

You're Not Alone

FREE weekly confidential support groups for survivors, facilitated by the UW Psychology Clinic.

Group participation is open all gender identities.



Group participation is open to the public, including UW students, UW employees, and non-UW community members.

Meets once a week in the evening.

Survivors of Dating and Family Violence

Open to students who have experienced dating, domestic, or family violence or are currently in an abusive or controlling situation.

Meets once a week in the evening.



Please contact us for group meeting times, locations, and to determine whether group therapy will meet your needs.

We can also help you decide which group may work best for you and your situation.

For More Information, Contact:

Megan Selheim
STOP Violence Program
766-3475
mselheim@uwyo.edu

Alejandra Reyna
UW Psychology Clinic
956-493-2460
areyna@uwyo.edu

Knight Hall 106