

*Sample Follow Up Evaluation for WIN Kids Fun Day*

Dear \_\_\_\_\_ (*participant's name*) and family,

Three months ago, you participated in the WIN Kids Fun Day sponsored by \_\_\_\_\_ . We are interested in your thoughts and input about the event to help us make improvements for future programs.

Ask a parent to help you complete this form. There is a part for you to fill out and a part for a parent to fill out. When you are finished, please return in the enclosed envelope (*or explain your procedure for returning this form.*)

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**You complete this part.**

1. What was your favorite activity from the Fun Day?
2. What games, if any, do you still play that you learned at the Fun Day?
3. What snacks do you still make, if any, that you made at the Fun Day?
4. If Fun Day was offered again, would you sign up? (please circle) Yes    No

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**A parent completes this part:**

The Fun Day program focused on food and eating, physical activity and body image. Please circle the response for each of the following statements indicating behavior changes you have noticed since your son or daughter participated in the Fun Day. Add any additional comments that may be helpful.

My child brought home the take-home information and we talked about what he/she learned.                      Yes                      No

Comments:

My child chooses more fruits and vegetables since the Fun Day.    Yes    No  
Comments:

My child is more aware of portions sizes since the Fun Day.    Yes    No  
Comments:

My child chooses to be active more often since the Fun Day.    Yes    No  
Comments:

My child has taught us some of the games from the Fun Day.    Yes    No  
Comments:

My child is more accepting of differences in other people  
since the Fun Day.    Yes    No  
Comments:

Is there anything else you have noticed about your child since participating in the WIN  
Kids Fun Day?

Do you have any other comments?

Thank you for sharing. We appreciate your input.

Sincerely,