WIN the Rockies Jeopardy
Answers and Questions

Round 3

Let’s Get Physical

100   Two-wheeled type of transportation powered by the legs.
      What is a bicycle?

200   Sport with a large net. The goal is to keep the ball from touching the ground and return it to the other side in 3 hits or less.
      What is volleyball?

300   Time during the school day when you can go outside and be active with your friends.
      What is recess or lunch break?

400   This body organ pumps blood and is a muscle strengthened by physical activity.
      What is the heart?

500   The average number of hours per day U.S. kids spend watching television. ¹
      What are four hours?

Eat Well and Enjoy

100   Food group in MyPlate that this food fits into.
      What is the fruit group?

200   Food group from which we should eat half our servings from whole grains.
      What is the grains group?

300   Two of the five senses you use when you enjoy food.
      What are sight, sound, touch, smell and taste?

400   The pop you get at the movies today is this many times bigger than in the 1950’s. ²
      What are four times? (or 36-ounces more)

500   ** DAILY DOUBLE** Round graphic from the USDA that shows food groups.
      What is the MyPlate?

Every BODY is Different

100   This doll gives us an unrealistic image of a woman’s body.
      What is Barbie™?

200   This small rodent has a long, skinny tail and big ears. It eats insects, seeds, fruits, and flowers. Also a familiar Disney character. ³
      What is a mouse?

300   While using this on a computer, ads can pop-up on the screen trying to sell different products.
      What is the Internet or world wide web?

400   The primary purpose of advertising.
      What is to sell a product or service?

500   One method used by magazines to alter models or their clothes so they look perfect.
      What is computer editing
taping, pinning, or clipping the clothes
              cinching or padding the models?
My Choice

100 My favorite vegetable.
   What are: carrots, broccoli spears, onions, lima beans, or ???

200 One way I can be more physically active.
   What is: skip tv and go to the park, play an outdoor game, walk the dog, walk or ride my bike to school, or ???

300 One way I can make family mealtime enjoyable.
   What is: turn off the television, talk about fun things, sit at a table together, say thanks to the cook, or ???

400 A fruit I can blend with milk to make a yummy smoothie.
   What are: strawberries, bananas, oranges, peaches, or ???

500 One thing I can do to be healthier.
   What is: skip tv to ride my bike, eat when I am hungry, focus on my strengths, drink more milk, be active during recess, or ???

Final Jeopardy – Category Let’s Get Physical
   The three activities that make up a triathlon.
   What are biking, running and swimming?

www.uwyo.edu/wintherockies

