



Family and Consumer Sciences
Cent\$ible Nutrition Program
Helping Families Eat Better for Less

UNIVERSITY
OF WYOMING
Cooperative Extension Service

The Last **Orange** on Earth...A Child's View Response Sheet

Appearance	
Smell	
Smell after rolling	
Smell after scraping the peel	
Difference in taste between blossom and stem ends	
Describe this as if it were the last orange on earth.	
Do you usually eat an orange like this? What would happen if you ate all your food like this?	
Additional comments	

The Last **Orange** on Earth...A Child's View is adapted from *The Last Orange on Earth: An activity to teach mindful eating*, accessible at www.uwyo.edu/ces/pubs/MP112-5.pdf.

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