



# EPILEPSY & SEIZURES 24/7 Helpline

## What do we do?

The helpline has trained information specialists standing by to answer your questions about epilepsy and seizures and provide you with support, guidance, and referrals to national and local resources.

## Who do we help?

We can help anyone interested in or affected by epilepsy. This includes:

- People living with epilepsy
- Caregivers and friends of someone with epilepsy
- Anyone who simply wants to learn more about epilepsy

## How can we help you?

The 24/7 Helpline provides compassionate telephone support, answers emails and replies to forum posts on the Foundation's online community site.

Some of the topics our information specialists respond to most often include:

- Treatment options
- Available medicines
- Support groups
- Seizure first aid and safety issues
- Employment, discrimination, and legal
- Emotions and coping
- Getting connected with local Epilepsy Foundation affiliates
- Sudden Unexpected Death in Epilepsy (SUDEP)
- Free information packets



**1-800-332-1000**  
[epilepsy.com/helpline](http://epilepsy.com/helpline)



Para obtener información adicional y materiales impresos con información detallada y actualizada comunícate con nuestra línea gratuita 1-866-748-8008 o visita nuestro sitio web: [www.laepilepsia.org](http://www.laepilepsia.org).

***Providing help, hope and support to people with epilepsy and seizures and their families nationwide.***

Please be aware that the Epilepsy & Seizures Helpline is an information and referral line and is not staffed by clinical professionals. We do not provide medical services, diagnosis, treatment recommendations or laboratory test analysis. Our staff can only provide information based upon published materials that have been approved by the Foundation's Professional Advisory Board and we make referrals to independent resources.