FRESH SALADS

**Chicken Caesar Salad**
Grilled Chicken, Chopped Romaine Lettuce, Croutons and a Blend of Aged Hard Cheeses. Served with Caesar Dressing
- **Group**: 1,590 Cal
- **Single**: 390 Cal

**Strawberry Chicken Salad**
Grilled Chicken, Fresh Greens, Strawberries, Craisins® Dried Cranberries and Toasted Almonds. Served with Light Balsamic Vinaigrette
- **Group**: 1,260 Cal
- **Single**: 310 Cal

**Classic Caesar Salad**
Chopped Romaine Lettuce, Croutons and a Blend of Aged Hard Cheeses. Served with Caesar Dressing
- **Group**: 1,590 Cal
- **Single**: 290 Cal

**Strawberry Almond Salad**
Fresh Greens, Strawberries, Craisins® Dried Cranberries and Toasted Almonds. Served with Light Balsamic Vinaigrette
- **Group**: 1,260 Cal
- **Single**: 210 Cal

**Pick Two Salads for the Group**
Choose two of our salads listed above
- **Group Only** (Serves 12-16)

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COFFEE FOR THE GROUP

Your choice of one of our Fresh-Brewed Coffee Blends conveniently served in a portable & pourable box with cups, lids, half & half, sweeteners & stir sticks (96 oz. - Serves up to 10) Choose from:

- **CARIBOU BLEND (MEDIUM ROAST)**
  Woody and spicy notes that balance the bright acidity and lively fruit tones of Central and South American varieties
  - **5 Cal**

- **VANILLA HAZELNUT (MEDIUM ROAST)**
  Infusing our classic coffee blend with vanilla and hazelnut for a delightful & bright taste
  - **5 Cal**

- **FIRESIDE (DARK ROAST)**
  Our classic full-bodied dark roast, with sweeter, more chocolatey flavor
  - **5 Cal**

**ORANGE JUICE FOR THE GROUP**
Includes cups & ice (64 oz. - Serves up to 6)
- **1200 Cal**

**LEMONADE FOR THE GROUP**
Includes cups & ice (64 oz. - Serves up to 6)
- **630 Cal**
**BAGELS & SHMEAR**
Served with Utensils & Napkins

- **Bagel & Shmear Baker’s Dozen**
  - 13 Fresh-Baked Bagels & 2 Tubs Shmear (Serves up to 13)
  - Additional Charge for Gourmet Bagels

- **Bagels & Shmear Nosh Box**
  - 24 Fresh-Baked Bagels & 4 Tubs Shmear (Serves up to 24)
  - Additional Charge for Gourmet Bagels

**Fresh-Baked Bagels**
- Asiago 290 Cal
- Blueberry 280 Cal
- Chocolate Chip 300 Cal
- Cinnamon Raisin 290 Cal
- Cinnamon Sugar 310 Cal
- Everything 280 Cal

**Double-Whipped Shmear Tubs**
- Regular
  - Plain 630 Cal
  - Salmon 540 Cal

- Toppings
  - Jelly 70 Cal
  - Natural PB 240 Cal

**VEGETARIAN / CONTAINS NUTS**

- **25% less fat than our regular shmear. Fat content has been reduced from 12g to 9g per serving.**

- **2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.**

- **Flavors and prices may vary depending on location and are subject to change. Catering items are meant for immediate consumption.**

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**LUNCH SANDWICHES**
For The Group
Served with Utensils, Plates & Napkins

- **Signature Lunch Nosh Box**
  - Tasty Turkey, Hummus Veg Out, Chicken or Tuna Salad, Italian Chicken Sandwich, California Turkey Club Wrap, Buffalo Chicken Wrap,
  - 10 Full Sandwiches (wrapped & cut in half)
  - 5 Full Sandwiches (wrapped & cut in half)

- **Classic Lunch Nosh Box**
  - Roasted Turkey, Smoked Ham, Chicken or Tuna Salad and Hummus Veg Out
  - 10 Full Sandwiches (wrapped & cut in half)
  - 5 Full Sandwiches (wrapped & cut in half)

- **Lunch for the Group**
  - Choice of 10 full sandwiches (wrapped & cut in half), 2 Group Salads, Dozen Cookie Variety Box, 12 bags of chips 180 Cal and 12 drinks (Serves 10-12)

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**INDIVIDUAL LUNCH BOXES**
Served with Bag of Chips 180 Cal & a Cookie 310-460 Cal

- **Tasty Turkey**
  - Roasted Turkey, Spinach, Cucumber, Lettuce, Tomato with Onion & Chive Shmear on a Asiago Bagel
  - 500 Cal

- **Hummus Veg Out**
  - Hummus, Tomato, Red Onion, Spinach, Lettuce, Cucumber with Garden Veggie Shmear on a Honey Whole Wheat Bagel
  - 420 Cal

- **Turkey & Cheddar**
  - Roasted Turkey, Cheddar Cheese, Lettuce, Tomato, Red Onion on a Plain Bagel
  - 560 Cal

- **Ham & Swiss**
  - Smoked Ham, Swiss Cheese, Lettuce, Tomato, Red Onion on a Sesame Bagel
  - 570 Cal

- **Chicken Salad**
  - Grilled Chicken Breast, Celery and Mayo with Lettuce, Tomato, Red Onion on a Honey Whole Wheat Bagel
  - 560 Cal

- **Albacore Tuna Salad**
  - Albacore Tuna, Celery and Mayo with Lettuce, Tomato, Red Onion on a Plain Bagel
  - 530 Cal

- **Italian Chicken**
  - Grilled Chicken Breast, Pepperoni, Swiss Cheese, Tomato, Spinach, Red Onion with Roasted Tomato Spread on a Six Cheese Gourmet Bagel
  - 750 Cal

- **California Turkey Club Wrap**
  - Roasted Turkey, Bacon, Avocado, Tomato, Cucumber, Red Onion, Spinach, Roasted Tomato Spread, Garlic & Herb Shmear in a Flour Tortilla
  - 650 Cal

- **Buffalo Chicken Wrap**
  - Grilled Chicken Breast, Mozzarella, Provolone & Cheddar Cheese Blend, Tomato, Lettuce, Spinach, Red Onions, Buffalo Wing Sauce, Ranch Dressing, Garlic & Herb Shmear in a Flour Tortilla
  - 680 Cal

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**SWEETS & SNACKS**

**Seasonal Fresh Fruit Salad**
- 65 Cal per Serving

- **Sweets Nosh Box**
  - Muffins & Assorted Pastries
  - 140-420 Cal

- **Baker’s Dozen**
  - Choice of 13

- **Half Dozen**
  - Choice of 6

**BREAKFAST FAVORITES**

- **Mixed Bagels & Sweets Nosh Box**
  - An assortment of 9 Muffins & Pastries plus 12 Bagels with 2 Tubs of Shmear, Butter & Jelly
  - (Serves up to 21)