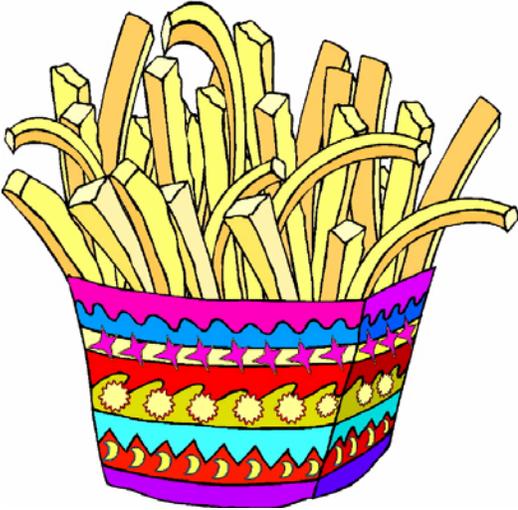


## Your task is to find:

1. A small order of French fries from a fast food restaurant.
2. A super-sized or the largest order of French fries from a fast food restaurant.



## Now that you've found your items, do the following:

1. Count number of fries in the small portion. Place on a paper plate.
2. Count number of fries in the large portion.
3. Make piles showing how many small portions there are in the super-sized portion. Place each portion on a separate plate.
4. There are 10 grams of fat and about 27 French fries in a small order (using information from a common fast food restaurant.)

Multiply 10 by the number of servings or piles you made in step #3 for the total fat in the super-sized portion \_\_\_\_\_

5. Using this chart, measure the fat in the large portion with shortening and measuring spoons. Measure into a clear plastic bag using the bag to remove the shortening from the spoon.

12 grams of fat = 1 Tablespoon of shortening  
4 grams of fat = 1 teaspoon of shortening  
2 grams of fat =  $\frac{1}{2}$  teaspoon of shortening  
1 gram of fat =  $\frac{1}{4}$  teaspoon of shortening

Example: 13 grams of fat would be 1 Tablespoon and  $\frac{1}{4}$  teaspoon of shortening.

## Share what you discovered.