

UNIVERSITY OF WYOMING
RELEASE, ASSUMPTION OF RISK & AGREEMENT TO HOLD HARMLESS

I am aware that participating in the _____ on _____ may be a dangerous activity involving
(activity name) (date/s)

A RISK OF INJURY ranging from minor injury to serious injuries such as paralysis, or even death. I am aware that such an injury can limit my future life activities, including future earning capacity. I understand that the activities I will be participating in entail both known, inherent risks and unknown, unanticipated risks. Because of the potential dangers and risks, I recognize the importance of following instructions provided and I agree to follow all directions.

I realize that the risks of this activity may include but are not limited to: falls; equipment failure; poor decision-making on my part or others; inclement weather and other environmental hazards; other users; transportation to and from the activity locations; staying overnight off campus; the rendering of first-aid, emergency treatment or other services; and consumption of food or drink. I understand that there are additional unforeseeable accidents, and I assume all risks associated with such accidents.

I certify that I am physically able to undertake this activity and know of no medical or health reason why I should not participate in this activity.

Any equipment provided to me by the University, I use at my own risk. It is my complete responsibility to fully inspect any and all personal or provided equipment, and bring forth any issues including damages or defects.

I hereby grant permission for the University to give or authorize emergency medical treatment, if necessary, and such action by the University shall be subject to the terms of this Agreement. I understand and agree that the University assumes no responsibility for any injury or damage, which might arise out of or in connection with such authorized emergency medical treatment.

In consideration of the University of Wyoming, providing me with the opportunity to participate, I hereby assume all the associated risks and agree to hold the University of Wyoming, its trustees, officers, employees, agents, representatives, instructors, and volunteers and the State of Wyoming harmless from any and all liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by or in connection with my participation. The terms hereof shall serve as a release and assumption of risk for myself, my heirs, estate, executor, administrator, assignees and for all members of my family.

I have read the above statement and fully understand the contents, consequences and implications of signing this document.

PRINTED NAME

WyoOne #

SIGNATURE

DATE

IF THE INDIVIDUAL ABOVE IS UNDER 18 YEARS OF AGE:

I, being the parent or legal guardian of the above participant, _____, who is under the age of 18, have read the above statement and fully understand the contents, consequences and implications of signing this document.

PRINTED NAME

SIGNATURE

DATE

Essential Information for Participants

Our expectations of you as a participant

Our outings are group experiences where members are expected to be active participants in the group. If you are the independent type that prefers to do things on your own, our outings may not necessarily be for you. As a participant in our outings, you are expected to help out in such areas as: setting up camp, cooking, cleaning, belaying, packing, minimizing environmental impacts, and assisting other participants. If you are unfamiliar with how to perform these tasks, that's okay, we are happy to help you learn! Beyond helping out, it is imperative that you listen and pay attention to the leader(s) on the trip at all times. It is understood that everyone plays a role in safety, for your own safety for the safety other participants as well.

Drugs and alcohol

Drugs are never allowed on Outdoor Program activities, nor being under the influence. Alcohol is not allowed on any OP activity "in the field" and/or transported in a UW vehicle (as per University Regulation 3-179).

Environmental impact

On our outings we use a variety of public lands; therefore, it is important to not only minimize our physical impacts, it is also important to minimize impacts on other users. The Outdoor Program strictly follows the seven practices and principles of 'Leave No Trace.' We expect that all participants on our outings will do the same. Please go to www.lnt.org for more information.

Pre-trip meetings and safety

Our pre-trip meetings are designed to help you understand the physical activity involved and some of the potential risks and considerations of which you need to be aware of. It is extremely important that you understand what is involved with your participation in the trip (i.e. required equipment/clothing, inherent risks and physical preparedness). If you do not understand, ask either the staff member or the Outdoor Program Coordinator prior to the departure of the trip. It is your responsibility to make sure you get all the information and your personal equipment before the trip departs. If at the end of the pre-trip meeting you decide that the physical demands are too great, or if you feel uncomfortable about going on the trip, we will be happy to refund your money or transfer your money towards another trip. Please do so promptly so that we may try to fill your spot.

Health considerations and physical preparedness

Most of our outings require some level of physical conditioning. We use an activity rating scale to give you a general idea of the minimum level of physical activity the outing will require. Please inquire with us if you are concerned at all about not being physically prepared, we can help clarify the activity level that may be involved in our outings.

We require full disclosure of participant's health history information. We are not medical doctors; therefore, if you have a health condition that may affect your participation it is best left to a health care professional to decide if participation is right for you. It is essential that we fully understand the effect any health condition or medication may have on your participation. Please tell your trip leader(s) about any condition that may affect your participation in the trip.

Leaders

Our staff are here to instruct and to help facilitate the overall experience, they are not personal servants. For the most part leaders have a lot of personal and professional experience; they are excited to share those experiences with you and foster your own appreciation of the activities in which you are engaging.