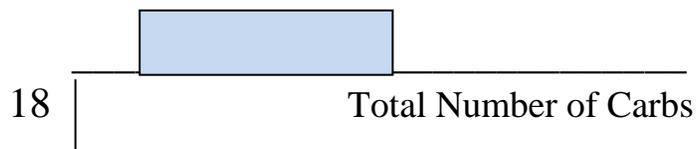


DATE:

**FIGURING NUMBER OF INSULIN UNITS NEEDED FOR CARBS EATEN**

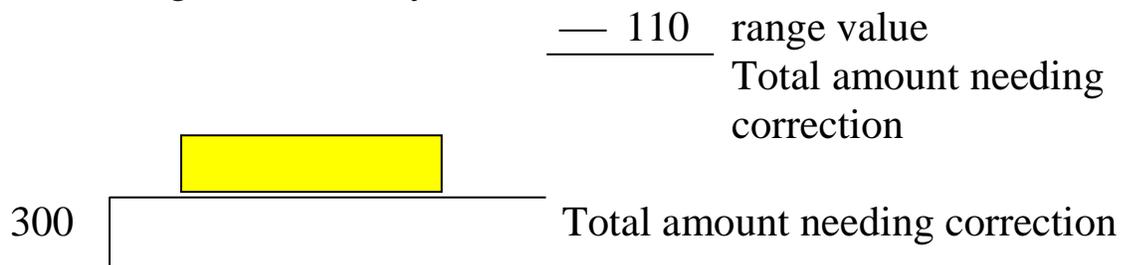
Food Item #1: #Carbs  
Food Item #2: #Carbs  
Food Item #3: #Carbs  
Food Item #4: #Carbs  
Food Item #5: #Carbs  
Food Item #6: #Carbs + \_\_\_\_\_  
Total Number of Carbs

To get units needed:



**FIGURING AMOUNT OF INSULIN WITH CORRECTION FACTOR**

Blood Sugar value today:



Total insulin units for correction:   
Total insulin units from carbs eaten: +   
**Total amount insulin to be given**

**Additional Blood Glucose Checks:**

Time: \_\_\_\_\_ Blood Glucose Value: \_\_\_\_\_  
Time: \_\_\_\_\_ Blood Glucose Value: \_\_\_\_\_