Produced by the Consumer Program Advisory Council (CPAC) of the Wyoming Institute for Disabilities (WIND), College of Health Sciences, University of Wyoming, whose members are:

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This volume is dedicated to all the past and present members of WIND’s Consumer Program Advisory Council (CPAC) who have so richly contributed to the development of the series.

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Practical Advice for Communicating Effectively

1. Attract the listener’s attention before speaking, then speak clearly, naturally, and at a moderate pace.

2. Move closer to and face the listener. Do not put obstacles in front of your face.

3. Stand or sit in a position that your entire face can be seen. Have light on your face and not behind you. Shadows on the face make it difficult to speechread.

4. Use facial expressions and gestures. Do not have objects in your mouth such as gum, cigarettes, or food.

5. Take surroundings into account and avoid noisy background situations.

6. Rephrase rather than repeat when you are not understood and give clues when changing
Hi, my name is Sally.
We’re going to the zoo.
What's up with those two?
I don't know. Why don't you ask?
Hey, what’s your name?
Hi. My name is Joe and this is my brother, Ben.
I'm George and this is my friend, Sally.
What were you two guys doing with your hands?
We were just talking.
Why don't you just talk like we do?
Because Ben can't hear, we use sign language.
Cool! How can we learn?
We can teach you.
giraffe  elephant  bear  lion  tiger  bird  monkey  alligator
Mom, I met the coolest kids today and I'm learning sign language!
Going to the Zoo is the third in a series of coloring books developed by the Wyoming Institute for Disabilities’ Consumer Program Advisory Council. WIND is a division of the College of Health Sciences at the University of Wyoming. These coloring books promote young children’s disability awareness. Each book highlights a different disability, to teach young children that children with disabilities may do things differently, but they’re still just kids. Going to the Zoo introduces two new characters: Ben, who has a hearing impairment, and his brother Joe, who sometimes interprets for him.

We hope that the coloring book will be used to provoke discussions about the acceptance of persons who are different than us and that differences in others is a natural and desirable part of life. A good place to start is to discuss “People First Language.”

People First Language is easy to learn—people come first before their disability. If we use words that put the disability before the person, we tend to only see the disability, not the many characteristics that make up the person. Here are examples of positive phrases and negative phrases. Note that the positive phrases put the person first.

<table>
<thead>
<tr>
<th>Positive Phrases</th>
<th>Negative Phrases</th>
</tr>
</thead>
<tbody>
<tr>
<td>A person who uses a wheelchair</td>
<td>Wheelchair bound, confined to a wheelchair</td>
</tr>
<tr>
<td>A person with an intellectual disability</td>
<td>Retarded person</td>
</tr>
<tr>
<td>A person who is blind</td>
<td></td>
</tr>
<tr>
<td>People with a vision disability</td>
<td>The blind</td>
</tr>
<tr>
<td>A person who is deaf</td>
<td></td>
</tr>
<tr>
<td>Persons with a hearing disability</td>
<td>Suffers a hearing loss, the deaf</td>
</tr>
<tr>
<td>A person who has multiple sclerosis</td>
<td>Afflicted with MS</td>
</tr>
<tr>
<td>A person with cerebral palsy</td>
<td>CP victim</td>
</tr>
<tr>
<td>A person who is unable to speak</td>
<td>Dumb, mute</td>
</tr>
<tr>
<td>A person with a disability</td>
<td>A disabled person, handicapped</td>
</tr>
</tbody>
</table>
The Consumer Program Advisory Council (CPAC) of the Wyoming Institute for Disabilities (WIND) is a group of individuals with disabilities and family members working together to create educational resources for disability awareness in Wyoming.

The CPAC holds quarterly meetings to create, organize, and distribute its awareness projects. All members of the CPAC are also members of the larger WIND Advisory Committee, which advises WIND on policy issues and the needs of persons with disabilities.

**WIND Mission Statement**

“The mission of the Wyoming Institute for Disabilities is to assist individuals with developmental and other disabilities and their families to achieve their desired quality of life by promoting and supporting full community inclusion, community membership, independence, productivity, and social participation.”

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**Comments and Suggestions**

Comments and suggestions on this coloring book project (its usefulness, suggestions to make it better, ideas of topics for future books, etc.) are welcome and encouraged. Please send your comments and suggestions to:

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