

PABLO FRANCISCO RUVALCABA

PabloFrancisco.Ruvalcaba@gmail.com

Tel.(646) 319-5021

A native of San Diego, California, and a graduate of The Juilliard School. Mr. Ruvalcaba first joined the Limón Dance Company in 1996 where he was quickly cast in prominent roles dancing



opposite Carla Maxwell in "Carlota" and Nina Watt in "Orfeo" as well as featured solos in "The Winged", "Choreographic Offering" and "There is A Time."

During his tenure with The Limón Company, Mr. Ruvalcaba originated roles by such noted guest choreographers as Doug Varone, Donald McKayle, Adam Hougland, Murray Louis, Lar Lubovitch among others. He has performed José Limón's roles in Limon Company revivals of "Missa Brevis," "The Traitor," "There is a Time," "Lament For Ignacio Sanchez Mejías" and "The Moor's Pavane" as well as featured roles in commissioned reconstructions of Anna Sokolow's "Rooms," Antony Tudor's "Dark Elegies," Pauline Kohner's "Poeme," Jiri Kylián's "La Cathedrale Engloutie" and "Evening Songs," among many others. He has also lectured on the themes and choreographic works of José Limón, has been an invited artist at the Jacob's Pillow's production of "The Men Dancers: from The Horse's Mouth" and has recently guested

as the Moor for American Ballet Theater's production of "The Moor's Pavane." He is also Co-Founding Director of The Higher Ground Festival of collaborative arts in the Washington Heights/Inwood neighborhoods of New York City. Mr. Ruvalcaba teaches the Limón technique and it's repertory extensively nationally and internationally.

PERFORMANCE EXPERIENCE:

The Limón Dance Company (*)	1996 -present
American Ballet Theater (**)	2013
From the Horse's Mouth (**)	2012
Holland Dance Festival (**)	2012
Chicago Dancing Festival (**)	2008
Oltre Passo Fest. Internat. di Danza (**)	2004
The Yard (**)	2003
Mary Anthony Dance Theater (**)	2001
Copenhagen International Ballet (**)	2000
Juilliard Dance Ensemble	1993-1996
Ballet de Camara de la Frontera	1990-1993
*Principal	
**Guest Artist	



TEACHING EXPERIENCE:

The Limón Technique

Limón Technique places emphasis on the body's natural rhythms of fall and recovery and the interplay between weight and weightlessness. The technique is noted for its range of expression and humanism, the immediacy with which a Limón dancer conveys the universality of experience, and the dynamism and the physicality of dance. A Limón-trained dancer has an organic way of moving that is adaptable to a wide range of choreographic styles and prepares him to perform in both classical and contemporary dance forms.



Master Classes:

Konzervatoř Duncan Center, Prague, Czech Republic: Technique

Compañía de la Casa de la Cultura, Cuautla, México: Technique

University of North Carolina at Charlotte, NC: Technique

Open Door Studios, Charlotte, NC: Technique

University of California at Irvine, CA: Technique

Virginia Commonwealth University, Richmond, VA: Technique

The University of the Arts in Philadelphia, PA: Technique

San Diego State University, San Diego, CA: Technique

Czerner Dance Academy, Konstanz, Germany: Technique

Universidad Autónoma de Baja California, Tijuana, México: Technique

San José State University, San Jose, CA: Limón Technique

Limón Technique Based Workshops:

Compañía Estatal de Danza Contemporánea de Oaxaca: Technique and Repertory

Müüval Collective, México City, México : Technique and Repertory

San Diego Dance Theater Summer Intensive, San Diego, CA: Technique and Repertory

Limón Dance Co. Summer Workshop at Marymount Manhattan College, New York, NY:
Repertory

Limón Dance Co. Summer Workshop at Skidmore College, Saratoga Springs, NY: Repertory

Nolte Academy of Dance, Coralville, IA: Technique and Repertory

Limón Dance Co. Summer Workshop at SUNY, Brockport, NY: Repertory

Reconstructions:

San Diego School of Creative and Performing Arts, San Diego, CA: *Psalm* (Suite)

Universidad Autónoma de Colima, Colima, Mexico: *The Unsung* (Suite)

San Diego School of Creative and Performing Arts, San Diego, CA: *Missa Brevis* (Suite)

Rollins College, Winter Park, FL: *A Choreographic Offering* (Suite)

Slippery Rock University, Pittsburgh, PA: *A Choreographic Offering* (Suite)

DanceConduit, Philadelphia, PA: *Barren Scepter*

Repertory:

The following is a list of Limón works that may be taught as part of repertory class or reconstructed in their entirety

A Choreographic Offering

There is a Time

Missa Brevis

The Winged

The Unsung

Mazurkas

Chaconne

Psalm

Outreach:

Limón Institute Community Outreach Program to Inner-City Schools (LINKS program): Limón Technique and Repertory

Saint Joseph Ballet, Santa Ana, CA: Technique and Repertory

Limón4Kids, New York, NY: Creative Movement and Choreography

Young Dance Makers, New York, NY: Technique and Repertory

Goldman Sachs CTW at The Lenox Hill Neighborhood House, New York, NY: Creative Movement

Lectures:

CORD Conference at Barnard / Columbia University, New York, NY

From the Horse's Mouth (The Male Dancers) at Jacob's Pillow, Lee, MA

Limón Intensive at Brockport, NY

Malashock talkback, San Diego, CA
