

Friendship Web

Friendship Activity



Objectives:

1. Identify qualities of good friends.
2. Visualize the emotional strength gained from friendships.

Age:

8 to 12 years.

Length:

Approximately 10 minutes.

Supplies and Materials:

1. A ball of string or yarn for each group of 6 to 8 participants.
2. Three balloons for each group.

Activity Directions:

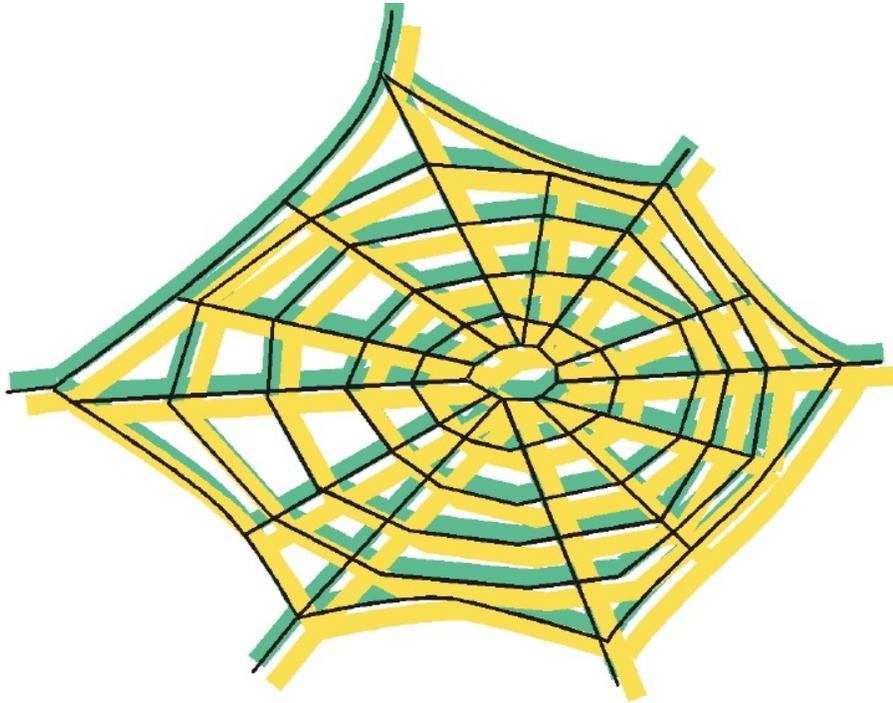
1. Divide into groups of six to eight participants. Have them stand in a circle facing the middle. Distribute one ball of yarn or string and three balloons to each group. Have them blow up and tie the balloons and set them on the ground until later.

2. Share the following directions:

We are going to make friendship webs. Start with one person holding the end of the string and tossing the string ball to another person in the circle. As the ball is tossed, the person tossing says one quality of a good friend. The person who caught the "ball" will hold the end of the string and toss it to a different person while saying another quality of a good friend. Keep holding on to the string so a large web is created. Once each person has the string, send the "ball" back to the first person and stop.

3. After this first round, toss the balloons into the circle and keep them from touching the ground using the string web. Tell participants to think of the balloons as special friends and they need to support these friends. At this point, the web has large holes and the balloons will fall through to the ground.

4. Instruct groups to do a second and third round of sharing and tossing the string, each time in a different order.
5. Again toss the balloons into the circle and keep them from touching the ground using the string web. This time it is much easier as there are more strands to the web.
6. Ask participants to share within their group what they think this activity was trying to show. After a few minutes, have each group share their thoughts.



Take Home Tidbit

Take home slip says the following:

“Ask me about the large friendship web we made at the WIN Kids Fun Day.”

You may reproduce WIN Kids Fun Days activities and handouts for educational purposes but not for sale purposes. Please credit as follows:

WIN Kids Fun Days, Wellness IN the Rockies, www.uwyo.edu/wintherockies

WIN Kids Fun Days • Wellness IN the Rockies
Dept 3354, 1000 E. University Ave • University of Wyoming • Laramie, WY 82071

Wellness IN the Rockies is a community-based research, intervention, and outreach project to improve the health of residents in Idaho, Montana and Wyoming. Supported by award 0004499 through IFAFS (Initiative for Future Agriculture and Food Systems) Competitive Grants Program/USDA. www.uwyo.edu/wintherockies 1011

Friendship Web Page 2

