Gender Identity

LGB 101 Learning Outcomes

Participants will have a greater understanding of definitions regarding gender, gender identity, and gender expression.

Participants will learn about lived experiences from individuals who are gender minorities to further increase their understanding of gender identity.

Participants will explore how gender minorities have influenced LGBTQIA culture and American history.

NOTES:

Common Terms

Biological Sex

Gender

Gender Identity

Cisgender

Transgender

Transsexual

Gender Fluid

Things NOT to say or do

I’ll always see you as a son/daughter/brother/sister.

Personal questions about body/surgery/sex life.

You’ll never be able to have kids.

You’ll never be a real man/woman.

Things to say or do

Listen to their story

Consider their feelings

Be careful about confidentiality, disclosure, and "outing."

Share resources and knowledge if appropriate

Rites of Passage

Childhood

Adolescence

Adulthood

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If someone comes out to you...

- Listen to their story.
- Don’t tell them you already knew.
- Consider their feelings, not your own.
- Consider their fears.
- Let them know how important they are to you.
- Ask who else knows. You may be the only person. Unless otherwise indicated, keep the conversation confidential.
- If appropriate, share resources and knowledge.