













COOL FACTS ABOUT ORANGES

-  Christopher Columbus brought the first orange seeds and seedlings to the New World on his second voyage in the year 1493.
-  Orange trees are evergreen that can produce leaves, flowers and fruit all at the same time.
-  Oranges are the most produced citrus crop in the world.
-  The two most common varieties of oranges are navel and Valencia oranges.
-  Navel oranges got their name because the bottom looks like a bellybutton or a navel. The bigger the navel in an orange, the sweeter it will be.
-  There is very little waste with this snack, all of which is biodegradable.
-  Oranges are very popular with athletes because they can be easily eaten for a burst of energy.
-  They are nutritious and juicy and make a great snack.
-  One orange contains all the vitamin C your body needs for the day.
-  An orange is named for its color.

These Cool facts were compiled with information from these sources: "Fun facts about oranges," 2000 fact sheet from Dole Food Company's Nutrition and Health Program, accessed at www.dole5aday.com/FoodService/pdfs/FACTSHEET_Oranges.pdf; "Orange" in *The Oxford Companion to Food* by Alan Davidson, Oxford University Press, New York, 1999, pp. 558-559; and Cool Facts about oranges – fun Kid Facts _Sunkist Kids accessed at www.sunkist.com/kids/facts/oranges.

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