# WYOMING DEMENTIA RESOURCE GUIDE

# FOR CAREGIVERS, FAMILIES, & FRIENDS

# **Central Region**



Counties: Natrona, Converse and Carbon Counties

Larger towns include: Casper, Douglas, Rawlins



Alcova Reservoir near Casper, WY



Wyoming Center on Aging

#### Introduction to this guide:

Caring for a person with Alzheimer's disease or another form of dementia can pose many challenges. It can be difficult to know when help is needed and where to turn. The Wyoming Center on Aging (WyCOA) provides this guide as a source of important information about Wyoming dementia resources available to caregivers, families, and friends.

The WyCOA Dementia Resource Guides, representing the five regions of Wyoming, contain local resources specific to the region as well as reputable national resources and statewide Wyoming resources. These guides present user-friendly information that is particularly useful to those impacted by Alzheimer's disease.

In addition to printed copies of the guides, the most up-to-date version of each guide is available at www.uwyo.edu/wycoa in the "Resources on Aging" tab. We welcome your feedback regarding the usefulness of this guide. If there is a resource or information that should be considered for future versions, please let us know.

We hope you find this guide to be useful.

Sincerely,

The WyCOA Team



The Wyoming Center on Aging (WyCOA) has a mission to optimize the health and wellbeing of Wyoming's older residents and their caregivers through interagency partnerships, basic and applied

research, community education, and clinical training and services. www.uwyo.edu/wycoa | wycoa@uwyo.edu | (307) 766-2829

#### **ONLINE VERSION**

Visit www.uwyo.edu/wycoa to download a PDF of the most up-to-date version of this guide.

(UPDATED AUGUST 2022)

#### CONTENTS

| National Resources  | 4  |
|---|----|
| Alzheimer's Association   | 4  |
| Alzheimers.gov  | 4  |
| Alzheimer's Foundation of America (AFA)                                 | 4  |
| Family Caregiver Alliance   | 5  |
| National Institute on Aging: Alzheimer's Disease Education and Referral | 1  |
| (ADEAR)   | 5  |
| State Resources   | 6  |
| Adult Protective Services (APS)   | 6  |
| Alzheimer's Association – Wyoming Chapter                               | 6  |
| Veterans Affairs Medical Center   | 6  |
| National Academy of Elder Law Attorneys                                 | 7  |
| Wyoming Center on Aging (WyCOA)   |    |
| Wyoming Department of Health - Aging Division, Community Living         |    |
| section   | 8  |
| Wyoming Guardianship Corp   | 9  |
| Wyoming Senior Citizens, Inc  |    |
| Wyoming Veterans Commission   | 9  |
| Local Resources – Central Region  | 10 |
| Specialists/Hospitals/Medical Clinics                                   | 10 |
| Caregiver Support and Resources   | 13 |
| WyCOA Dementia Support Services   | 13 |
| Legal and Financial Planning  | 16 |
| Transportation  | 18 |
| Hospice/Home Health   | 19 |
| Assisted Living   | 23 |
| Nursing homes with memory care  | 25 |
| Meals/Daily Planning  | 26 |
| Veterans Resources  | 27 |
| Senior Companion Program  | 28 |
| Mental Health   | 29 |
| Other Services  | 30 |
| Senior Centers  | 35 |

#### NATIONAL RESOURCES

#### ALZHEIMER'S ASSOCIATION

Helpline: 1-800-272-3900

Https://www.alz.org

The Alzheimer's Association is dedicated to providing updated information, resources, and support to any person suffering from Alzheimer's or caring for those with Alzheimer's.

#### ALZHEIMERS.GOV

Thttps://www.alzheimers.gov

Online resource that connects people to care, treatment, financial info, and general info about Alzheimer's.

ALZHEIMER'S FOUNDATION OF AMERICA (AFA)

**1**-866-232-8484

 $\boxtimes$  info@alzfdn.org

<sup>1</sup> https://www.alzfdn.org/

Online resource that connects people to care, treatment, support groups, social services, and general info about Alzheimer's.

#### FAMILY CAREGIVER ALLIANCE

**1**-800-445-8106

H www.caregiver.org

Provides education, services, research, and advocacy for caregivers.

NATIONAL INSTITUTE ON AGING: ALZHEIMER'S DISEASE EDUCATION AND REFERRAL (ADEAR)

**1**-800-438-4380

🖂 adear@nia.nih.gov

#### Websites:

Dementia: https://www.nia.nih.gov/health/topics/dementia

*Alzheimer's Disease:* https://www.nia.nih.gov/alzheimers

#### STATE RESOURCES

#### ADULT PROTECTIVE SERVICES

**2** 307-777-7564 | 307-886-9232

<sup>1</sup> https://dfs.wyo.gov/services/elderly-anddisabled/adult-protection-services/

APS is a social services program provided by state and local government's nationwide serving seniors and adults with disabilities who are in need of assistance. See website for specific county information.

ALZHEIMER'S ASSOCIATION – WYOMING CHAPTER

**2** 307-316-2892 ext. 8295

2232 Dell Range Blvd. Ste. 220 | Cheyenne, WY 82009

Thttp://www.alz.org/wyoming/

The Alzheimer's Association - Wyoming Chapter is dedicated to providing updated information, resources, and support to any person suffering from Alzheimer's or caring for those with Alzheimer's.

VETERANS AFFAIRS MEDICAL CENTER

**Cheyenne** | 307-778-7550 | 307-778-7349

2360 E. Pershing Blvd. | Cheyenne, WY 82001

thttp://www.cheyenne.va.gov/

Page 6 of 40

# **Sheridan** | 307-672-3473

Community living center, clinical psychology, geriatric mental health, mobile tele-health, in-patient hospice, home health and in-home care, and in-patient respite services.

Caregiver Support Program: 1-855-260-3274

NATIONAL ACADEMY OF ELDER LAW ATTORNEYS

#### Kelly Davis – Davis Elder Law Office, P.C.

- **2** 307-433-0921
- 1807 Capitol Ave. Ste. 200B | Cheyenne, WY 82001
- 1 https://djkwyolaw.com/

#### Lance Harmon – BSHC Law Group

- **2** 307-638-7745
- 221 E. 21<sup>st</sup> St. | Cheyenne, WY 82001
- ⊠ lth@bshclawgroup.com

<sup>1</sup> http://www.bshclawgroup.com/

#### Laura Jackson – Jackson & Ojeda, LLC

- **2** 307-634-5735
- 2300 pioneer Ave | Cheyenne, WY 82001
- DO Box 21959 | Cheyenne, WY 82003

Page 7 of 40

🖂 laura@jacksonojeda.com

#### Brianne Sherman – Long, Reimer, Winegar, Beppler, LLP

**2** 307-635-0710

2120 Carey Ave. Ste. 300 | Cheyenne, WY 82001

PO Box 87 | Cheyenne, WY 82003

⊠ bsherman@lrw-law.com

<sup>1</sup> http://lrw-law.com/

WYOMING CENTER ON AGING (WYCOA)

**1**-307-766-2829

🖾 wycoa@uwyo.edu

thtp://www.uwyo.edu/wycoa/

The Center provides reliable and updated information and educational resources on aging and caregiving.

WYOMING DEPARTMENT OF HEALTH – AGING DIVISION, COMMUNITY LIVING SECTION

**2**307-777-7986 | 1-800-442-2766

wyaging@wyo.gov

Thttps://health.wyo.gov/aging/

The Wyoming Department of Health's Aging Division is committed to providing care, ensuring safety and

Page 8 of 40

promoting independent choices for Wyoming's older adults. The Community Living section serves to increase self-sufficiency, safety, health, and wellness of Wyoming's older adults and people with disabilities in the least restrictive environment while supporting their caregivers.

WYOMING GUARDIANSHIP CORP.

**2** 307-635-1794

De Box 2778 | Cheyenne, WY 82003

<sup>1</sup> http://www.wyoguardianship.org/

Increase public awareness of guardianship and the alternatives to guardianship by providing problem solving, advocacy, public education and in-service training.

WYOMING SENIOR CITIZENS, INC.

**2** 307-856-6880 | 1-800-856-4398

Thttp://www.wyomingseniors.com/

National Family Caregiver Support Program, Senior Companion Program, Long-term Care Ombudsman (older adult advocacy), WY State Health Insurance Info Program, Senior Medicare Patrol Program.

\*National Caregiver Support Program - see individual counties.

WYOMING VETERANS COMMISSION

Page 9 of 40



**\*** 1-800-833-5987

<sup>1</sup> http://wyomilitary.wyo.gov/veterans

Wyoming Veterans Commission Service Officers inform veterans and family members about state and federal benefits. They assist veterans with forms, claims, awards, records, and VA Health Care and answer veteran-related questions.

#### LOCAL RESOURCES – CENTRAL REGION

SPECIALISTS/HOSPITALS/MEDICAL **CLINICS** 

#### CARBON

# Memorial Hospital of Carbon County

**2** 307-324-8934

2221 W. Elm St. | Rawlins, WY 82301

<sup>1</sup> http://www.imhcc.com/

Provides general medical and surgical care for inpatient, outpatient, and emergency room patients and participates in the Medicare and Medicaid programs. Services include Wyoming Home Services, PT, and social services.

#### **CONVERSE**

#### Memorial Hospital of Converse County

**2** 307-358-2122

111 S. 5<sup>th</sup> St. | Douglas, WY 82633

<sup>1</sup> http://www.conversehospital.com/

Critical access hospital. Services include PT, OT, speech therapy, and surgery.

# NATRONA

# **Community Health Center of Central Wyoming**

**2** 307-233-6000



5000 Blackmore Rd. | Casper, WY 82609

<sup>1</sup> http://www.chccw.org

Services include internal medicine, chronic disease management, preventative care, senior care, patient health education, case management, initial depression evaluation, routine physical exams, and Spanish translation services.

# **Rocky Mountain Family Medicine**

**2** 307-315-6133

5840 E. 2<sup>nd</sup> St. Ste. 200 | Casper, WY 82609

<sup>1</sup> http://www.rockymountainfamilymed.com

Services include family medicine, chronic disease management, and acute illness management.

# University of Wyoming Family Medical Residency **Clinic: Wyoming Family Practice**

**2** 307-234-6161

🙀 1522 E. A St. | Casper, WY 82601

1 http://www.uwfmrpcasper.com/

Medical services include comprehensive geriatric care, geriatric assessment team, mental health assessment and treatment, wound care, dementia evaluation and management, inpatient palliative care, end-of-life care, and medication management. Services also include transitions of care among assisted living homes, nursing homes, hospital and hospice care, home visits, and coordinated home health care services.

# Western Medical Associates, P.C.

**2** 307-577-5100

Main Location: 6500 E. 2nd St. | Casper, WY 82609

West Location: 3230 CY Ave. | Casper, WY 82604

<sup>1</sup> http://westmeddocs.com/

Family health care clinic and diagnostic imaging.

# Wyoming Behavioral Institute

**2** 307-237-7444 | 800-457-9312

2521 E. 15<sup>th</sup> St. | Casper, WY 82609

1 http://www.wbihelp.com/

Adult and senior treatment and educational services.

# Banner Wyoming Medical Center

**2** 307-577-7201

# 21233 E. 2<sup>nd</sup> St. | Casper, WY 82601

<sup>th</sup>ttps://www.bannerhealth.com/locations/casper/w yoming-medical-center

#### Wyoming Neurologic Associates

🖀 307-265-4343 |1-855-39-BRAIN

2546 E 2nd St, #600 | Casper WY 82609

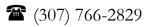
info@wyoneuro.com

<sup>1</sup> http://www.wyoneuro.com/

Medical services include emergency, heart and vascular, life flight, primary care, and surgery.

CAREGIVER SUPPORT AND RESOURCES

#### WyCOA Dementia Support Services



1000 E University Ave, | Laramie, WY 82071

 $\bowtie$  info@livhealth.com

Https://livhealth.org

Support, education, and resources for people dealing with dementia, their families and friends, and the community.

# **County Public Health**



**\*** 307-235-9340

phncasper@wyo.gov

# LIV Health

**(307)** 630-4729

🖂 wycoa@uwyo.edu

Https://livhealth.org

LIV Health is a team of caring, experienced mental health and medical professionals, working one-on-one with our patients to navigate paperwork, create care plans, provide counseling and more.

# CARBON, CONVERSE

# National Family Caregiver Support Program

**2** 307-856-6880 | 1-800-856-4398

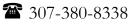
106 West Adams Ave. | Riverton, WY 82501

Kathy Brogdon, NFCSP Manager | fcrmgr@wyoming.com

Http://www.wyomingseniors.com/services/

Provides support for the caregiver caring for a functionally dependent older adult.

# The Assisted Living Facility





⊠ lsrvillage@gmail.com

Committed to providing and maintain uninterrupted quality care and other related services to the Little Snake River Valley focusing in the elderly. Provides a bus for transportation, home makers.

# **Glenrock Senior Center**

**2** 307-463-9376

🕰 615 W. Deer St. | Glenrock, WY 82637

⊠ ccaswy@gmail.com

The Center has home delivered meals, nutritional counseling, diabetic support groups, blood pressure clinics, immunizations, blood sugar readings, foot and nail clinics, exercise classes, recreational activities, a thrift shop and handicap accessible transportation.

# NATRONA

# Wyoming Dementia Care

**2** 307-265-4678

Casper Senior Center | 1831 E. 4<sup>th</sup> St. | Casper, WY 82601

Http://www.wyomingdementiacare.com

Wyoming Dementia Care is a 501(c)3 not-for-profit organization dedicated to helping the families and caregivers of those with Alzheimer's disease and dementia-related illnesses. WDC services to caregivers and families are free and can begin at the first indication of dementing behavior.

#### Central Wyoming Hospice & Transitions

**2** 307-577-4800

🙀 319 S. Wilson St. | Casper, WY 82601

http://www.cwhp.org

Provides respite services for the community.

# National Family Caregiver Support Program

**2** 307-235-5959 | 1-877-634-1006

251 Werner Ct. Ste. 295 | Casper, WY 82601

⊠ casfcrscp@wyoming.com

Provides respite services for the community.

# Family Caregiver Program – Casper Senior Center

**2** 307-265-4678

🙀 1831 E 4th | Casper, WY 82601

Thttps://casperseniorcenter.com/

Respite care, errand running, case management, counseling, education, loan closet.

# **\*\***See matrix for senior center listings beginning on page 35.

#### LEGAL AND FINANCIAL PLANNING

# CARBON

#### Brown & Hiser, LLC

**2** 307- 745-7358

🕰 163 North 4th St. | Rawlins, WY 82301

D.O. Box 971 | Laramie, WY 82073

Thttps://www.brownandhiser.law/

Estate planning; housed in the Bank of the West blg.

# MacPherson, Kelly & Thompson, LLC

**2** 307-324-2713

M mktlaw@wyomingattorneys.net

🕰 616 W. Buffalo St. | Rawlins, WY 82301

<sup>1</sup> http://www.wyomingattorneys.net/

Estate planning.

# CONVERSE

# None

# NATRONA

# Williams, Porter, Day and Neville

**2** 307-265-0700

159 N. Wolcott St. Ste. 400 | Casper, WY 82601

<sup>^</sup>⊕ http://wpdn.net/

Estate planning and probate.

#### TRANSPORTATION

\*\*See matrix for senior center services starting on page 35.

#### CARBON

#### The Assisted Living Facility

**2** 307-380-8338

🙀 360 Whippoorwill Dr. | Baggs, WY 82321

⊠ lsrvillage@gmail.com

Committed to providing and maintain uninterrupted quality care and other related services to the Little Snake River Valley focusing in the elderly. Provides a bus for transportation, home makers

#### CONVERSE

#### **Do-Go Transportation**

**2** 307-554-0391

🙀 615 E. Deer St. | Glenrock, WY 82637

DO Box 783 | Glenrock, WY 82637

Local and distance transportation to Casper from Douglas or Glenrock. Call for pricing and schedule.

#### NATRONA

#### **Casper Area Assist**

**2** 307-235-8273

🙀 1715 E. 4<sup>th</sup> St. | Casper, WY 82601

https://www.casperwy.gov/residents/roads\_and \_parking/metropolitan\_planning\_organization/casper\_ area\_transit\_

Offers door-to-door transportation services primarily for elderly and disabled. Call for reservation no later than 3:00 pm the day before.

#### HOSPICE/HOME HEALTH

<u>Hospice</u>: Facility or program that provides an environment to help meet the emotional and physical needs of the terminally ill.

<u>Home Health</u>: Medical care (including skilled nursing, etc.)

<u>Home Care</u>: Housekeeping, errands, meal preparation, etc.

<u>PT: Physical Therapy</u> – Treatment by physical methods.

<u>OT: Occupational Therapy</u> – Therapy that encourages rehabilitation through activities required in daily life.

<u>SLP: Speech Language Therapy</u> – Assess, diagnose, treat, and help to prevent communication and swallowing disorders.

# CARBON

# Rawlins Rehabilitation & Wellness

**2** 307-324-2759



<sup>1</sup> https://www.empres.com/location/rawlins-rehabwellness/ Long-term care including dementia care, palliative care and hospice care.

# Memorial Hospital of Carbon County – WyHS/Home Health Care

**2** 307-324-8934

🕰 221 W. Elm St. | Rawlins, WY 82301

<sup>1</sup> http://www.imhcc.com/getpage.php?name=wyhs

The program provides services to people 18 years of age or older who have trouble performing daily tasks on their own. Services include nursing care, PT, and home health aide services.

# Premium Health at Home, LLC

**2** 307-324-9356

🔁 515 3<sup>rd</sup> St. | Rawlins, WY 82301

Home health services for Rawlins area.

# Public Health – Rawlins

**2** 307-328-2607

🕰 215 W. Buffalo St. | Rawlins, WY 82301

D PO Box 1013 | Rawlins, WY 82301

Http://www.carbonwy.com/publichealth.html

Adult health maintenance program for elderly patients needing follow-up care, in-home care, and foot care.

# Public Health – Saratoga

**2** 307-328-2607

🙀 201 S. River St. | Saratoga, WY 82331

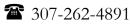
DO Box 39 | Saratoga, WY 82331

Http://www.carbonwy.com/publichealth.html

Adult health maintenance program for elderly patients needing follow-up care, in-home care, and foot care.

#### CONVERSE, NATRONA, CARBON

# Mels Helping Hands



6000 Sycamore Rd. | Cheyenne, WY 82009

info@melshelpinghands.com

<sup>1</sup> https://www.melshelpinghands.com/

Mel's offers customized and personal care for your senior or veteran

# Intermountain Home Health, Inc

- **2** 307-337-2772
- 800 Werner Ct #125. | Casper, WY 82601
- 1 https://intermountainhome.com

\*\*See matrix for senior center listings beginning on page 35.

#### NATRONA

#### Home Instead Senior Care

**2** 307-224-4421

940 E. 3rd | Casper, WY 82601

1 https://www.homeinstead.com/location

#### **Casper Home Health**

**2** 307-439-4110

🙀 3211 Energy Lane #310 | Casper, WY 82604

Https://casperhomehealth.com

#### Sharon's Home Health

**2** 307-473-6889

🙀 141 S. Center St | Casper, WY 82601

# Humble Horizon Home Care

🙀 152 N Durbin St, #320. | Casper, WY 82601

Https://humblehorizonhomehealth.com/contact-us

# Casper In Home Care, LLC

**2** 307-251-4432

4050 S. Poplar St. | Casper, WY 82601

1 http://casperinhomecare.com/

In-home care and respite services.

# Central Wyoming Hospice & Transitions

Page 22 of 40

**2** 307-577-4832

🙀 319 S. Wilson St. | Casper, WY 82601

http://www.cwhp.org

Transitions is a pre-hospice program in which clients can seek curative treatment. Case management, volunteer, and respite services also provided. Hospice provides outpatient hospice care with nurses available 24 hours a day. Serves Casper, Glenrock, Alcova, and Edgerton.

#### Enhabit Home Health Care & Hospice

**2** 307-234-6684

907 N. Poplar St. Ste. 153 | Casper, WY 82601

<sup>1</sup> https://www.ehab.com/

#### Interim Healthcare of Wyoming, Inc.

**2** 307-266-1152

1010 E. 1<sup>st</sup> St. Ste. A | Casper, WY 82601

Home health care services.

# \*\*See matrix for senior center listings starting on page 35.

ASSISTED LIVING

# CARBON, CONVERSE

#### None

NATRONA

# Garden Square Assisted Living of Casper

**2** 307-472-1153

🙀 1950 S. Beverly St. | Casper, WY 82609

Http://www.gardensquarecasper.com

Assisted living that offers independent living options and daily support services.

# Meadow Wind Assisted Living Community

**2** 307-577-3045

🙀 3955 E. 12<sup>th</sup> St. | Casper, WY 82609

Https://edgewoodseniorliving.com/

Assisted living, short-term stays, and memory care.

# Mountain Plaza Assisted Living

| T | 307-232-0100 |
|---|--------------|
|---|--------------|

🕰 4154 Talon Dr. | Casper, WY 82604

1 http://mountainplazal.com/

# Edgewood Park Place Assisted Living

**2** 307-265-2273

😰 1930 E. 12<sup>th</sup> St. | Casper, WY 82601

<sup>1</sup> https://edgewoodseniorliving.com/community/par k-place-in-casper-wy

Assisted living facility that provides help with daily tasks, meal preparation, mobility, bathing, and dressing.

#### Primrose Retirement Community of Casper

**2** 307-266-4800

🙀 1865 S. Beverly St. | Casper, WY 82609

Casper@primroseretirement.com

<sup>1</sup> http://www.primroseretirement.com/casperwyoming-senior-care-communities/

Assisted living facility with 24-hour nursing staff, wellness programs, transportation, bathing assistance, and meal preparation.

NURSING HOMES WITH MEMORY CARE

CARBON

None

CONVERSE

**Douglas Care Center** 

**2** 307-358-3397

🙀 1108 Birch St. | Douglas, WY 82633

<sup>1</sup> http://douglascarecenter.com/

Services include nursing, Alzheimer's and dementia care, rehabilitation, social services, and activities.

# NATRONA

# Mountain Plaza Assisted Living & Memory Care

**2** 307-232-0100

4154 Talon Driver | Casper, WY 82604

1 http://mountainplazaassistedliving.com/

# Life Care Center of Casper

**2** 307-266-0000

🕰 4041 S. Poplar St. | Casper, WY 82601

Https://lcca.com/locations/wy/casper/

Skilled nursing, long-term care, hospice care, inpatient and outpatient rehabilitation.

# Casper Mountain Rehabilitation Center

**2** 307-237-2561

🕰 4305 S. Poplar St. | Casper, WY 82601

# Shepherd of the Valley Rehab & Wellness

**2** 307-234-9381

🕰 60 Magnolia St. | Casper, WY 82604

<sup>1</sup> https://www.empres.com/location/shepherd-ofthe-valley-rehabilitation-and-wellness

# MEALS/DAILY PLANNING

\*\*See matrix for senior center listings starting on page 35.

# NATRONA

#### Natrona County Meals on Wheels

**2** 307-265-8659

🙀 1760 E. 12<sup>th</sup> St. | Casper, WY 82601

⊠ jamie@mealswheels.com

1 http://www.mealswheels.com/

Delivers hot noon meals and frozen evening/weekend meals to elderly community members within Casper, Evansville, Bar Nunn, Mills, and Mountain View. Delivers to Midwest and Edgerton one day a week.

# \*\*See matrix for senior center listings starting on page 35.

VETERANS RESOURCES

Wyoming Veterans Commission 307-214-2112

🙀 5410 Bishop Blvd. | Cheyenne, WY 82009

<sup>(†)</sup>http://www.wyomilitary.wyo.gov/resources/veteran /benefits-resources-military-records/

Contact to learn about federal and state veterans' benefits, health care, VA disability, and pension claims.

# CARBON

# **Rawlins Primary Care Telehealth Outpatient Clinic**

**2** 307-324-5578

1089 E. Daley St. | Rawlins, WY 82301

<sup>•</sup> Va.gov/cheyenne-health-care/ Primary care services delivered through real time clinical video

#### NATRONA

#### The Casper Vet Center

**2** 307-261-5355 | 1-877-927-8387

₩ 1030 N. Poplar St. Ste. B | Casper, WY 82601 www.vetcenter.va.gov

Provides free counseling to eligible veterans.

#### Veteran Medical Services – Casper VA Clinic

**2** 307-253-4143

🙀 4140 S. Poplar St. | Casper, WY 82601

General practice clinic providing comprehensive outpatient medical care for veterans.

#### SENIOR COMPANION PROGRAM

# CARBON, CONVERSE, NATRONA

**2** 307-235-5959 | 1-877-634-1006

251 Werner Ct. Ste. 295 | Casper, WY 82601

⊠ casfcrscp@wyoming.com

<sup>1</sup> http://www.wyomingseniors.com/services/seniorcompanion-program.

Companions serve adults age 21 and over who need help in order to remain living independently at home. Companions are trained to assist adults with all kinds of tasks, such as simple chores around the home that are essential, but often impossible for the homebound person to accomplish on their own. Companions are caring individuals age 55 or over.

Local Station Phone Numbers:

Douglas: (307)-358-4348

Rawlins: (307)-328-0320

MENTAL HEALTH

CARBON

None

CONVERSE

High Country Behavioral Health

**2** 307-358-2846

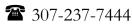
🙀 1841 Madora Ave. | Douglas, WY 82633

A http: hcbh.org

utilizes evidence-based treatment methods that empower individuals to regulate emotions, manage stress, build healthy relationships, and achieve personal goals that add value and purpose to life.

#### NATRONA

#### Wyoming Behavioral Institute



2521 E. 15<sup>th</sup> St. | Casper, WY 82609

Page 29 of 40

A behavioral health hospital that offers adult and senior treatment.

# Wyoming Neurologic Associates

**2** 307-265-4343

2546 E. 2<sup>nd</sup> St. Ste.600 | Casper, WY 82609

Thttp://www.wyoneuro.com/

Work to achieve a healthy mind and body using advanced technology to support highly trained specialists who engage the whole person to develop an all-encompassing plan of care

# Central Wyoming Counseling Center

**2** 307-237-9583

🙀 1430 Wilkins Cir. | Casper, WY 82601

𝗘 https://www.cwcc.us/

Provides services including behavioral health services, recovery support services, and residential programs.

# Park Ridge Behavioral Health Care, LLC

**2** 307-462-4876

🕰 6500 E 2nd St. | Casper, WY 82609

1 http://www.prbhealth.com/

Assist patients seeking wellness.

#### OTHER SERVICES

# Larimer County Office on Aging

**2** 970-498-7750

1501 Blue Spruce | Fort Collins, CO 80524

<sup>1</sup> https://larimer.co.networkofcare.org/aging/

Contact for aging services in Larimer County.

#### Nebraska Department of Health and Human Services- State Unit on Aging

**a** 402-471-2307

301 Centennial Mall South, Lincoln, NE 68509

D PO Box 95026 | Lincoln, NE 68509

DHHS.Aging@nebraska.gov

<sup>1</sup> https://dhhs.ne.gov/pages/Aging.aspx

Contact for aging services in Nebraska.

# CARBON

Project Lifesaver - Carbon County Sheriff's Office

**2** 307-324-2776

415 W. Pine St. | Rawlins, WY 82301

D.O. Box 190 | Rawlins, WY 82301

Thttp://www.projectlifesaver.org/

The primary mission of Project Lifesaver is to provide timely response to save lives and reduce potential injury for adults and children who wander due to Alzheimer's, autism, and other related conditions or disorders.

# CARBON, CONVERSE

#### Wyoming Senior Citizens, Inc. Long-term Care Ombudsman Program

**2** 307-634-1010 | 1-877-634-1005

3120 Old Faithful Road, Ste. 200 | Cheyenne, WY 82001

# NATRONA

#### The Arc of Natrona County

**2** 307-577-4913

🕰 355 N. Lincoln St | Casper, WY 82601

DO Box 393 | Casper, WY 82602

Providing assistance and navigation of the Wyoming State Medicaid Waiver, including referrals, evaluations, navigation, and support. Also serves Converse county and Johnson county.

#### Mehalek Karlla

**2** 307-234-0789

425 Copper Ave. | Evansville, WY 82636

Provides homes for the disabled as well as residential care and residential care services.

# Project Lifesaver – Natrona County Sheriff's Office

**2** 307-235-9307

201 N. David St. # 2 | Casper, WY 82601

Http://www.projectlifesaver.org/

The primary mission of Project Lifesaver is to provide timely response to save lives and reduce potential injury for adults and children who wander due to Alzheimer's, autism, and other related conditions or disorders.

#### Wyoming Senior Citizens - Senior Companion Program

Tasper: 307-235-5959 |1-877-634-1006

951 Werner Ct. Ste. 295 | Casper, WY 82601

PO Box BD | Riverton, WY 82501

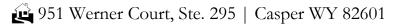
Casfcrscp@wyoming.com

<sup>1</sup> http://www.wyomingseniors.com/services/seniorcompanion-program

A dual-purpose program that provides volunteer roles and benefits for low-income senior citizens who assist other adults with special needs, primarily in their own homes. The goal is to encourage independent living, thereby delaying or avoiding institutionalization.

#### Wyoming Senior Citizens, Inc. Long-term Care Ombudsman Program

**2** 307-235-5959 | 1-877-634-1006



Scpfgp@wyoming.com

#### Wyoming Senior Citizens – Senior Medical Patrol Program/State Health Insurance Information

**2** 307-235-5959 | 1-877-634-1006

🙀 951 Werner Ct. Ste. 295 | Casper, WY 82601

🖂 caswshiip@wyoming.com

Http://www.wyomingseniors.com/services/

Senior Patrol Program - Recruits and trains volunteers, partners, and senior citizens about how to prevent, recognize, and report health care fraud.

*State Health Insurance Information -* Program to help seniors and others understand Medicare and answer questions.

# SENIOR CENTERS

| NY OF CONCESSION              | FREE CARD VI SAN SANCE                              | Sind State of the state   | safe pole safe constants   | And the second s |
|-------------------------------|---|---|--|--|
| County                        | Natrona   | Carbon  | Converse   | ्री <sup>क</sup> ्ष <sup>क</sup> ्ष <sup>क</sup> ्ष<br>Carbon  |
| Contact Info                  | 1831 E 4th St.<br>Casper, W Y 82601<br>307-265-4678 | Kathy Iskra<br>408 Boxelder St.<br>Dixon, W Y 82323<br>307-383-7892 | Kathy Matson<br>PO Box192<br>340 1st. St. West<br>Douglas, WY 82633<br><b>307-358-4348</b><br>dltaylor@vcn.com | Debbie McCartney<br>Bridge & Spruce<br>Elk Mountain, WY 82324<br>307-348-7387  |
| On-site Meals                 | YES   | YES   | YES  | YES  |
| Home-delivered<br>Meals       |   | YES   | YES  | YES  |
| Home Care<br>Services         | YES   |   | YES  |  |
| Caregiver Support<br>Services | YES   |   |  |  |
| Transportation<br>Services    |   | YES   | YES  | YES  |
| Home Health Care<br>Services  |   |   |  |  |
| Medicare<br>Information       |   |   | YES  |  |
| Hospice                       |   |   |  |  |
| On-site Respite               |   |   |  |  |
| In-home Respite               | YES   |   | YES  |  |
| Caregiver Respite<br>Services | YES   |   | YES  |  |
| Other Services                | YES   |   | YES  |  |

|                                   | /                   | /                           | /               |
|-----------------------------------|---------------------|-----------------------------|-----------------|
| - Series needen (Series           | and about the       | centre catron               | HE COUNTED TO A |
| Street and Carl and Carl and Carl | HARD AND CONTRACTOR | Neter Cate Asher of Science | AL COMPANY      |
| dent                              | Hanne Affilic (18). | Medil Cane Affilit City     | -Nutron where   |

|                               | /0   | 14 6 0   | 14.0 6.0   | 12 2   |
|-------------------------------|--|--|--|--|
| County                        | Converse   | Carbon   | Carbon   | Natrona  |
| Contact Info                  | Kathy Matson<br>PO Box 783<br>615 W. Deer St.<br>Glenrock, WY 82637<br><b>307-436-9442</b><br>ccaswy l@gmail.com | Donna Pipher<br>1007 Trona Ct.<br>Hanna, WY 82327<br><b>307-325-9232</b> | Lisa Bata<br>520 Utah St.<br>Medicine Bow, WY 82329<br><b>307-379-2270</b> | Nicole Tholson<br>1760 E 12h St.<br>Casper, WY 82601<br><b>307-265-8659</b><br>nicole@mealswheels.com<br>mealsonwheels@mealsonwheels.com |
| On-site Meals                 | YES  | YES  | YES  | n/a  |
| Home-delivered<br>Meals       | YES  | YES  | YES  | YES  |
| Home Care<br>Services         | YES  |  |  | n/a  |
| Caregiver Support<br>Services |  |  |  | n/a  |
| Transportation<br>Services    | YES  | YES  | YES  | n/a  |
| Home Health Care<br>Services  |  |  |  | n/a  |
| Medicare<br>Information       | YES  |  |  | n/a  |
| Hospice                       |  |  |  | n/a  |
| On-site Respite               |  |  |  | n/a  |
| In-home Respite               | YES  |  |  | n/a  |
| Caregiver Respite<br>Services | YES  |  |  | n/a  |
| Other Services                | YES  |  |  | n/a  |
|                               |  |  |  |  |

| Windows Cardina               | Restant State and State Inc.   | setting of the set of | Carbon  |
|-------------------------------|--|---|---|
| County                        | Carbon   | Carbon  | Carbon  |
| Contact Info                  | Lisa Engstrom<br>PO Box 111<br>S45 15th St.<br>Rawlins, WY 82301<br><b>307-328-2863</b><br>ccssi@bresnan.net | PO Box 293<br>302 W. 4th St.<br>Encampment, WY 82325<br>307-327-5937  | June Spencer<br>PO Box 651<br>214 Constitution Ave.<br>Saratoga, WY 82331<br><b>307-326-5564</b><br>Lisa/Rawlins Office: 307-328-2863 |
| On-site Meals                 | YES  | YES   | YES   |
| Home-delivered<br>Meals       | YES  | YES   | YES   |
| Home Care<br>Services         |  |   |   |
| Caregiver Support<br>Services |  |   |   |
| Transportation<br>Services    | YES  | YES   | YES   |
| Home Health Care<br>Services  |  |   |   |
| Medicare<br>Information       |  | YES   |   |
| Hospice                       |  |   |   |
| On-site Respite               |  |   |   |
| In-home Respite               |  |   |   |
| Caregiver Respite<br>Services |  |   |   |
| Other Services                |  | YES   |   |
|                               |  |   |   |

#### Notes

#### Notes:



www.uwyo.edu/wycoa | wycoa@uwyo.edu | (307) 766-2829

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under Grant No. U10HP28743, Geriatric Workforce Enhancement Program, \$2,549,927. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

This project is supported by grant number 90ADPI0013-01-00 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by ACL, HRSA, HHS or the U.S. Government.

Page 40 of 40