Rocky the Stick Figure

Teamwork Activity

Objectives:
1. Experience cooperative play.
2. Work with others as a team to achieve a task.

Age:
8 years and older.

Length:
Approximately 10 minutes.

Supplies and Materials:
None.

Activity Directions:
1. Tell the group to stand and make a large stick figure using every person. For example, several players stand in a circle for the head, others stand in lines for the neck, body, arms and legs.

2. Share the following instructions:

You all are a stick figure named Rocky. In this activity, you will work together to make Rocky complete some very simple tasks.

Rocky, you have an itch on your head. Please scratch it with your right hand.

Rocky, your socks have fallen down on both legs. Please pull them up with both hands.

Rocky, there is a soccer ball coming your way, you need to kick it back with your left leg. . . . Oh, here it comes again! Kick it back with your right leg.

Rocky, you did a good job! Give yourself a hand (clap)!
3. Lead a big cheer for making Rocky such a fun stick figure!

**Take Home Tidbit**

Take home slip says the following:

“Ask me about the big stick figure person we made during the WIN Kids Fun Day.”

---

You may reproduce WIN Kids Fun Days activities and handouts for educational purposes but not for sale purposes. Please credit as follows:

*WIN Kids Fun Days, Wellness IN the Rockies, www.uwyo.edu/wintherockies*