



Cheyenne Regional
Medical Center

ROOTED IN OUR COMMUNITY—
YESTERDAY, TODAY AND TOMORROW

Tele-Behavioral Health in Wyoming: Lessons from the Field

Wyoming Telehealth Network
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Tele-Behavioral Health in Wyoming: Lessons from the Field Panel:

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Tele-Behavioral Health in Wyoming: Lessons from the Field

{ ~ 30 minute panel discussion – followed by 30 minute Q & A }

- **Provide a brief introduction of Cheyenne Regional’s Behavioral Health Unit;**
 - Increase access for patients and puts wheels on the provider, it is what Population Health is all about,
 - Who we are, what we do sort of description,
 - Why Sharon is such a Champion for telehealth use in behavioral health services.

- **Telepsychiatry – to the sites around Wyoming;**
 - Dear Trails – Rock Springs
 - LSR – Afton, Thayne
 - MRSI – Evanston
 - Pioneer Counseling – Evanston
 - YAHA – Evanston
 - Platte Valley Medical Center – Saratoga
 - Weston County Medical Center – New Castle
 - Star Valley – Afton
 - St. Joseph’s - Torrington
 - the mental health/substance abuse centers,
 - developmentally delayed group homes,
 - skilled nursing facilities (dementia),
 - our model (with packet) and why we learned it works.

- **Telepsychiatry – child and adolescent populations PRN for example to St. Jo’s and YAHA.**

- **Telepsychiatry and Teletherapy – in a *direct to consumer model* by self-payment to allow for privacy and comfort of sessions from home or work. Basically treated like another room of our own clinic (Individualized Telehealth Service).**



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- **ED and Inpatient “boarding” for patients awaiting a next available bed for inpatient stay;**
 - telehealth access increases access of case review and/or face time with patients,
 - providing appropriate level therapy programming so active interventions begins in the waiting time.
- **W.S. Title 25 Court Hearings between District Court and patient – from patient’s location;**
 - provides patient ability to stay in medical/clinical location and to appear with appointed attorney, designated examiner, County Attorney and other pertinent witnesses via multipoint, secure, confidential videoconferencing,
 - allows for proceedings to truly be in patient’s best interest and patient-centric, no shackled transports to Court,
 - reduces interruption in transition of multiple cases on docket, increasing efficiencies,
 - while maintaining sight and sound personal observations by all parties.
- **Recent “road trip”** – Heather offers lessons learned and opportunities to overcome impediments identified during her visits.
- **Lesson’s Learned;**
 - Designated site person,
 - Originating site fee of \$25 is difficult to bill for, so most sites do not bill,
 - Technical – have team to rely on, site may not have the same ability
 - Bandwidth and variance on connections is still an issue for some locations in the State
 - IT and Firewalls for other site – some sites pulled out rather than seek a resolution
 - Check in with every site every 3 months to see what is working well or not working, and any changes arising from either site.
- **QUESTIONS**