Purpose:
This community-based project was intended to address the growing concern over a lack of type 2 diabetes education in Torrington, WY.

Background:
- 6,800 people, farming and agriculture
- 19.3% over 65 (State average= 12.4%)
- 42% higher diabetes rate in Torrington than state average
- Growing concern by public health officials over type 2 diabetes
- Program already in place: DEEP (needed volunteers)

Methods:
- Demographic analysis shared with program directors
- Literature review assessed effectiveness, outcomes, and suggestions for DEEP
- Recruitment of community members to teach at local community college, fire department, EMT training instructor, hospital, local medical clinic, senior center, etc.

Results:
- Information given to DEEP coordinators:
  1. Relationship between diabetes related health outcomes and socioeconomics
  2. Community based education Vs. Traditional medical education
  3. Suggestions from other community based programs
  4. Demographic analysis
  5. [Castillo et al 2010], effectiveness of DEEP (A1C, hypertension, BMI, depression, etc.)
- Finding two people to teach the course is still ongoing, but a foundation of recruitment was created and options are still available.

Discussion:
- Difficulties with community involvement and recruitment
- Funding (currently volunteer)
- Courses held 2 times per year, with six classes per course.
- “Stranger effect”- lack of connections and small town mentality