Appointments

Preparing and attending

The *Appointments* section provides information and resources for planning and attending doctors and specialist appointments with your child.

You can have a positive experience and learn at the doctor. Remember:

- Be informed. Read about your child's health condition and track your child's health.
- Ask questions. It can be the easiest way to find the answer.
- Stay positive.
- Be an advocate. No one knows your child better than you!

Bring these items to your appointment:

- A calendar to keep track of appointments, tests, and evaluations.
- Medical insurance card
- Insurance information
- List of medications or medication containers
- Question list
- Pen and notebook to take notes
- Healthy snacks, books, or other items that comfort your child

Appointments section forms

- Getting Ready for Appointments
- Calendar
- Appointment Planning Sheet
- Appointment Information Sheet
- Appointment Log
- Notes

WYOMING family TO family HEALTH INFORMATION CENTER

Wyoming Family to Family Health Information Center
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