smith, B., White, A., & Woods, T. (2019). Healthcare professionals' use and perceptions of the term prediabetes. *University of Wyoming Fay W. Whitney School of Nursing Scholarship Day*, Laramie, WY, April 24. Podium Presentation.

Thomas, J., Baker, S., Clinkenbeard, S., Kindt, J., Linford, C., McCoy, B., Smith, B., White, A., & Woods, T. (2019). Healthcare professionals' use and perceptions of the term prediabetes. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, March 19. Poster Presentation.

Thomas, J., & Strategies for Risk Reduction Lab. (2018). Perceptions of the term prediabetes among various health professions. *University of Wyoming Fay W. Whitney School of Nursing Scholarship Day*, Laramie, WY, April 25. Podium Presentation.

Thomas, J., Das, B. Lutes, L., Clinkenbeard, S., Linford, C., & Woods, T. (2018). Dimensions of lifestyle health-related self-concept associated with weight in a type 2 diabetes prevention

intervention. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, April 5. Poster Presentation.

Thomas, J. (2017). Lifestyle and health behavior change: Challenges and opportunities in Wyoming. *Wyoming Nursing Summit & Convention*, Laramie, WY, September 21. Podium Presentation.

Thomas, J., & Strategies for Risk Reduction Lab. (2017). Lifestyle health-related self-concept in the context of a lifestyle intervention. *University of Wyoming Fay W. Whitney School of Nursing Scholarship Day*, Laramie, WY, April 28. Podium Presentation.

Burbank, K., Chaulk-Pikula, T., Griffith, M., McNamee, H., Stonier, K., Woods, T., Das, B., & **Thomas, J.** (2017). Lifestyle health-related self-concept in the context of a lifestyle intervention. *Western Institute of Nursing Research Conference*, Denver, CO, April 19-22. Poster Presentation.

Purtzer, M., & **Thomas, J.** (2017). Supporting Native American health: Dichotomies inherent in nurses' perspectives of leadership and nursing care. *Western Institute of Nursing Research Conference*, Denver, CO, April 19-22. Poster Presentation.

Burbank, K., Chaulk-Pikula, T., Griffith, M., McNamee, H., Stonier, K., Woods, T., Das, B., & **Thomas, J.** (2017). Lifestyle health-related self-concept in the context of a lifestyle intervention. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, April 14. Poster Presentation.

Purtzer, M., & **Thomas, J.** (2017). Supporting Native American health: Dichotomies inherent in nurses' perspectives of leadership and nursing care. *University of Wyoming College of Health Sciences Research Day*, Laramie, WY, April 14. Poster Presentation.

Baker, S., Walker, M., Woods, T., Griffith, M., McNamee, H., Clark, H., & **Thomas, J.** (2016). Perception of the term 'prediabetes': A pilot study. *Western Institute of Nursing Research Conference*, Anaheim, CA, April 10-13. Poster Presentation.

Kepler, M., Baker, S., Calmes, J., Cummings, M., Kazmar, K., & **Thomas, J.** (2015). What does it mean to be at risk of developing type 2 diabetes? *Western Institute of Nursing Research Conference*, Albuquerque, NM, April 22-25. Poster Presentation.

Kepler, M., Burton, B., Harvey, T., Struble, M., & **Thomas, J.** (2014). What do at-risk individuals know about type 2 diabetes? *Western Institute of Nursing Research Conference*, Seattle, WA, April 9-12. Poster Presentation.

Emerson, T., Harvey, T., Struble, M., Hobbs, T., Brillinger, C., Aldrich, L., Moring, J., & **Thomas, J.** (2013). Diet and physical activity among college students with type 1 diabetes. *Western Institute of Nursing Research Conference*, Anaheim, CA, April 10-13. Poster Presentation.

Thomas, J. (2013). Social cognitive factors related to risk of type 2 diabetes and management of type 1 diabetes. *University of Wyoming-Colorado State University Human Performance Clinical/Research Lab Retreat*, Fort Collins, CO, January 26. Podium Presentation.

Harvey, T., Hobbs, T., Lindt, A., & **Thomas, J.** (2012). Caring for the prediabetic: What do NP's and MD's recommend? *Wyoming Nurses Association*, Laramie, WY, April 4. Podium Presentation.

Thomas, J., & Bowen, A. (2012). The future of nursing academics: Involving nursing students in research. *Western Institute of Nursing Research Conference*, Portland, OR, April 18-21. Poster Presentation.

Harvey, T., Hobbs, T., Lindt, A., Moring, J., & **Thomas, J.** (2012). Caring for the prediabetic: What do NP's and MD's recommend? *Western Institute of Nursing Research Conference*, Portland, OR, April 18-21. Poster Presentation.

Thomas, J. (2012). Perceptions of risk related to developing type 2 diabetes, or 'prediabetes'. *University of Wyoming Fay W. Whitney School of Nursing Nightingale Center for Nursing Scholarship Brown Bag*, Laramie, WY, March 28. Podium Presentation.

Thomas, J. (2011). Measuring illness behavior and health-related cognitions: Procedures and implications. *University of Wyoming Fay W. Whitney School of Nursing Nightingale Center for Nursing Scholarship Brown Bag*, Laramie, WY, March 2. Podium Presentation.

- **Continuing Education and Faculty Development Activities:**

Thomas, J. (2009). Stress management in the workplace. *Worksite Wellness Workshop, CanDo (Coalition for Activity and Nutrition to Defeat Obesity)*, Loveland, CO, April 24. Podium Presentation.

Thomas, J. (2007). Managing your stress. *Division of Student Affairs Professional Development Day, Colorado State University*, Fort Collins, CO, October 19. Podium Presentation.

- **Works in Progress:**

Abstracts in review:

n/a

Grants in review:

Research, University of Wyoming Grand Challenges Research Initiative Planning Grant, *Advancing diabetes prevention in Wyoming*. PI/Project Director: J. Thomas. \$20,000.

Manuscripts in review:

Ward, T., Lucero, J., Erdei, E., Braun, K., Bersamin, A., **Thomas, J.**, Wulforth, J.D., Jorcyk, C., Palacios, R., Owens-Manley, J., & Thompson-Robinson, M. Supporting community engagement throughout the Mountain West Clinical Translation Research Infrastructure Network (CTR-IN). *Community Development Society Journal*

Grants in preparation:

n/a

Manuscripts in preparation:

Thomas, J. (collaboration with Patricia Aguilar Gomez, Universidad Autonoma de Yucatan). Relationship between negative affect and treatment adherence among individuals with type 2 diabetes in Xcutzcab, Yucatan, Mexico. *Potential summer 2021 submission*

Thomas, J., Das, B. Lutes, L., Clemmons, B., McNamee, H., Clinkenbeard, S., Linford, C., White, A., & Woods, T. Lifestyle health-related self-concept associated with type 2 diabetes prevention intervention participation and physical activity. *Potential summer 2021 submission*

Thomas, J., Baker, S., Clinkenbeard, S., Kindt, J., Linford, C., McCoy, B., Smith, B., White, A., & Woods, T. Healthcare professionals' use and perceptions of the term prediabetes. *Potential fall 2021 submission*

Thomas, J., & Das, B. Diabetes prevention interventionist training program for pre-professional students in the health sciences. *Potential fall 2021 submission*

Data analysis in progress:

Qualitative analysis, Diabetes prevention interventionist training program for pre-professional students in the health sciences.

• **Undergraduate and Graduate Student Research Supervision:**

Graduate student activities (committee member)

Current:

- Katy Richardson (M.S. Psychology, Dissertation), Advisory committee
- Lauren Zimmerman (M.S. Psychology, Dissertation), Advisory committee
- Lara Glenn (M.S. Psychology, Comprehensive Exam), Advisory committee
- Christopher Cannon (M.S. Psychology, Thesis), Advisory committee
- Megan Skinner (Ph.D. Biomedical Graduate Program, Dissertation), Advisory committee
- Morgan Longstreth (Ph.D. Psychology, Dissertation), Advisory committee

Former:

- Andrea Slosser Worth (Ph.D. Psychology, Dissertation), 2021, Advisory committee
- Lauren Zimmerman (M.S. Psychology, Comprehensive Exam), 2021, Advisory committee
- Lara Glenn (M.S. Psychology, Thesis), 2020, Advisory committee
- Gabriella Zeller (M.S. Psychology, Comprehensive Exam), 2020, Advisory committee
- Katy Richardson (M.S. Psychology, Thesis), 2019, Advisory committee
- Lauren Zimmerman (M.S. Psychology, Thesis), 2019, Advisory committee
- Andrea Slosser (M.S. Psychology, Thesis), 2018, Advisory committee
- Rui Guo (Ph.D. Biomedical Graduate Program, Dissertation), 2018, Advisory committee
- Jamyn Gavello (M.S.W. Social Work, Plan B paper), 2018, Advisory committee
- Ashlynn Stevens (M.S. Speech-Language Pathology, Plan B Oral examination), 2018, Advisory committee
- Katelynn Bourassa (Ph.D. Psychology, Dissertation), 2017, Advisory committee
- Rachel Sheffield (M.S. Speech-Language Pathology, Plan B Oral examination), 2017, Advisory committee
- Jaci Emerson (M.S.W. Social Work, Plan B paper), 2017, Advisory committee

- Alexandra Kane (M.S.W. Social Work, Plan B paper), 2015, Advisory committee
- Chelsea Slagowski (M.S. Kinesiology and Health, Thesis), 2015, Advisory committee
- Katelynn Bourassa (Ph.D. Psychology, Comprehensive Exam), 2015, Advisory committee
- Zachary Fisher (M.S. Kinesiology and Health, Plan B paper), 2015, Advisory committee
- Nicole Strom (M.S. Kinesiology and Health, Plan B paper), 2015, Advisory committee
- Camelia Tudor (M.S.W. Social Work, Plan B paper), 2015, Advisory committee
- Morgan Johnson (M.S. Kinesiology and Health, Plan B paper), 2014, Advisory committee
- Katelynn McConnell (Ph.D. Psychology, Thesis), 2014, Advisory committee
- Yinan Hua (Ph.D. Biomedical Graduate Program, Dissertation), 2013, Advisory committee
- John Moring (Ph.D. Psychology, Dissertation), 2013, Advisory committee
- Shawn Rockey (M.S. Kinesiology and Health, Thesis), 2012, Advisory committee

Undergraduate student activities:

- Avery White, 2018-2019, Honors thesis advisor
- UW Undergraduate Research Day student presentation and poster (Fay W. Whitney School of Nursing), 2017, Mentor
- Western Institute of Nursing Conference student poster (Fay W. Whitney School of Nursing), 2017, Mentor
- UW College of Health Sciences Research Day student poster (Fay W. Whitney School of Nursing), 2017, Mentor
- Breanna Young, 2016-2017, Honors thesis advisor
- Students with Diabetes (RSO), 2016, Co-Advisor
- Western Institute of Nursing Conference student poster (Fay W. Whitney School of Nursing), 2016, Mentor
- UW College of Health Sciences Research Day student poster (Fay W. Whitney School of Nursing), 2016, Mentor
- Students with Diabetes (RSO), 2015, Co-Advisor
- Western Institute of Nursing Conference student poster (Fay W. Whitney School of Nursing), 2015, Mentor
- UW College of Health Sciences Research Day student poster (Fay W. Whitney School of Nursing), 2015, Mentor
- Western Institute of Nursing Conference student poster (Fay W. Whitney School of Nursing), 2014, Mentor
- Nutritionally Aware (RSO), 2014 (spring semester), Co-Advisor
- Western Institute of Nursing Conference student poster (Fay W. Whitney School of Nursing), 2013, Mentor
- Western Institute of Nursing Conference student poster (Fay W. Whitney School of Nursing), 2012, Mentor

- **Consulting and Other Scholarship Activities:**

Diabetes Training and Technical Assistance Center, Virtual Lifestyle Coach Training, August 2019

Universidad Autonoma de Yucatan (Merida, Yucatan, Mexico), School of Nursing, research

consultant and collaborator, June 2015 - present

Teaching

University of Wyoming:

Semester & Year	Course Prefix & Number	Abbreviated Course Title	Enrollment	Credits	On-Campus/ Distance	Contribution if team taught
F2021						
S2021 – no courses taught due to sabbatical						
F2020	NURS5810	Health Behavior Change I	12	3	Distance	n/a
F2020	NURS5830	Health Behavior Change III	20	3	Distance	100%
S2020	NURS5820	Health Behavior Change II	20	3	Distance	n/a
S2020	NURS4125	Evidence Based Nursing	41	3	On-Campus	100%
F2019	NURS5810	Health Behavior Change I	20	3	Distance	n/a
F2019	NURS5830	Health Behavior Change III	10	3	Distance	100%
S2019	NURS5820	Health Behavior Change II	13	3	Distance	n/a
S2019	NURS4125	Evidence Based Nursing	42	3	On-Campus	100%
F2018	NURS5810	Health Behavior Change I	17	3	Distance	n/a
F2018	NURS4125	Evidence Based Nursing	46	3	On-Campus	100%
S2018	NURS5820	Health Behavior Change II	13	3	Distance	n/a
F2017	NURS5810	Health Behavior Change I	13	3	Distance	n/a
F2017	NURS5830	Health Behavior Change III	18	3	Distance	100%
F2017	NURS4125	Evidence Based Nursing	44	3	On-Campus	100%
S2017	NURS5820	Health Behavior Change II	18	3	Distance	n/a
S2017	NURS5865	DNP Seminar	18	1	Distance	n/a
F2016	NURS5810	Health Behavior Change I	18	3	Distance	n/a

F2016	NURS5830	Health Behavior Change III	13	3	Distance	100%
F2016	NURS4125	Evidence Based Nursing	44	3	On-Campus	100%
S2016	NURS5820	Health Behavior Change II	15	3	Distance	n/a
S2016	NURS5865	DNP Seminar	15	1	Distance	n/a
F2015	NURS5810	Health Behavior Change I	15	3	Distance	n/a
F2015	NURS5830	Health Behavior Change III	14	3	Distance	100%
S2015	NURS5820	Health Behavior Change II	16	3	Distance	n/a
S2015	NURS5865	DNP Seminar	16	1	Distance	n/a
F2014	NURS5810	Health Behavior Change I	16	3	Distance	n/a
F2014	NURS5830	Health Behavior Change III	12	3	Distance	100%
F2014	NURS4125	Evidence Based Nursing	45	3	On-Campus	100%
S2014	NURS5820	Health Behavior Change II	12	3	Distance	n/a
S2014	NURS5865	DNP Seminar	12	1	Distance	n/a
F2013	NURS5810	Health Behavior Change I	12	3	Distance	n/a
F2013	NURS5830	Health Behavior Change III	14	3	Distance	100%
F2013	NURS4125	Evidence Based Nursing	48	3	On-Campus	100%
F2013	NURS5865	DNP Seminar	29	1	Distance	25%
S2013	NURS5820	Health Behavior Change II	14	3	Distance	100%
S2013	NURS5865	DNP Seminar	14	1	Distance	100%
F2012	NURS5810	Health Behavior Change I	15	3	Distance	n/a
F2012	NURS4125	Evidence Based Nursing	47	3	On-Campus	100%
F2012	NURS5865	DNP Seminar	15	1	Distance	100%
S2012	NURS4055	Evidence Based Nursing	25	3	Distance	n/a
S2012	NURS2340	Develop Influences on Health	30	3	Distance	100%

F2011	NURS4125	Evidence Based Nursing	48	3	On-Campus	100%
F2011	NURS2340	Develop Influences on Health	48	3	On-Campus	n/a
S2011	NURS2340	Develop Influences on Health	30	3	Distance	n/a
F2010	NURS4125	Evidence Based Nursing	42	3	On-Campus	100%
F2010	NURS2340	Develop Influences on Health	48	3	On-Campus	n/a

Other:

Front Range Community College: General Psychology I, General Psychology II

Colorado State University: Psychological Measurement and Testing Laboratory; Social and Environmental Psychology Laboratory

Aims Community College: General Psychology I; General Psychology II; Social Psychology; Overcoming Test Anxiety; Dealing with Stress

• **Guest lectures**

Health psychology (2018, April; 2016, April). In-class presentation for Introduction to Clinical Psychology, Carolyn Pepper, PhD, University of Wyoming, Laramie, WY

Health psychology (2014, August). In-class presentation for Clinical and Counseling Psychology, Tracy Richards, PhD, Colorado State University, Fort Collins, CO

Stress and biofeedback (2010, April; 2009, November; 2009, May; 2009, March; 2008, December; 2006, April). In-class presentation for General Psychology, various instructors, Colorado State University, Fort Collins, CO

Women and health (2008, June; 2004, June). In-class presentation for Women & Gender, Sylvia Canetto, PhD, Colorado State University, Fort Collins, CO

Testing and grading (2007, August; 2006, August). In-class presentation for Graduate Teaching Assistant Workshop, Frank Vattano, PhD, Colorado State University, Fort Collins, CO

Stress management (2007, February). In-class presentation for Health Psychology, Monica Rosales, MS, Colorado State University, Fort Collins, CO

Managing stress (2006, November). In-class presentation for Organizational Psychology (graduate and undergraduate level), Zinta Byrne, PhD, Colorado State University, Fort Collins, CO

University Service

- **College of Health Sciences:**
 - 2016-present, Exercise is Medicine on Campus (member)
 - 2013-present, Faculty Advisor, Biomedical Sciences Graduate Ph.D. Program
 - 2018-2020, CHS Research Committee (chair)
 - 2015-2018, CHS Research Committee (member)
 - 2014, Interprofessional Education Curricular Vision workgroup (member)
 - 2011-2012, Kinesiology and Health tenure track faculty search committee (member)

- **School of Nursing:**
 - 2015-present, DNP admissions team (member)
 - 2010-present, Doctorate of Nursing Practice (DNP) committee (member)
 - 2019-2020, Associate dean search committee (chair)
 - 2014-2018, Reappointment, tenure, and promotion redesign task force (member)
 - 2013-2014, Tenure track faculty search committee (chair)
 - 2013-2014, Scholarship and professional development committee (chair)
 - 2012-2013, Scholarship and professional development committee (minutes)
 - 2012-2016, Advanced practice nursing committee (member)
 - 2012-2013, Excellence chair faculty search committee (member)
 - 2010-2012, Graduate education committee (member)

- **Professional Memberships and Activities**

Professional Memberships:

Western Institute of Nursing Membership Committee, 2016 to present
 Social, Personality, and Health Network, 2012 to present
 Society of Behavioral Medicine, 2007 to present
 Wyoming State Epidemiological Outcomes Workgroup (SEOW), 2013 to 2020
 American Public Health Association, 2016-2017
 National Organization of Nurse Practitioner Faculties (NONPF), 2014-2016
 American Psychological Association, 2003-2013

Review Board:

American Journal of Health Behavior, 2015 to present

Manuscript Reviewer:

Translational Behavioral Medicine, 2017 to present
 American Journal of Health Behavior, 2014 to present
 International Journal of MS Care, 2012 to present
 Journal of Health Psychology, 2009 to present

Presentation Reviewer:

Society of Behavioral Medicine Annual Meeting, 2013 to present
 American Public Health Association Annual Meeting, 2019
 Association for Women in Psychology Annual Conference, 2010

Grant Reviewer:

Mountain West Clinical Translational Research Infrastructure Network, Year 8 CTR-IN Pilot Grants, 2021

Mountain West Clinical Translational Research Infrastructure Network, Year 6 CTR-IN Pilot Grants, (assigned to study section with community engagement related applications), 2019