



## PAL Program Educational Event Mental Health for Primary Care Providers

Jackson, WY • October 6, 2018  
The Wort Hotel

- 7:45 Breakfast and Registration
- 8:05 **Introduction to the PAL Program** – William French, MD
- 8:20 **Increasing Your Confidence in Treating Pediatric Depression and Anxiety** – William French, MD
- 9:30 Break (10 minutes)
- 9:40 **Motivational Interviewing: An Overview for Primary Care** – Erin Dillon-Naftolin, MD
- 10:50 Break (15 minutes)
- 11:05 **Case Studies** – William French, MD and Erin Dillon-Naftolin, MD
- 12:15 Adjourn

William French, MD  
Child Psychiatrist  
PAL Program Consultant  
Seattle Children's Hospital

Erin Dillon-Naftolin, MD  
Child Psychiatrist  
PAL Program Consultant  
Seattle Children's Hospital

For information on other PAL category I CME events, please visit our website  
[www.seattlechildrens.org/pal](http://www.seattlechildrens.org/pal)

Planning Committee:  
Robert Hilt, MD, PAL Program Director  
Emily Rice, CME Program Manager  
Sophia Marshall, Program Coordinator

Seattle Children's is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Seattle Children's designates this live educational activity for a maximum of 3.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 3.5 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Planners and speakers disclosure that they have no financial relationships with commercial interests. Speakers may reference off-label uses of drugs.