

# Potato or Peanut Pal

## Get Acquainted & Size Diversity Activity



### Objectives:

Recognize that people, like potatoes or peanuts, come in a variety of shapes and sizes.

### Age:

8 years and older.

### Length:

Approximately 10 to 15 minutes.

### Supplies and Materials:

Raw potatoes; or whole, unshelled peanuts – one per person.

### Special Considerations:

*Peanut Allergies:* People with severe peanut allergies should not handle peanuts. If this is a concern, use potatoes instead.

### Activity Directions:

1. Distribute one potato or peanut to each participant.
2. Ask participants to study their new pals noticing its unique features such as dents, roundness, and dark or light spots. Have participants name their new pal.
3. After a few minutes, ask each person to introduce themselves to the group by sharing their name. Then have them introduce their new pal sharing its name and unique features.
4. Collect all the pals and put in a large bowl or pile.
5. Ask participants to retrieve their new pal from the pile. Some will think it is not possible because they all look alike.

6. Once pals have been retrieved, discuss how even though these pals look similar and are all the same thing – potatoes or peanuts – they really are unique and different once you get to know them. Ask if this also applies to people. Share that we, as human beings, are all basically the same. And yet, we each are very unique and different. The more time you spend learning about a person, the more you learn about their unique abilities and talents.



**Source:** Many Faces, One People. Diversity Education Packet, National 4-H Council. 1993.

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