



Student Health

Fall 2021 Sessions

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Session Date

Session Title and Description

September 22, 2021

Adverse Childhood Experiences (ACEs), Autonomic Nervous System, and Regulation

The first three sessions focus on the Neurological and physiological impacts of trauma. This session will introduce the topic of ACEs and provide the foundations of understanding the Autonomic Nervous system and the impacts of maltreatment on the brain.

Presenter:

Wendy Gauntner, BA, BS, State Master Trainer, N.E.A.R. and Protective Factors for Families

October 6, 2021

Bullseye: Mental Health and Bullying

The second of the three sessions focused on the Neurological and physiological impacts of trauma provide tools around dysregulation, and implementing trauma-informed care.

Presenters:

Wendy Gauntner, BA, BS, State Master Trainer, N.E.A.R. and Protective Factors for Families

October 20, 2021

Higher-Order Thinking Skills and Relational Health

The last of the three sessions focused on the Neurological and physiological impacts of trauma orient the participants to how ACEs affect relationships within youth.

Presenters:

Wendy Gauntner, BA, BS, State Master Trainer, N.E.A.R. and Protective Factors for Families



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November 3, 2021

ACEs Prevention and Data

The second portion of the ACEs series provides tools for using local data to inform prevention strategies.

Presenters:

Wendy Gauntner, BA, BS, State Master Trainer, N.E.A.R. and Protective Factors for Families

November 17, 2021

Creating Resilience: Capabilities, Attachment, and Belonging

The third portion of the ACEs series focuses on implementing measures to increase resilience in your students. This session focuses on identifying students' strengths and identifying ways to increase belongingness with peers in school.

Presenters:

Wendy Gauntner, BA, BS, State Master Trainer, N.E.A.R. and Protective Factors for Families

December 1, 2021

Diversity, Equity, and Inclusion: Cultural Processes, Part 1

We wrap up with looking at cultural processes within the school system to help increase resilience in your students.

Presenters:

Wendy Gauntner, BA, BS, State Master Trainer, N.E.A.R. and Protective Factors for Families



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December 15, 2021

Diversity, Equity, and Inclusion: Cultural Processes, Part 2

We complete the series with a continuation of how cultural processes within the school system help increase resilience in your students.

Presenters:

Wendy Gauntner, BA, BS, State Master Trainer, N.E.A.R. and Protective Factors for Families



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March 10, 2021

School-Based Telehealth: Building School-Based Health Partnerships

The Wyoming Telehealth Network (WyTN) and UW ECHO in Student Health have partnered to create a school-based health mini-series to provide a foundation in understanding how telehealth can be used to build school-based health programs. This session will kick off the mini-series by providing a history of the Kid Clinic, a school-based clinic, and the relationships between the pediatric nurse practitioners and counselors and their work with the school district.

Presenter: Holly Hink, RN, MScN, APRN, CPNP, Campbell County Medical Group - Kid Clinic, Gillette, WY

April 7, 2021

School-Based Telehealth: Building a Statewide Approach

This session is part of a mini-series with the Wyoming Telehealth Network (WyTN) to provide a foundation in understanding how telehealth can be used to build school-based health programs. We will look at how Utah implemented school-based health programs across their state, and will discuss best practices and tips for integrating school-based health programs across Wyoming.

Presenters:

Matt McCullough, Associate Director, Utah Education and Telehealth Network
Shelly Winn, MSN, RN, Sevier School District Head Nurse
Peggy Drussel, MSN, RN, Tintic School District Nurse



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April 21, 2021

School-Based Telehealth: National Updates and a Deep Dive into a Comprehensive Program

This session is part of the mini-series with the Wyoming Telehealth Network (WyTN) to provide best practices around providing accessible healthcare to students. In the session, we will discuss school-based telehealth at a national level.

Presenters:

Andrea Shore, MPH, Vice President of Programs, School-Based Health Alliance

Leslie Ann Gellert, MSW, LCSW, Behavioral Health Provider, Multnomah County Student Health Center

Kristin Case, FNP, Nurse Practitioner Manager, Multnomah County Health Department



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September 9, 2020

Contact Tracing

This session will discuss updates regarding COVID-19 and will provide an introduction to contact tracing.

Presenter:

Clay Van Houten, MS, Infectious Disease Epidemiology Unit Manager, WY Dept. of Health

September 23, 2020

Mindful Self-Care for Student Health Professionals

This session explores research-based mindfulness skills and self-care strategies to empower professionals to prioritize their own health and wellbeing.

Presenter:

Janean Forsyth Lefevre, MPA, RYT-200, Wyoming Workplace Wellness LLC

October 7, 2020

Nurturing Positive Social Health Determinants in Children K-12

Through this presentation participants will be able to identify Social Determinants of Health, differentiate between health difference and health inequality, and recognize the impact of stress and trauma on social health. Participants will be directed toward resources that can help them to identify protective factors they would like to implement within their own zip code.

Presenter:

Laura Curtis, LCSW, Northwest Neurobehavioral Health LLC



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October 21, 2020

Is it a plague or is it THE plague? Common Pediatric Maladies in the Times of a Pandemic

Differentiating between colds, ear infections, and allergies can be difficult during the best of times. However, during a pandemic it becomes paramount to differentiate the common and the concerning.

Presenter:

Dr. Kyle Sabey, DO, Campbell County Medical Group

November 4, 2020

Planning for Vulnerable Populations

This session will provide program policy and guidance for school nurses on emergency preparedness. The session will also focus on best-practices for working with at-risk and vulnerable populations when developing policies and plans.

Presenter:

Jim Smith, Training and Exercise Coordinator, Wyoming Department of Health, Public Health Preparedness Unit

November 18, 2020

Trauma: Causes, Impacts, Treatments, and Differentials

Learning Objectives: Explore some of the leading causes of trauma; Introduce and review Adverse Childhood Experiences (ACE's); Describe Social Determinants of Health; Understand the impact of trauma and physiology of toxic stress; Look at trauma treatments; Understand the diagnostic dilemmas with trauma.

Presenter:

Bird Gilmartin, MD, FAAP, Pediatrician, Pediatric Medical Director, Uinta Medical Group
Brooks Keeshin, MD, Child Abuse Pediatrician and Child Psychiatrist, Clinician Researcher, University of Utah



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December 2, 2020

Training on a Screener

This session will review screening tools for ADHD, depression, anxiety, and trauma

Presenter:

Bird Gilmartin, MD, FAAP, Pediatrician, Pediatric Medical Director, Uinta Medical Group
Brooks Keeshin, MD, Child Abuse Pediatrician and Child Psychiatrist, Clinician Researcher, University
of Utah



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Summer 2020 Sessions

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June 10, 2020

Summer Supplemental Session

This session will discuss community needs and returning to school safely in the fall.

June 24, 2020

Telehealth in the School Setting

This session will discuss using Telehealth in school settings and a potential grant for funding.

Presenter:

Tai Baker, M.S., Program Manager, Wyoming Institute for Disabilities

July 22, 2020

Safety and Prevention of COVID in Children

This session will discuss the safety and prevention of COVID-19 in children in the school setting.

Presenter:

Dr. Bird Gilmartin, Pediatrician



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January 15, 2020

Seizure Planning

This session will discuss determining the difference between a seizure and a non-epileptic spell and what to do about them.

Presenter:

Charlotte Brazelton, BA, BSN, RN, NCSN; School Nurse Consultant, Children's Hospital Colorado

January 29, 2020

Mindfulness and the Three Keys to Social-Emotional Growth

In this session we will explore the brain, behavior, and the practice of mindfulness. You will learn how practicing mindfulness will change your life as well as the lives of others.

Presenter:

Abigail Kurt-Mason, M.Ed., Ed.S.; Licensed School Psychologist, Lincoln County School District #2

February 12, 2020

Adverse Childhood Experiences (ACEs) and Trauma: Protective Factors

This session will help participants understand the impact of Adverse Childhood Experiences (ACEs) on long-term health outcome, understand how protective factors can increase resilience, and contemplate and implement ways in which you can use this information to address issues in current practice.

Presenter:

Wendy Gauntner, M.S.; Certified Adverse Childhood Experiences Master Trainer



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February 26, 2020

The State of Suicide Recognition and Prevention in 2020

This session will discuss the difficulty with prediction and preference for recognition, intervention, and prevention/post-vention. A brief overview of the legal requirements of the Jason Flat Act will also be discussed.

Presenter:

Rommel Reedy, M. DIV, LPC, CPAI; Intentional Injury Prevention Coordinator, Wyoming Department of Health

March 11, 2020

Anxiety and Depression in Children

This session will look at identifying anxiety and depression within school-aged youth and will provide characteristics and screening tips for school nurses.

Presenters:

Nancy McGee, DNP, PMHNP & Jill Proctor, DNP, FNP, PMHNP; School of Nursing, University of Wyoming

May 6, 2020

Policy Planning: Ensuring COVID Safe School Policies

At the end of this session, attendees will have the ability to: explain the current COVID-19 situation in Wyoming; discuss the current guidelines for schools provided by CDC, Superintendent Balow, and the Wyoming Department of Health; develop effective policies for student and staff exclusion, returns, and environmental controls for the prevention of the spread of COVID-19; discuss best practices for contact tracing; identify partnerships and collaborations to improve outcomes for school openings.

Presenter:

Lindsay Huse, MPH, DNP, RN, PHNA-BC; State Supervisor, Public Health Nursing, Wyoming Department of Health



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May 13, 2020

Addressing Barriers to Learning During a Pandemic: Supporting Students after COVID-19

This presentation outlines a system of student supports that is organized to efficiently and effectively provide students with the supports they need once they return to school next fall. The goal of the presentation is to offer a few concrete ideas on supports that may be helpful, to identify others who can help implement them, and to place these supports into the larger context of a system of learning supports.

Presenter:

Jane Todey; Representative, UCLA Center for Mental Health in Schools & Student/Learning Supports

May 20, 2020

Eating Disorders

This session will discuss recognizing individuals with eating disorders and linking them to appropriate resources.

Presenter:

Dr. Kyle De Young, PhD; Assistant Professor of Psychology, University of Wyoming Eating Behaviors Laboratory



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October 23, 2019

Immunization

Presenter:
Crystal Cox

School and Child Care Coordinator, Wyoming Department of Health

November 6, 2019

Helping Kids with Asthma at School

Presenter:

Deborah Cook, RN, AE-C
Director of Health Services, Kennett Public Schools

November 20, 2019

Diabetes

This session will discuss the top 10 things school personnel need to know about diabetes.

Presenter:

Becky Sulik, RDN LD CDE

December 4, 2019

Medication Management

Presenter:

Michelle Cordova, MSN, RN, NCSN
President, Wyoming School Nurses Association



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January 10, 2019

Adverse Childhood Events

Presenter:

Jennifer Davis

Wyoming Children's Trust Fund

January 24, 2019

****THIS SESSION WAS CANCELED****

February 7, 2019

Hope and Resiliency

Presenter:

Dr. Art Merrell, MD

Psychiatrist

February 21, 2019

The Overlap Between Eating Disorders and Substance Use Disorders

Presenter:

Mary Ryan, MS, RDN, PCSW, CEDRD

Registered Dietitian

March 7, 2019

Impact of Substance Use and Misuse

Presenter:

Rodney Wambeam, PhD

Senior Research Scientist, University of Wyoming

March 21, 2019

Current Clinical Concerns: Vaping and Juuling

Presenter:

Joe D'Eufemia and Hannah Eck

Tobacco Prevention and Control Program, Wyoming Department of Health



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September 20, 2018	<u>Diabetes Module: Pumps, New Technologies, and Practices</u>
October 18, 2018	<u>Tips for School Nurses in Diabetes Care</u>
November 1, 2018	<u>Diabetes Documentation From Start to Finish</u> This session will discuss what paperwork and documentation is needed and/or recommended when a new student comes in with diabetes. The presenter will walk participants through what we recommend for paperwork, how to document, and what should be documented and reported throughout the course of managing this child at school.
November 8, 2018	<u>Current State of Immunizations in the United States: Growing Hesitancy and Myths</u> This session will touch on immunization coverage levels in the U.S. and Wyoming, why immunizations are still important even though some diseases might be rarely seen, and will help debunk some of the common myths surrounding immunizations.
November 29, 2018	<u>Influenza 101</u> This session will discuss the influenza virus and disease, impact on the nation every year, immunization recommendations, and common misconceptions and myths about the disease and immunizations.



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The WyIR School Module: Managing Immunizations and Compliance

January 11, 2018

The Wyoming Immunization Registry will be discussed. Participants will learn how to use the registry to update vaccination histories, manage vaccine inventories, generate forecasts, and more.

Best Practices in Documentation

January 25, 2018

This session will cover some best practices to consider to achieve effective documentation. Common legal issues for school nurses will also be discussed.

Creating the Link Between Early Trauma and Mental Health Stability

February 8, 2018

This session will explore the impacts of early trauma on the developing brains and bodies of young children. The link between trauma and behavior will also be discussed.

Suicide Prevention

February 22, 2018

This session will discuss the risk of youth suicide; how to identify at risk individuals; and, strategies in suicide prevention.

School Nurses: 21st Century Leaders

March 8, 2018

This session will discuss some of the challenges faced when communicating with staff and parents. Strategies will be shared to improve communications and better understand common parental emotional experiences.

Basic Physical Assessments

March 22, 2018

Strategies to consider when conducting basic physical assessments will be shared. Assessment results that require medical provider follow-up will be discussed.



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April 5, 2018

Self-Care: Health and Wellness

This session will discuss the importance of self-care for school nurses, and how participants can use the healthcare knowledge and skills they already possess to take small steps toward wellness.

Barriers to change and strategies for motivation are discussed.

April 19, 2018

Disease Prevention Through School Wellness

The Whole School, Whole Community, Whole Child model is discussed, as well as the Coordinated School Physical Activity Program (CSPAP) for increasing childrens' physical and academic wellness.

May 3, 2018

ECHO in Student Health Debrief and Planning



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September 21, 2017	<u>504s and IEPs: Distinctive Features</u>
October 5, 2017	<u>Health Screenings: Vision, Hearing, Dental</u> This session will discuss the elements of good vision, hearing, and dental screenings to include what to look for and when to refer students for further evaluation.
October 19, 2017	<u>Health Care Plans: Why, Why Not, When and How</u> The session will discuss the need for healthcare plans and why they are done. Real life examples will be shared to model what a healthcare plan might look like.
November 2, 2017	<u>***Rescheduled to November 9***</u>
November 9, 2017	<u>Evidence-Based Sexual Health Curriculum in the Classroom</u> During this session, participants will learn how one Wyoming school district implemented evidence-based sexual health in the classroom and how it leads to healthier relationships.
November 16, 2017	<u>Nutrition: Good Food for Good Mood</u> This session will discuss the role good nutrition plays in students' productivity and health.
November 30, 2017	<u>Tobacco Cessation</u> The Wyoming Tobacco Prevention and Control Program will discuss major components of the Wyoming Quit Tobacco Program. The use of e-cigarettes/vaping will be discussed.



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Trends in Youth Substance Abuse

December 14, 2017

Trends in youth substance abuse (alcohol, marijuana, opioids, etc.) will be discussed and prevention strategies shared.

December 21, 2017

No Session

January 4, 2017

No Session

January 11, 2017

Wyoming Vaccines Rules, Regulations and ACIP Guidelines



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January 12, 2017

Why ECHO for Student Health

Objectives:

1. Be able to discuss the ECHO model and explain how UW ECHO in Student Health will support current efforts to improve student health outcomes.
2. Understand how a state-wide network of professionals in student health can receive professional development training, share resources, co-mentor individual or programmatic cases and support one another through the use ZOOM's videoconferencing platform.

January 26, 2017

Diabetes Overview: Provider orders, IHCP, Emergency Orders and Much More

Discussion will include provider orders, IHCP, emergency orders and more.

February 9, 2017

Tools for Effective Diabetes Management

Objectives:

1. Identify new guidelines for pre-approved diabetes.
2. Identify types of diabetes and the criteria for their diagnosis

February 23, 2017

The Psychosocial and Learning Impacts of Diabetes

Objectives:

1. The impact of hypoglycemia and hyperglycemia on: cognition, motor functioning, learning, and behavior
2. Identification of related psychosocial Issues of students with diabetes
3. Identify interventions to support the student with diabetes in the school setting

March 9, 2017

How to Breathe Better Together: Evaluation, Management and New Advances in Asthma

Objectives:

1. Learn about the use of evidence-based tools to assess and implement asthma care for school students.
2. Help to decrease absenteeism by improving asthma control in school students



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March 23, 2017

Avoiding Poor Asthmatic Outcomes: Care Planning and Care Coordination

Objectives:

1. Attendees will understand the current state of childhood asthma in the United States.
2. Attendees will recognize barriers to successful implementation of national asthma guidelines and asthma care plans.
3. Attendees will understand the role of communication and education in successful asthma management as it pertains to care planning and care coordination.

April 6, 2017

Saving Lives at School: Is the Student With Allergies Adequately Protected?

Objectives:

1. Participants will increase their knowledge of food allergies and other allergies that could result in anaphylaxis
2. Ideas for educating school staff how to better manage student allergies in the absence of school nurse will be discussed.

April 20, 2017

Management of Anaphylaxis: Allergy Policies & Strategies

Objectives:

1. Participants will share allergy policies and procedures as well as learn of how other schools manage allergies and anaphylaxis.

May 4, 2017

Seizures Can Be Scary: Causes and Types

Objectives:

1. Provide appropriate first aid for a student during and after a seizure.
2. Implement a Seizure Action Plan in a school environment utilizing safe practices for medication administration
3. Implement strategies to alleviate psychosocial aspects of epilepsy for students, parents, and teachers.

May 18, 2017

Wrap Up Discussion