

# Fall Outdoor Experience

## Canoeing itinerary

The canoeing group will be car-camping and camping in remote areas while canoeing. Car camping sites will have established pit toilets. A shower is available at the hot springs in Saratoga.

Please also note that we may decide to canoe different sections of the North Platte River based upon water levels. We ask that you remain flexible as water levels this time of the year determine our itinerary.

### Day 1

*9 a.m.* Meet between White Hall and Washakie Center (grassy area)

*10 a.m.* Drive to Saratoga Lake (1.5 hour drive)

*Afternoon* Basic canoe instruction on Saratoga Lake (equipment, paddle strokes, canoe rescue/safety).

*3 p.m.* Paddle canoes from Saratoga to Foote landing (5.8 miles)

*Evening* Camp at Foote landing. Dinner at camp. Optional evening activity: soak in the hot springs.

### Day 2

*8 a.m.* Breakfast

*Morning/Afternoon* Shuttle vehicles. Paddle from Foote landing to Old Frazier's Place (9.1 mi.)

*Evening* Camp at Old Frazier's Place. Dinner at camp

### Day 3

*8 a.m.* Breakfast

*All day* Shuttle vehicles, then canoe N. Platte from Treasure Island to Saratoga (11.5 mi.)

*Late afternoon* Camp at Treasure Island

*Evening* Dinner at camp and Saratoga Hot Springs

### Day 4

*7 a.m.* Breakfast

*9 a.m.* Return to UW campus de-issue and clean equipment

**OUTDOOR**  
**PROGRAM**

1000 E. University Ave.

Dept. 3604

Laramie, WY 82071

(307) 766-2402