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Calendar of Events

Jun 30  Kemmerer Cloverbuds, 1 pm, Events Center
Jul 04  Independence Day Holiday, Ext. Offices Closed
Jul 06  Baking With Science, 10 am, Afton Civic Ctr.
Jul 06  Jr. Leader Mtg, Cokeville, 2 pm
Jul 07  4-H Camp Registration Deadline
Jul 07-10  State Shoot, Douglas, WY
Jul 17  Jr. Leaders 4-H Camp Day, Alpine
Jul 18-20  4-H Camp, Alpine
Aug 03  FAIR ENTRY SHOWORKS DEADLINE
Aug 6-13  Lincoln County Fair
Sep 12  Record Book—Portfolio Due to Leader

2016 Lincoln County Fair Theme:
“The Race is on at the Lincoln County Fair”

New Changes For The 2016 County Fair

- Online Entry Deadline: Wednesday, August 3, 2016
- 4-H General Judging will be from 10 am to Noon.
- Side-tied fleece blankets are now included in first year construction Fabric & Fashion Division examples.
- Only Online Entries for the 4-H/FFA & Open Dog Show. No entries taken the day of the show.
- Market Beef minimum weight has been raised to 1000 lbs.
- Market Swine minimum weight has been raised to 215 lbs.
- Mini Market Beef Requirements: 48” or less hip height and 500 lbs. minimum weight. All beef planning to show in a mini class must be declared as mini or low line at tagging.
- Additional Time for Forms Table – someone will be at the forms table Tuesday night from 5:30-6:30 pm and Wednesday morning from 8-10 am. Anyone who checks in on Tuesday night will need to come back Wednesday morning, get a hand stamp, and meet with the brand inspector before their animal will be allowed to weigh in.
- Weigh-in Times: All Large Livestock Animals in Place by 7:00 am.
  - Swine Weigh-In 8:00 am
  - Sheep/Goat Weigh-In 9:00 am
  - Beef Weigh-In 10:00 am
- If you are late for your species’ weigh-in time, you will weigh-in last when all other animals have been weighed. Scale will be open for 30 minutes after last scheduled species has weighed in.
- Pictures: The Fair Board will not be taking pictures of the kids! A card stock “thank you” form can be picked up from the Fair Board Office or payout window. A picture backdrop will be provided.
- Commission Fee Reminder: Animals that sell at the livestock sale will be assessed a 2% commission fee of the sale price.
- Resale Buy Back: The sale participant/owner of the animal can purchase only their animal back from the resale contractor. The sale participant will have to make all the arrangements with the resale contractor.
- Fitting & Herdsmanship Rules: These rules will be re-enforced.

Record Book Portfolio Due
Monday, September 12—To Your Leader

Portfolio Website:
http://www.uwyo.edu/4-h/portfolio/index.html

If you have questions or need additional information, please contact Shar Perry, Afton Office, 885-3132 or Miriam Feeley, Kemmerer Office, 828-4092.
4-H Program Information

To Empower Youth to Reach Their Full Potential Working & Learning in Partnership with Caring Adults

4-H Educator’s Letter...

It’s SUMMER TIME!! This means, nice weather, no school, and plenty of fun under the sun! Something fun that’s right around the corner is 4-H camp! It’s July 17-20 in Alpine. Come join the fun as we do awesome activities, roast s’mores, and have some great water games to cool off! Not only is 4-H camp fun, but while we’re out there camping we also get to learn some valuable skills that we will help us later in life. We learn what it takes to become a good leader and how to become one by doing leadership activities! We also will be working together in teams which is very important to learn how to do. The most fun thing though is we get to make new friends and have fun!!

Shaily Harshbarger, Intern

4-H Camp
Monday-Wednesday
July 18-20
Alpine 4-H Camp
Cost: $35
Per 4-H Member or Chaperone
Jr. Leaders must also bring $5 for pizza or
your own dinner on Sunday
Registration Deadline: July 7
BRING AN EMPTY 2-LITER POP BOTTLE

The registration form, schedule, and packing list are at the end of the 4-H Section in this newsletter. If you have questions or need additional information, please contact Shar Perry, 885-3132 or Miriam Feeley, 828-4092.

County Contest Results

Impromptu Speech
Junior Division
Grand—Calvin E.
Grand—Aralyn E.
Blue—Destiny S.
Blue—Aurora S.
Blue—Tara C.
Blue—Braxton P.
Red—Christopher B.
Red—Kaden W.
White—Gabriel S.

Intermediate Division
Grand—Easton C.
Reserve—Katie V.
Purple—Jane E.
Blue—Cyndi A.
Red—Gatlin S.

Senior Division
Grand—Rebecca A.
Grand—Tucker E.
Blue—Gage S.

Consumer Judging
Junior Division
Grand—Tara C.
Reserve—Christopher B.
Blue—Gabriel E.
Blue—Kaden W.
Red—Aurora S.

Intermediate Division
Grand—Easton C.
Reserve—Katie V.
Purple—Gabriel S.
Blue—Braxton P.
Red—Cyndi A.

Senior Division
Grand—Gage S.
Reserve—Tucker E.
Purple—Rebecca A.

Vegetable Judging
Junior Division
Grand—Aurora S.
Reserve—Christopher B.
Purple—Tara C.
Blue—Gabriel S.
Blue—Braxton P.
Blue—Destiny S.

Intermediate Division
Grand—Easton C.
Reserve—Cyndi A.
Blue—Gabriel S.

Senior Division
Grand—Rebecca A.
Reserve—Gage S.

Table Setting
Junior Division
Grand—Aurora S.
Reserve—Kaden W.
Purple—Katie V.
Blue—Destiny S.
Blue—Braxton P.

Intermediate Division
Grand—Gabriel S.

Senior Division
Grand—Gage S.

Livestock Skill-A-Thon
Junior Division—Grand Team
Aralyn E., Aurora S.,
Katie V.

Junior Division—Reserve Team
Kaden W., Christopher B.,
Calvin E. & Braxton P.

Intermediate Division—Grand Team
Katie V., Garret H., Cyndi A.
Easton C. & Jane E.

Senior Division—Grand Team
Gage S., Rebecca A.,
Tucker E. & Gatlin S.

Robotics—Team
Jr. Grand—Rebecca A.
Jr. Grand—Destiny S.
Jr. Grand—Aurora S.

2016 Area Food Cook-Off & Cake Decorating Contest Results

There were two Food Cook-Off & Cake Decorating Contests. One was held at Kemmerer HS on June 8 and the other was held at the 4-H Building in Jackson on June 13. We have listed the Lincoln County results below.

Kemmerer High School

Teton Co. 4-H Building
Madison S.—1st Place, Individual Cake Decorating, Jr. Div.
Hammon W.—3rd Place, Individual Cake Decorating, Jr. Div.
**County Shoot Results**

**Air Rifle**
- Junior Division
  - Lt. Target, Grand—Aurora S.
  - Lt. Target, Reserve—Destiny S.
  - Lt. Target, Blue—Natasha M.
  - Lt. Target, Red—Braxton P.

**Intermediate Division**
- Lt. Target, Grand—Wyatt P.
- Lt. Target, Reserve—Wade H.
- Lt. Target, Blue—Gatlin S.
- Lt. Target, Red—Shaun N.
- Sporter, Grand—Austin Quin M.

**Senior Division**
- Lt. Target, Grand—Carson C.
- Lt. Target, Reserve—Gage S.
- Lt. Target, Blue—Steven N.

**22 Rifle**
- Junior Division
  - Lt. Target, Grand—Braxton P.
  - Sporter, Grand—Maddison R.
  - Sporter, Reserve—Natasha M.
  - Sporter, Blue—Destiny S.
  - Sporter, Red—Aurora S.

**Intermediate Division**
- Lt. Target, Grand—Wade H.
- Sporter, Grand—Wyatt P.
- Sporter, Reserve—Gatlin S.
- Sporter, Blue—Austin Quin M.
- Sporter, Red—Shaun N.

**Senior Division**
- Sporter, Grand—Carson C.
- Sporter, Reserve—Gage S.
- Sporter, Blue—Steven N.

**Muzzleloader**
- Junior Division
  - Grand—Aurora S.
    - Reserve—Braxton P.

**Intermediate Division**
- Grand—Wade H.

**Senior Division**
- Grand—Carson C.

**.22 Pistol**
- Junior Division
  - Grand—Destiny S.
    - Reserve—Braxton P.
    - Blue—Natasha M.
    - Red—Aurora S.

**Intermediate Division**
- Grand—Wade H.
- Reserve—Wyatt P.
- Blue—Austin Quin M.
- Red—Gatlin S.
- White—Shaun N.

**Senior Division**
- Grand—Carson C.
  - Reserve—Gage S.
  - Blue—Steven N.

**Shotgun**
- Junior Division
  - Grand Singles—Braxton P.
  - Handicap—Braxton P.
  - Grand Overall—Braxton P.

**Intermediate Division**
- Grand Singles—Jessen F.
- Reserve Singles—Gabe H.
  - Blue Singles—Wade H.
  - Red Singles—Gatlin S.
  - Grand Handicap—Jessen F.
  - Reserve Handicap—Wade H.
  - Blue Handicap—Gabe H.
  - Red Handicap—Gatlin S.
  - Grand Overall—Jessen F.
  - Reserve Overall—Gabe H.
  - Reserve Overall—Wade H.
  - Red Overall—Gatlin S.

**Senior Division**
- Grand Singles—Peyton M.
  - Reserve Singles—Trent M.
  - Blue Singles—Dillan O.
  - Red Singles—Carson C.
  - Red Singles—Brad N.
  - White Singles—Gage S.
  - White Singles—Xavier L.
  - Grand Handicap—Wyatt R.
  - Reserve Handicap—Carson C.
  - Blue Handicap—Dillan O.
  - Blue Handicap—Peyton M.
  - Red Handicap—Trent M.
  - Red Handicap—Xavier L.
  - White Handicap—Brad N.
  - White Handicap—Gage S.
  - Grand Overall—Wyatt R.
  - Reserve Overall—Dillan O.
  - Reserve Overall—Peyton M.
  - Blue Overall—Trent M.
  - Blue Overall—Carson C.
  - Red Overall—Xavier L.
  - Red Overall—Brad Nichols
  - White Overall—Gage S.

**Archery**
- Junior Division
  - Class C Grand—Aurora S.
  - Class C Reserve—Destiny S.
  - Class D Grand—Maddison R.

**Intermediate Division**
- Class C Grand—Wyatt P.
- Class C Reserve—Gatlin S.
- Class D Grand—Wade H.

**Reminder—Parking During Fair Week**

During the week of fair, no livestock trailers will be allowed to be parked and left in any of the barn areas (especially north of the beef wash area and north of the sheep barn). These are for loading and unloading only. There is plenty of room on the west end of the fairgrounds to leave the trailers. This will cut down on congestion around the barns and create more parking for personal vehicles.

**Reminder—Horse Stalls**

If you need a horse stall during fair, you must reserve it. Paying online does not reserve your stall. Indoor stalls are limited. To reserve a stall, you must call Clay Larson at 887-0204.

**2016 4-H Judging Schedule**

<table>
<thead>
<tr>
<th>Day</th>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon.—Aug 8</td>
<td>4-H/FFA Horse Show</td>
<td>8 am</td>
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<tr>
<td></td>
<td>4-H Fashion Hi-Lite/General Judging</td>
<td>10 am–12 pm</td>
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<tr>
<td></td>
<td>4-H Fashion Show</td>
<td>3 pm</td>
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<td></td>
<td>Check-In Rabbit/Poultry</td>
<td>3-5 pm</td>
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<tr>
<td>Tues.—Aug 9</td>
<td>4-H/FFA Horse Show</td>
<td>8 am</td>
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<tr>
<td></td>
<td>Dairy Goat &amp; Dairy Cattle Vet Check</td>
<td>8:30 am</td>
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<tr>
<td></td>
<td>Rabbit Show</td>
<td>8 am</td>
</tr>
<tr>
<td></td>
<td>Poultry Show</td>
<td>Follows Rabbit</td>
</tr>
<tr>
<td></td>
<td>Dairy Goat Show</td>
<td>3 pm</td>
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<tr>
<td></td>
<td>Dairy Cattle Show (if any)</td>
<td>Follows Dairy Goat</td>
</tr>
<tr>
<td>Wed.—Aug 10</td>
<td>All Large Livestock Animals in Place</td>
<td>7:30 am</td>
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<tr>
<td></td>
<td>Swine Weigh-In</td>
<td>8 am</td>
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<td></td>
<td>Sheep/Meat Goat Weigh-In</td>
<td>9 am</td>
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<td></td>
<td>Beef Weigh-In</td>
<td>10 am</td>
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<tr>
<td></td>
<td>4-H/FFA &amp; Open Dog Show</td>
<td>1 pm</td>
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<tr>
<td>Thurs.—Aug 11</td>
<td>Market Goat Show</td>
<td>8 am</td>
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<tr>
<td></td>
<td>Sheep Show</td>
<td>Follows Market Goat</td>
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<tr>
<td></td>
<td>Market Beef Show</td>
<td>3:30 pm</td>
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<tr>
<td></td>
<td>Breeding Beef Show</td>
<td>Follows Market Beef</td>
</tr>
<tr>
<td>Fri.—Aug 12</td>
<td>Swine Show</td>
<td>8 am</td>
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<tr>
<td></td>
<td>Livestock Judging Contest</td>
<td>2 pm</td>
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<tr>
<td></td>
<td>Round Robin</td>
<td>4 pm</td>
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<tr>
<td></td>
<td>Mend. State Fair Mtg</td>
<td>Follows Livestock Judging</td>
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<tr>
<td></td>
<td>MUST ATTEND TO GO TO STATE FAIR</td>
<td></td>
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<tr>
<td>Sat.—Aug 13</td>
<td>Buyer Breakfast</td>
<td>8 am</td>
</tr>
<tr>
<td></td>
<td>Buyer Registration</td>
<td>8-10 am</td>
</tr>
<tr>
<td></td>
<td>4-H/FFA Livestock Sale</td>
<td>10 am</td>
</tr>
</tbody>
</table>

Someone will be at the Market Livestock Forms Table on Tuesday night from 5:30-6:30 pm. You will still be required to see the brand inspector & receive your stamp on Wednesday so your animal will be allowed to weigh-in.

Resale Animals can leave the fairgrounds only when the “resale” trailer leaves. All other large and small animals (including poultry and rabbits) cannot leave the grounds until 5 pm.

**Premium Payouts Will Begin on Wednesday of Fair. The windows are open 11 am to 7 pm**
What Do You See? Contest
A national interpretive exhibit for 4-H members. We each have our own thoughts, feelings and ideas that allow us to see things in a different way. This exhibition challenges 4-H members to express themselves creatively by answering the question: “What Do YOU See?”

This challenge can be interpreted in a variety of mediums such as jewelry design, art, wood working, pottery, gardening, photography, dance, music and other forms selected by members. Exhibits should compel the observer to feel, think or be inspired by the 4-H members' interpretation and expression in their chosen medium.

For more information or to submit your exhibit, contact: Megan Brittingham, Goshen County 4-H: mbrittin@uwyo.edu Brittany Johnson, Laramie County 4-H: bjohns92@uwyo.edu Entries due July 4 via email.

Kemmerer Cloverbuds—June 30
The next Cloverbud activity will be on June 30 at 1 pm in the Events Center.

Cokeville & Kemmerer Jr. Leader Meeting
—July 6
There will be a Jr. Leader Meeting in Cokeville for Jr. Leaders in Cokeville & Kemmerer. If you have questions, please contact Miriam Feely, 307-828-4092.

4-H Club News—

Krazi Kritterz Dynamite Dogs Group
The group meets every Wednesday from 6-7 pm in the 4-H Exhibit Building on the fairgrounds in Afton.

Hamsfork Hands
The club meets the first Monday of every month in the Kemmerer Events Center at 6 pm.

Divine Swine
This club meets the second Tuesday of each month at the Etna Community Center.


The Divine Swine 4-H Club met on May 10, 2016. Members in attendance: Addie & Sierra B., Kimberly & Robert C., Colt G., Madelon J. and Tate F. Madelon discussed Character Counts. Voted on shirt colors. Reviewed upcoming dead-

Wyoming State and Regional Events & News –

State Shooting Sports Match—will be July 7-10 in Douglas, WY. Registration deadline was June 20.

Leadership Washington Focus—will be held July 9-15 in Washington, DC. This opportunity is for 4-H members who are in 7th to 9th grades. Registration closed February 1, 2016.

WY State Fair—will be August 13-21 in Douglas, WY.

National 4-H Congress—will be held November 25-29, 2016 in Atlanta, Georgia. Applications due: TBD. Interviews will be held during Showcase Showdown.
2016 Lincoln County 4-H Camp Registration Form
(Must be filled out by Leaders & Members Attending)

4-H Camp Cost: $35
Jr. Leaders must also bring $5 for pizza or your own dinner on Sunday

Return this form and payment to either the Extension Office in Kemmerer or Afton by JULY 7, 2016.

BRING AN EMPTY 2-LITER POP BOTTLE

Name: ___________________________________________ Phone Number: ____________________________

Mailing Address: ____________________________________________________________________________

Email Address: ____________________________________________________________________________

Please Check the Category and Circle the Age AS OF JANUARY 1 of the Current Year

Senior_______ (14, 15, 16, 17, 18)  SENIORS ONLY (Junior Leaders)
Intermediate____ (11, 12, 13)  I would like to: (choose all that apply)
Junior_________ (8, 9, 10)  _______ Help teach a class
Leader/Chaperone __________  _______ Be over a group with another junior leader

_______ General help at camp

PLEASE LIST ANY SPECIAL NEEDS: (Dietary, Medication, Allergy or Other) ____________________

________________________________________________________________________________________

Did you attend camp last year? ________________________________

What are some activities you would like to do at camp in the future? ______________________________

________________________________________________________________________________________

What are some classes would you like to have at camp in the future? ______________________________

________________________________________________________________________________________

REMEMBER TO HAVE A COPY OF THE 4-H HEALTH FORM WITH YOU!
2016 Tentative Schedule

Sunday, July 17, 2016
4:00 pm Camp Prep - JR. LEADERS ONLY

Monday, July 18, 2016 – Survival Day
1:00-3:00 pm Flag Raising, Cabin Check In, Cabin Signs, Name Tags, Camp Picture
3:00-5:00 pm Get To Know Your Fellow Campers & Character Counts!
5:00-6:00 pm Dinner
6:30-7:30 pm Animal Game
7:30-8:00 pm Free Time
8:00-9:30 pm Dutch Oven Dessert, Songs & Stories
9:30-11:00 pm Night Games
11:00 pm or Sooner Bedtime

Tuesday, July 19, 2016 – Fun in the Sun
7:30-7:40 am Flag Raising
7:40-8:00 am Breakfast
8:00 am-12:00 pm 4 Rotations
12:00-1:00 pm Lunch
1:00-4:00 pm Water Games
4:00-5:00 pm Free Time
5:00-6:00 pm Dinner
6:00-8:30 pm 4 Rotations
8:30-9:00 pm Hike
9:00-10:30 pm Camp Fire S’mores, Night Games
10:30 pm Bedtime

Wednesday, July 20, 2016 – Olympic Day
8:00-8:15 am Flag Raising
8:15-9:30 am Breakfast & Awards
9:30-10:00 am Camp Cleanup & Pack up
10:30-11:00 am Tournament of Champions
11:00 am Departure

Items to Pack for 4-H Camp

**Essentials:**

**Empty 2-Liter Pop Bottle**

**Pillow & Sleeping Bag**

**Clothing** - cold & hot weather clothes. Also extra, for water games.

**Swim Suit or clothing to get wet for water games**

**Shoes** - 2 pair (1 pair will probably get wet, and there is an optional hike)

**Personal Hygiene Items** – (toothbrush, toothpaste, brush, comb, deodorant, shampoo, facial tissues, Chapstick®, face soap, wash cloth, bath & hand towels, and anything else you need).

**Medications** - the directions for administering them and any allergy kits necessary (like bee sting kits). Kids will be responsible for taking their medications unless arrangements are made with the chaperones before camp.

**Warm Coat & Gloves**

**Light Jacket/Windbreaker**

**Sun Screen**

**Bug Spray**

**Hat**

**Flashlight & two sets of good batteries**

**Back Pack** (this is your preference only. It is handy to carry items in)

**Water Bottle** (With your name on it)

**Bring no Valuables.** We will be busy and won’t have time to watch them or keep track of them.

**Optional Items to Bring:**

**Sunglasses**

**Camera**

**Binoculars**

**Alarm Clock**

**Snacks** (to keep in the cabin)-please have the snacks for cabins in containers that would deter mice.

**Rain gear**
ENTRY INFORMATION

Be sure to read the rules of the department or division you are entering.

To enter in the 4-H/FFA Departments you must be a registered member of those programs. Entries in all open divisions are open to all residents of Lincoln County.

Residents must complete online entry. Exhibitors must complete all steps including the last step, **printing your entry tag.**

**Online Entry-**

[http://lincolncountyfair.info](http://lincolncountyfair.info)

Then click on the Online Entries/Tickets Tab.

(The system requirements for on-line entry are: Microsoft Internet Explorer 5.0 or above with JavaScript and Cookies enabled. This program will **not** work with Firefox Browser!)

*Non-Animal Entries - Print your tags and place them on entries along with your skill statements."

All Entries must be completed by deadline - **ENTRIES RECEIVED AFTER THE DEADLINE WILL NOT BE ACCEPTED.**

**On-line entry** July 1 – August 3, 2016

**PREMIUMS**

Premium cash will be distributed during the fair Wednesday-Saturday 11 am to 7 pm at the payout window by the fair board office. Premiums can then be picked up at the Extension Office from August 18 – August 31. **Premiums not picked up will be forfeited.** No checks will be mailed.
Responsibilities of 4-H/FFA Livestock Members

Livestock Entry Forms Deadline - All 4-H/FFA Market Livestock, Small Animal, & Horse Entries Deadlines: On-line entry deadline: MIDNIGHT, WEDNESDAY, AUGUST 3, 2016. NO EXCEPTIONS! Website for online entry: http://lincolncountyfair.info  (See online entry procedure page for instructions. No tags will need to be printed for animal entries).

Forms Needed Before Weigh-In Is Allowed – Please complete the Responsibilities of 4-H/FFA Livestock Members and Consignment forms. Then return them to the forms table under the tent at fair. These forms must be completed and returned, along with the brand inspection signature before you will be allowed to weigh-in your animal. Bring your brand inspection (Form A) and/or bill of sale with you for weigh-in. You will need to meet with the brand inspector, show your papers to him and sign his sheet as owner of the animal. See weigh-in times for each species below.

Additional Time for Forms Table – someone will be at the forms table Tuesday night from 5:30-6:30 pm and Wednesday morning from 8-10 am. Anyone who checks in on Tuesday night will need to come back Wednesday morning, get a hand stamp, and meet with the brand inspector before their animal will be allowed to weigh in.

Animals in Place & Weigh-in/Check in: All animals need to be in their stalls by 7 am Wednesday of Fair. Weigh-ins your animals at the fairgrounds is Wednesday of Fair – Swine (8-9 am), Sheep/Goat (9-10 am), & Beef (10-11 am). Stalls will be assigned. If you are late for your species’ weigh-in time, you will weigh-in last when all other animals have been weighed. Scales will be open for 30 minutes after last scheduled species has weighed-in. Rabbits/Poultry – need to be checked in Monday from 3-5 pm. Dairy Goats/Dairy Cattle – need to be vet checked on Tuesday at 8:30 am.

Late for Weigh-In - If you are late for your species’ weigh-in time, you will weigh-in last when all other animals have been weighed. Scales will be open for 30 minutes after last scheduled species has weighed-in.

Shows/Sale Dress Code – white shirt (long or short sleeve) and dark jeans for 4-H members, appropriate uniform for FFA members, and appropriate footwear (no open-toed shoes or sandals at any time). 4-H members are required to wear white shirts for all contests & shows. If you show up without a white shirt, you will be given a participation ribbon.

Showmanship - Sign up for classes by deadline above. No entries will be allowed the day of the show.

Stall Fee - There will be a $10 per animal (one-time) stall fee. This fee needs to be paid online by the deadline stated above.

Market Animal Quality – Animals deemed by the judge as not properly conditioned will receive an orange participation ribbon and will not be eligible for the sale.

Back Tags – A back tag number will be assigned to each livestock exhibitor to be used through all livestock events that the exhibitor has entered (except the sale). The back tag number must be returned to the table after their last show.

County Tail Docking Rule - “No extreme docked lamb will be tagged for the Lincoln County Fair. Lambs that have been redocked after they have been tagged will be disqualified. Any qualifying fair exhibitor who wants to go to State Fair will have to follow the State Fair Tail Docking Rule.”

Resale Lambs – Any lambs that won’t be accepted by the resale buyer because of short tails will be returned to the sale participant at the expense of the sale participant. The sale participant will have the market price deducted from his/her sale check.

Resale Buy Back – The sale participant/owner of the animal can purchase only their animal back from the resale contractor. The sale participant will have to make all the arrangements with the resale contractor.

Premium Eligibility - To be eligible to receive a premium, animals must be displayed on the fairgrounds for the week of fair. The exception would be dogs, cats, pocket pets, and milking dairy cows. All buckles, awards, and premiums must be claimed within the same fair year as they were won.

Show/Sale Decisions - The fair committee for each livestock division will be the livestock superintendent, the Fair Board Chairperson, the Fair Board livestock members, FFA Advisor, Ag Extension Educator, and the Livestock Show Coordinator.
Sale—Each exhibitor will be allowed to sell only one animal of any species. Check sale order; be ready when it’s your turn. Animals that sell at the livestock sale will be assessed a 2% commission fee of the sale price.

Sale Animal – If by the last market show, the Livestock Committee has not been informed of which animal you want sold; the committee will pick your highest placing animal and that animal will sell in the sale.

Herdsmanship/Stall Information
- Stalls will be assigned and the stall cards will be in place by 2 pm on the Thursday before fair. Animals may be brought to the fairgrounds as early as the Thursday before fair but at their owner’s risk. The animals may still have to change stalls.
- Breeding Sheep & Goats may be brought the day of the show & taken home after, if there are not stalls available. The breeding animals must still have a vet check (See Schedule of Judging for day & time).
- The large animal Herdsmanship Award will be based on a score sheet so clubs can improve from year to year. The award’s objectives are to create pride in the barn area and promote healthy competition between clubs. The large animal Herdsmanship winners will receive recognition at the rodeo; a banner to display in the barn for the next year, and a traveling trophy to be awarded at Awards Night and be able to pick their stalls for the next county fair.

Red Stall Tag - Alleyways must be kept free of trash and manure. Exhibitors are responsible for the cleanliness of the stalls and pens. If the superintendent or livestock coordinator tags an unclean pen and it is not cleaned within eight (8) hours, the exhibitor may be asked to take the animal home and will not be eligible for the sale. Stalls must be kept clean during the fair and must be completely cleaned after the sale when your animals leave the fairgrounds.

Fitting - should be done by members only, not parents or leaders (except in an educational environment).

Shows - check show schedule and be on time for your class. Please follow directions of show superintendent.

Picture – The Fair Board will not be taking pictures of the kids! A card stock “thank you” form can be picked up from the Fair Board Office or payout window. A picture backdrop will be provided.

Thank you letters - send letters to ALL your buyers (mandatory). Please put them in a stamped, addressed envelope and give them to Jill Hubbard, the Extension Secretary. We strongly encourage that you also send “thank yous” to the add-on buyers. You can get a list of your buyers and add-ons from the Extension Office a few weeks after the fair.

Processing Information Sheet – The buyer will choose how to process their meat: either having a wait period or letting the animal get on the processing trailer. Pick up your pink copy of this form before you leave the sale. It has the name and phone number of your buyer and processor information. It is your responsibility to contact your buyer and make sure the buyer’s instructions are followed to process your animal. Please call the Extension Office if your processor information changes.

(4-H Record Book Deadline) - Record books are due Monday, Sept. 12, 2016, to your leader. Also a buyer thank you letter (in an addressed and stamped envelope) must be given to the Jill Hubbard, Extension Secretary, within a week after country fair. These letters will be mailed to the buyer.

(FFA Record Book Deadline) – The record book is due one week after state fair to the Dallas Warren, FFA Advisor. Also a buyer thank you letter (in an addressed and stamped envelope) must be given to the Jill Hubbard, Extension Secretary within a week after country fair. These letters will be mailed to the buyer. Checks will be released as soon as all buyers have paid.

By my signature, I am stating I am a Lincoln County resident and/or attend a Lincoln County school. I hereby have read and understand the preceding rules and information. I agree to adhere and abide by all the rules in the fair book and information given me.

_____________________________________________
Parent/Guardian Signature

_____________________________________________
Date

_____________________________________________
4-H/FFA Member Signature

_____________________________________________
Date
**Preserved Food Summary Statement**

(4 in x 6 in index cards)

**Fabric & Fashion Summary Statement**

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<thead>
<tr>
<th>4-H Member Name:</th>
<th>Age:</th>
<th>LINCOLN COUNTY</th>
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What is your project goal?

Do you have a sewing machine?  
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Do you sew at home?  
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Do you only sew at club meetings?  
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Is this the first project you made this year?  
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Leader/Parent Comments:
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<th>4-H Member Name:</th>
<th>Age:</th>
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How did you get the idea for your project and what do you like best about it?

What tools did you use and what skill(s) did you use or learn in making your project?

What is your project goal?

Skills Summary Statement (For All Non-Food Exhibits)

(Glue these to 4” x 6” index cards)

**Food Skills Summary Statement**

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<th>4-H Member Name:</th>
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<th>LINCOLN COUNTY</th>
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What is your project goal and what skills(s) did you learn while doing this project? (Note: All entries must answer this questions)

How is this product nutritious or healthy? If you modified the recipe, what change(s) did you make and how did the change(s) make the product healthier or more nutritious?
**FAIRNESS**

“What is popular is not always right, and what is right is not always popular.”

**People of Character**

Rosa Parks, an African American seamstress and civil rights activist, struck a pivotal blow for equality in 1955 when she violated city segregation laws in Alabama by refusing to surrender her bus seat to a white man. Her immediate arrest promoted thousands of blacks to boycott the bus system. The US Supreme Court ultimately declared segregating bus seating unconstitutional, which sparked the movement ending legal segregation in American. Nationally recognized as the “Mother of Modern Day Civil Rights Movement”. Rosa Parks courageous stand for fair treatment inspired the world. After her death in 2005, she became the first woman in history to lie in state in the US Capitol. Her casket was put on display for two days allowing the nation to pay its respects.

**Lesson in Fairness**—Has there ever been a time when you’ve witnessed someone being treated unfairly or perhaps experienced unfair treatment yourself? Did you take a stand in this situation?

**4-H Activity in Fairness—Talk-Through Target Practice**

**Objective**—For one group member to receive feedback & directions from others in order to be successful.

**Materials**—Small balls, buckets & blindfolds

**Description**—Divide the group into teams of two or more. Give each team a blindfold & a pile of balls. Set up one or more buckets to be used as targets & make a line on the floor for people to throw from. Each team selects one person to be the blindfolded thrower, who stands behind the line & is given one ball at a time. They must try to toss the ball into the target, getting a point for each successful toss. The tosser’s teammate give him/her feedback after each throw to help guide the next throw.

**Discussion**—Was it easier to the thrower or the direction giver? Why? Was patience a factor at all during this activity? How well did you do with it? Do you ever rely on directions from others? Why or why not?

**Clover Connection**

*Head*—think about what really is fair.

*Heart*—not taking more than what is our fair share from others.

*Hands*—using fairness when we work with others.

*Health*—treat everyone the same, even when we’re dealing with our own challenges.

Like this activity? Find more like it in the “Good Ideas Book” at your local Extension Office.
Cent$ible Nutrition Program -
Star Valley, Kemmerer, and Cokeville Areas - Classes are ongoing. The classes will be fun hands-on classes about food and nutrition, food safety, the new MyPlate guide, and other food topics. The class is hands-on cooking with a great cookbook. The class is free to those who qualify. If you are interested in participating in a class or have any questions, please contact Danniel at the Extension Office at 307-828-4093.

Physical Activity—Dancing Around
Dancing is a wonderful way to enjoy yourself and do something for your physical fitness. Square dancing, polka, Zumba, jazz, and tap are just a few ideas for trying on the dance floor.

Zucchini Nachos
Try these healthy nachos for a snack or quick dinner meal.

Ingredients:
- 3 zucchinis, thinly sliced
- Cooking spray
- 1/2 cup shredded cheese
- 1 cup black beans
- 1 tomato, diced
- 1 green onion, sliced
- 1 tablespoon cilantro, minced
- 1 avocado
- Salsa (optional)

Directions:
1. Wash hands in warm, soapy water.
2. Place zucchini slices evenly on foil lined baking sheet.
3. Spray cooking oil on zucchini and season with salt and pepper.
4. Bake for 10 minutes at 425 degrees F.
5. Turn zucchini over and bake another 10-15 minutes.
6. Sprinkle cheese on during the last few minutes of baking.
7. Place zucchini with cheese on individual plates.
8. Let each individual add their favorite nacho toppings.

Honey—Myth or Truth!
For thousands of years cultures have been using honey for other purposes besides sweetening their breads and drinks. The Egyptians would also use it as an embalming agent or to feed the soul after the body had decomposed, while the German peasants would use honeycombs and honey to pay taxes to their lords, and other cultures would use honey for the antibacterial components to heal rashes, burns, and wounds.

Currently there is a lot of buzz in the nutrition world regarding honey and its healing and nutritional characteristics, but is honey the “miracle” food? Whether or not you do or don’t think that honey is a “miracle” food, honey has some very good qualities. Honey is a great alternative sweetener to others such as table sugar, but still has 64 kcals per 1 tablespoon. You can use less honey and still have the appropriate amount of sweetness. Honey can be used as a great baking substitute for sugar, also adding slightly more liquid and a bit of a binder to the end product.

Other health claims of honey include great sources of vitamins, minerals, and antioxidants. There are trace amounts of minerals and vitamins, but nothing of substantial quantities to improve overall health. You would need to intake a large amount of honey to ensure the trace vitamins and minerals would count towards your daily needs; however, there would also be a large increase in sugar and calories. Some honey does contain antioxidants such as phenols, enzymes, and flavonoid-like compounds and a few organic acids. There are many sources that state the pollen in raw and local honey is good for seasonal allergies and other immune functions; however, once again there is no actual prescribed quantity to ensure this will happen. Sources state that taking in 1 tablespoon per day may help to increase your immune system against seasonal allergies.

In the long run, honey is a great alternative to sweeteners such as sugar due to the fact that you can use less. The research to support honey and its immune capabilities continues to be conducted; however, it still lacks viable and concrete answers. The moral to this story is enjoy your honey in baked goods and your tea, but try to avoid using it in mass quantities!

If you have more questions regarding honey, please contact Jordan McCoy, MS RD LD CSP, Nutrition and Food Safety Educator located in Teton County Extension. jmccoy@tetonwyo.org, 307-733-3087.

Content Source:

Cent$ible Nutrition Program Website
For other Cent$ible Nutrition Program newsletters. http://www.uwyo.edu/centsible/newsletters1.html
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<td>LC Fair—4-H/FFA Horse Show Dairy Goat/Cattle Vet Check Rabbit Show Poultry Show Dairy Goat Show Dairy Cattle Show National Stock Dog Competition</td>
<td>LC Fair—Lg. Livestock in Place Mkt Animal Weigh-in Dog Show Horse Pulls</td>
<td>LC Fair—Mkt. Goat Show Sheep Show Beef Show Freestyle Reining</td>
<td>LC Fair—Mkt. Swine Show Livestock Judging Round Robin Contest Mandatory State Fair Meeting PRCA Rodeo</td>
<td>LC Fair—Buyer Breakfast Buyer Registration 4-H/FFA Jr. Livestock Sale PRCA Rodeo WY State Fair, Douglas, WY</td>
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August 2016
PLEASE READ EACH PAGE CAREFULLY!
Don’t miss out on any Important announcements