

WYOMING DEMENTIA RESOURCE GUIDE

FOR CAREGIVERS, FAMILIES, & FRIENDS

Southeast Region



Counties: Albany, Goshen, Laramie, Niobrara & Platte Counties

Larger towns include: Laramie, Cheyenne, Wheatland, Torrington and Lusk



Vedauwoo Recreation Area near Cheyenne, WY



UNIVERSITY
OF WYOMING

Wyoming Center
on Aging

Introduction to this guide:

Caring for a person with Alzheimer’s disease or another form of dementia can pose many challenges. It can be difficult to know when help is needed and where to turn. The Wyoming Center on Aging (WyCOA) provides this guide as a source of important information about Wyoming dementia resources available to caregivers, families, and friends.

The WyCOA Dementia Resource Guides, representing the regions of Wyoming, contain local resources specific to the region as well as reputable national resources and statewide Wyoming resources. These guides present user-friendly information that is particularly useful to those impacted by Alzheimer’s disease.

In addition to printed copies of the guides, the most up-to-date version of each guide is available at www.uwyo.edu/wycoa in the “Resources on Aging” tab. We welcome your feedback regarding the usefulness of this guide. If there is a resource or information that should be considered for future versions, please let us know.

We hope you find this guide to be useful.

Sincerely, The WyCOA Team

The Wyoming Center on Aging (WyCOA) has a mission to optimize the health and wellbeing of Wyoming’s older residents and their caregivers through interagency partnerships, basic and applied research, community education, and clinical training and services.



UNIVERSITY
OF WYOMING

Wyoming Center
on Aging

www.uwyo.edu/wycoa | wycoa@uwyo.edu | (307) 766-2829

ONLINE VERSION

Visit www.uwyo.edu/wycoa to download a PDF of the newest version of this guide

(UPDATED AUGUST 2022)


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NATIONAL RESOURCES


ALZHEIMER'S ASSOCIATION

Helpline: 1-800-272-3900

 <https://www.alz.org>


The Alzheimer's Association is dedicated to providing updated information, resources and support to any person suffering from Alzheimer's or caring for those with Alzheimer's.

ALZHEIMERS.GOV

 <https://www.alzheimers.gov>

Online resource that connects people to care, treatment, financial info, and general info about Alzheimer's.

ALZHEIMER'S FOUNDATION OF AMERICA (AFA)


 1-866-232-8484


 info@alzfdn.org

 <https://www.alzfdn.org/>

Online resource that connects people to care, treatment, support groups, social services, and general info about Alzheimer's.


THE AMERICAN ELDER CARE RESEARCH ORGANIZATION – PAYING FOR SENIOR CARE


 1-641-715-3900 ext. 606151#

 <https://www.payingforseniorcare.com/>

Online resource providing caregiver financial support, cost-saving tips for care, resource locator, and explanation of types of care.


FAMILY CAREGIVER ALLIANCE

 1-800-445-8106

 www.caregiver.org

Provides education, services, research, and advocacy for caregivers.

NATIONAL INSTITUTE ON AGING: ALZHEIMER'S DISEASE EDUCATION AND REFERRAL (ADEAR)

 1-800-438-4380

 adear@nia.nih.gov

Websites:

Dementia:


<https://www.nia.nih.gov/health/topics/dementia>

Alzheimer's disease:

<https://www.nia.nih.gov/alzheimers>

STATE RESOURCES

ADULT PROTECTIVE SERVICES (APS)


 307-886-9232


 631 S. Washington St. Ste. A | Afton, WY 83110


 <http://dfsweb.wyo.gov/social-services/adult-protective-services-aps>

APS is a social services program provided by state and local government's nationwide serving seniors and adults with disabilities who are in need of assistance. See website for specific county information.

ALZHEIMER'S ASSOCIATION – WYOMING CHAPTER


 307-316-2892 ext. 8295


 2232 Dell Range Blvd. Ste. 101 | Cheyenne, WY 82009

 <http://www.alz.org/wyoming/>

The Alzheimer's Association – Wyoming Chapter is dedicated to providing updated information, resources, and support to any person suffering from and/or caring for those with Alzheimer's/Dementia.

VETERANS AFFAIRS MEDICAL CENTER


 **Cheyenne** | 307-778-7550 | 1 888-483-9127

 2360 E. Pershing Blvd. | Cheyenne, WY 82001


 <http://www.cheyenne.va.gov/>

NATIONAL ACADEMY OF ELDER LAW ATTORNEYS

Davis, Johnson, and Kallal Law, LLC.


 307-433-0921

 1807 Capitol Ave. Suite 200B | Cheyenne, WY
82001

 office@djkwyolaw.com

 <http://djkwyolaw.com/>


Bailey, Stock, Harmon, Cottam, Lopez LLP


 307-638-7745

 221 E. 21st Street | Cheyenne, WY 82001

 <http://www.performance-law.com/>


Jackson & Ojeda, LLC

 307-634-5735


 2300 Pioneer Ave | Cheyenne WY, 82001 |
Cheyenne, WY 82003

 www.jacksonojedalaw.com


Long, Reimer, Winegar, LLP

 307-635-0710


 2120 Carey Ave. Ste 300 | Cheyenne, WY 82001

 <http://lrw-law.com/>

WYOMING CENTER ON AGING (WYCOA)


 1-307-766-2829


 wycoa@uwyo.edu

 <http://www.uwyo.edu/wycoa/>

The Center provides reliable and updated information and educational resources on aging and caregiving.

WYOMING DEPARTMENT OF HEALTH – AGING DIVISION, COMMUNITY LIVING SECTION


 307-777-7986 | 1-800-442-2766

 wyaging@wyo.gov

 <http://www.wyomingseniors.com/>

The Wyoming Department of Health's Aging Division is committed to providing care, ensuring safety, and promoting independent choices for Wyoming's older adults. The Community Living section serves to increase self-sufficiency, safety, health, and wellness of Wyoming's older adults and people with disabilities in the least restrictive environment while supporting their caregivers.

WYOMING GUARDIANSHIP CORP.


 307-635-1794

 PO Box 2778 | Cheyenne, WY 82003

 <http://www.wyoguardianship.org/>

Increase public awareness of guardianship and the alternatives to guardianship by providing problem solving, advocacy, public education, and training.


WYOMING SENIOR CITIZENS, INC.


 307-856-6880 | 1-800-856-4398

 <http://www.wyomingseniors.com/>

National Family Caregiver Support Program, Senior Companion Program, Long-term Care Ombudsman, WY State Health Insurance Info Program, Senior Medicare Patrol Program. *National Caregiver Support Program - see individual counties.

WYOMING VETERANS COMMISSION

 1-800-833-5987

 <http://wyomilitary.wyo.gov/veterans/>


Wyoming veteran's commission service officers inform veterans and family members about state and federal benefits. They assist veterans with forms, claims, awards, records, veteran affairs health care, and answer veteran-related questions.

LOCAL RESOURCES – SE REGION


SPECIALISTS/HOSPITALS/MEDICAL CLINICS

ALBANY

Ivinson Medical Group


 307-755-4540

 3116 Willet Dr. | Laramie, WY 82070

 <http://www.ivinsonhospital.org>

Geriatrician, internal medicine.

Albany County Community Health

 307-766-3313


 1174 North 22nd St | Laramie, WY 82072

 achc@uwyo.edu


 <http://www.uwyo.edu/hs/albany-clinic/>

ACCH provides quality comprehensive, evidence-based medical care for all ages on a sliding fee scale.


Ivinson Memorial Hospital

 307-742-2141

 255 N. 30th St. | Laramie, WY 82070

 <http://www.ivinsonhospital.org>

University of Wyoming School of Pharmacy


 307-766-6120


 1000 E. University Ave. Dept. 3375 | Laramie, WY 82071

 <http://www.uwyo.edu/pharmacy>.

GOSHEN

Banner Health Clinic


 307-532-2107


 625 Albany Ave. | Torrington, WY 82240


 <https://www.bannerhealth.com/locations>

Primary care, diabetes management, acute medical and surgical care, and health and wellness.

Torrington Community Hospital


 307-532-4181


 2000 Campbell Dr. | Torrington, WY 82240

 <https://www.bannerhealth.com/locations/torrington/community-hospital>

LARAMIE


Cheyenne Regional Medical Center

 307-633-7603

 214 E. 23rd St. | Cheyenne, WY 82001

 <http://cheyenneregional.org/>

University of Wyoming Family Medicine Residency Program

 307-777-7911 ext. 104


 821 East 18th St. | Cheyenne, WY 82001

 <http://www.uwyo.edu/chyfammed/>


Geriatric and adult care, sliding fee scale.

NIOBRARA

Niobrara Community Hospital

 307-334-4000


 921 S. Ballancee Ave. | Lusk, WY 82225

 <http://www.niobrarahospital.com/>

Regional hospital with emergency services, acute care, and long-term care.

PLATTE

Platte County Memorial Hospital

 307-322-5893

 201 14th St | Wheatland, WY 82201


 <https://www.bannerhealth.com/locations>

Acute care, emergency, surgery, and rehabilitation services.

CAREGIVER SUPPORT AND RESOURCES

****See matrix for senior center listings starting on page 43.**

WyCOA Dementia Support Services

 (307) 766-2829

 1000 E University Ave, | Laramie, WY 82071


 wycoa@uwyo.edu

 <https://uwyo.edu/wycoa>

Support, education, and resources for people dealing with dementia, their families and friends, and the community.


ALBANY, CONVERSE, GOSHEN, LARAMIE,
NIOBRARA, PLATTE

LIV Health

 (307) 630-4729

 2500 Dell Range Blvd | Cheyenne, WY 82009


 info@livhealth.org


 <https://livhealth.org/>

LIV Health is a team of caring, experienced mental health and medical professionals, working one-on-one with our patients to navigate paperwork, create care plans, provide counseling and more.

ALBANY

Bereavement Support Group – Hospice of Laramie

 307-745-9254


 1754 Centennial Dr. | Laramie, WY 82072


 susan@hospiceoflaramie.org


 www.hospiceoflaramie.org/bereavement-support

GOSHEN

National Family Caregiver Support Program


 307-856-6880 | 1-800-856-4398

 NFCSP Manager | fcrmgr@wyoming.com

 <http://www.wyomingseniors.com/services/national-family-caregiver-support-program>

LARAMIE


Cheyenne Regional Medical Center – Grief and Loss Group


 307-633-7370


 214 E. 23rd St. | Cheyenne, WY 82001

 <http://cheyenneregional.org/cheyenne-regional-offers-grief-and-loss-support-group/>

National Family Caregiver Support Program

 307-856-6880 | 1-800-856-4398

 NFCSP Manager | fcrmgr@wyoming.com


 <http://www.wyomingseniors.com/services/national-family-caregiver-support-program>

Provides support for the caregiver caring for a functionally dependent older adult.

LEGAL AND FINANCIAL PLANNING

ALBANY

University of Wyoming College of Law

 307-766-6416


 Willett Dr. and 19th St. | Laramie, WY 82071

 1000 E. University Ave. | Laramie, WY 82071

 <http://www.uwyo.edu/law>

Estate planning practicum.

Cook and Associates, PC


 307-745-7320

 505 S. 3rd St, Suite 200 | Laramie, WY 82070

 <http://cookandassociatespc.com/>


GOSHEN

Dana Jill Lent


 307-532-2300

 217 E. 21st Ave. | Torrington, WY 82240


 danajlent@gmail.com

 <http://www.danajlentlawoffice.com/> Estate planning.

Goshen County Attorney

 307-532-4223


 2125 East A St. | Torrington, WY 82240

 www.goshencounty.org/attorney-welcome/


LARAMIE

Brianne Sherman


 PO Box 87 | Cheyenne, WY 82003


 <http://lrw-law.com/?attorney=brianne-k-herber>

Davis, Johnson, and Kallal Law, LLC.


 307-433-0921

 1807 Capitol Ave. Suite 200B | Cheyenne, WY 82001

 office@djkwyolaw.com


 <http://djkwyolaw.com/>


Lance T. Harmon

 307-638-7745


 221 E. 21st St. | Cheyenne, WY 82001

Laura J. Jackson

 307-634-5835

 1910 Thomes Ave. | Cheyenne, WY 82001

Rhodes Law Firm, LLC


 307-222-0025 | 1-866-483-9127

 2015 Warren Ave. | Cheyenne, WY 82001


 <http://drhodeslaw.com/>

Nursing home negligence.

Susan Feinman

 307-426-4123


 1920 Thomes Ave, Suite 410 | Cheyenne, WY 82001


 [http:// www.susanfeinman.com/](http://www.susanfeinman.com/)

TRANSPORTATION

ALBANY

Laramie Connections

 307-206-0607

 920 E Sheridan St. | Laramie, WY 82070

✉ info@laramieconnections.com

🌐 <https://www.laramieconnections.com/>

A faith-based non-profit where everything offered for you is at no cost. We partner with community organizations in Laramie to offer complimenting gap services and volunteer resourcing in order to help champion their causes together in our community

University of Wyoming Paratransit Services

☎ 307-766-6686

🏠 14th and Lewis St. | Laramie, WY 82072

✉ tppara@uwyo.edu

🌐 <http://www.uwyo.edu/tps/transit/paratransit.html>

The UW paratransit service is available to individuals that are unable to ride the fixed route due to a disability. Trips can be scheduled for any purpose within Laramie's city limits.

Hours: Monday – Friday 6:30 am – 6:00 pm

Fees: Up to \$2 one way

GOSHEN, LARAMIE, NIOBRARA, PLATTE

****See matrix for senior center listings starting on page 43.**

HOSPICE/HOME HEALTH

Hospice: Facility or program that provides an environment to help

meet the emotional and physical needs of the terminally ill.

Home Health: Medical care (including skilled nursing, etc.)

Home Care: Housekeeping, errands, meal preparation, etc. PT:


Physical Therapy – Treatment by physical methods.

OT: Occupational Therapy – Therapy that encourages rehabilitation through activities required in daily life.

ALBANY


Home Instead Senior Care


 307 E 18th St | Cheyenne, WY 82001

 307-201-2439

 <https://www.homeinstead.com>

Hospice of Laramie


 307-745-9254

 1754 Centennial Dr. | Laramie, WY 82070

 <http://www.hospiceoflaramie.org/>


Premium Health at Home

Laramie location:

 307-745-8710

 1277 N. 15th St. | Laramie, WY 82070

Rawlins location:


 307-324-9356


 1904 Edinburgh St. | Rawlins, WY 82301

 www.premiumhealthathomewyo.com

Home health nursing – IV therapy, wound care, injections, nutritional teaching, monitoring, and patient/family instructions.

Enhabit Home Health

 307-721-2827


 1275 N. 15th St. Ste. 121 | Laramie, WY 82070


 www.encompasshealth.com

Skilled nursing care, home health aides, PT, OT, speech therapy.

ALBANY, LARAMIE, GOSHEN

Mel's Helping Hands

 307-262-4891

 6000 Sycamore Rd. | Cheyenne, WY 82009


 info@melshelpinghands.com

 <https://www.melshelpinghands.com/>

Mel's offers customized and personal care for your senior or veteran

GOSHEN

Community Home Care


 307-532-4180

 1940 Main St. | Torrington, WY 82240


Skilled nursing, PT, OT, and home health aide.

LARAMIE

Cheyenne Health Care Center


 307-634-7986


 2700 East 12th St. | Cheyenne, WY 82001

 www.savasenior.com/cheyenne-healthcare-center

Skilled nursing, PT, OT, speech therapy, hospice care, respite care.


Cheyenne Regional Medical Center – Davis Hospice Center

 307-633-7016


 6000 Sycamore Rd. | Cheyenne, WY 82009

 <http://cheyenneregional.org/sites>


Continued Care Home Health Agency

 307-632-4448

 410 Manewal Dr. | Cheyenne, WY 82009

 <http://www.continuecarecheyenne.com/>


Frontier Home Health


 307-634-5970

 4024 Laramie St. | Cheyenne, WY 82001

 <http://frontierhhh.com/cheyenne/index.php>


Home Instead Senior Care


 307-778-6644


 307 E 18th St. | Cheyenne, WY 82001

 <https://www.homeinstead.com/360>

Enhabit Home Healthcare


 307-778-3000


 1401 Airport Parkway, Ste. 220 | Cheyenne, WY 82001

 www.encompasshealth.com

NIOBRARA

The Home Health Agency, LLC


 307-334-0177

 201 W. 3rd St. | Lusk, WY 82225

****See matrix for senior center listings starting on page 47.**

PLATTE

Platte County Memorial Home Care

 307-532-4038

 814 8th St. | Wheatland, WY 82201

****See matrix for senior center listings starting on page 47.**


NURSING HOMES WITH MEMORY CARE


ALBANY

None

GOSHEN

Goshen Healthcare Community

 307-532-4038


 2009 Laramie St. | Torrington, WY 82240


 www.vetras.com/goshen-healthcare-community


Goshen Healthcare Community is now a part of Vetras Healthcare and includes a secure unit where Alzheimer's and Dementia patients receive compassionate care from experienced professionals.

LARAMIE

Granite Rehabilitation and Wellness

 307-634-7901

 3128 Boxelder Dr. | Cheyenne, WY 82001

 www.empres.com/location/granite-rehab-wellness

Long or short-term care, including skilled nursing, rehabilitation therapy, memory support, respite stays, hospice services and supplemental care options.

ASSISTED LIVING

ALBANY

Spring Wind Assisted Living Community



307-755-5811



1072 N. 22nd St. | Laramie, WY 82072



<https://edgewoodseniorliving.com/community/spring-wind-in-laramie-wy>

Assisted Living and Memory Care facility offering 24-hour nursing assistance and short-term stays and memory care provider, with pets allowed.

GOSHEN, NIOBRARA

None

LARAMIE

Aspen Wind Assisted Living Community



307-778-9511




4010 N. College Dr. | Cheyenne, WY 82001




<https://edgewoodseniorliving.com/community/aspen-wind-in-cheyene-wy>

Assisted Living and Memory Care facility offering 24-hour nursing assistance and short-term stays and memory care provided, out-patient therapy, with pets allowed.

Pointe Frontier Retirement Community


 307-635-6953


 1406 Prairie Ave. | Cheyenne, WY 82009


 www.centurypa.com/senior-living/pointe-frontier/

Assisted living that provides certified, licensed medical staff, a 24-hour emergency call system, 3 meals served a day, medication management, and personal housekeeping, laundry, and linen services.

Sierra Hills Assisted Living Community

 307-638-7798


 4606 N. College Dr. | Cheyenne, WY 82009

 <https://edgewoodseniorliving.com/community/sierra-hills-in-cheyenne-wy>

Assisted Living community offering on-site therapy services, short-term stays and outpatient therapy

PLATTE


Platte County Legacy Home

 307-322-7400

 100 19th St. | Wheatland, WY 82201

 <http://pcmnh.com/assisted-living/>


MEALS/ DAILY PLANNING


 www.cheyennehousing.org/senior-programs/nutrition/meal-sites


****See matrix for senior center listings starting on page 43.**


LARAMIE

Meals on Wheels


 307-635-5542

 2015 S. Greeley Hwy. | Cheyenne, WY 82001

 info@mealsonwheelsofcheyenne.com


 <http://www.mealsonwheelsofcheyenne.com/>


Senior Meals – Burns

 307-635-2435


 134 South Main St. | Burns, WY 82001


Senior Meals – Foxcrest Community Center

 307-635-2435


 4125 Cox Ct. | Cheyenne, WY 82001


Senior Meals – Main Activity Center

 307-635-2435

 2101 Thomes Ave. | Cheyenne, WY 82001

Senior Meals – Stanfield Manor

 307-635-2435

 604 Shoshoni Ave. | Cheyenne, WY 82001

****See matrix for senior center listings starting on page 43.**


VETERANS RESOURCES


Cheyenne Veterans Affairs Medical Center


See State Resources for contact information on page 5.

ALBANY


Veterans Affairs – Laramie Mobile Telehealth Clinic


 307-778-7550 ext. 3816


 2901 Armory Rd. | Laramie, WY 82072

 <http://www.cheyenne.va.gov/locations/Laramie.asp> Primary care and mental health clinic for rural areas.

Wyoming Veterans Commission

 307-214-2112

 5410 Bishop Blvd. | Cheyenne, WY 82009


 <http://wyomilitary.wyo.gov/veterans/service-officers/>

Contact to learn about federal and state veteran's benefits,

health care, veteran's affairs disability, and pension claims.

LARAMIE

Wyoming Veterans Commission

 307-286-5993


 5800 Central Ave. | Cheyenne, WY 82009


 www.wyomilitary.gov/veterans/commission

Contact to learn about federal and state veteran's benefits, health care, veteran's affairs disability, and pension claims.

NIOBRARA

Wyoming Veterans Commission


 307-315-4187

 <http://wyomilitary.wyo.gov/veterans/service-officers/>

Contact to learn about federal and state veteran's benefits, health care, veteran's administration disability, and pension claims.

PLATTE

Veterans Affairs Mobile Clinic


 1-888-483-9127, ext. 3816

 759 E. Cole St. | Wheatland, WY 82201

SENIOR COMPANION PROGRAM

ALBANY, GOSHEN, LARAMIE, NIOBRARA

Wyoming Senior Citizens Inc.

 307-634-1010 | 1-877-634-1005


 3120 Old Faithful Rd. Ste. 200 | Cheyenne, WY
82001

 scpmgr@wyoming.com

 <http://www.wyomingseniors.com/services/senior-companion-program>

Companions serve adults age 21 and over who need help in order to remain living independently at home.

Wyoming Senior Citizens, Inc. Long-term Care Ombudsman Program


 307-634-1010 | 1-877-634-1005


 3120 Old Faithful Road, Ste. 200 | Cheyenne, WY
82001

MENTAL HEALTH SERVICES

ALBANY

Gillian Claire Siegel, LCSW

 307-399-4508

 507 S. 4th St. | Laramie, WY 82070

Clinical social worker.

LIV Health

✉ info@livhealth.org

🌐 <http://www.livhealth.org/>

In-home counseling, case management through private pay and Medicaid waiver.

Meghan R. Brown, LCSW

☎ 307-877-7068

🏠 217 E. Grand Ave, Suite 2 | Laramie, WY 82070

Utilizes a holistic approach, as clients uncover biological, psychological, social, and spiritual factors that affect their life experiences. Works with individuals of all ages, couples, and families.

Pathways

☎ 307-721-0700


🏠 1575 N. 4th St. Ste. 103 | Laramie, WY 82072


🌐 <http://www.laramiecounseling.com/>

Psychiatric medication management and counseling services using cognitive behavioral therapy.

Peak Wellness Center/Volunteers of America – Cheyenne


☎ 307.634.9653


 2526 Seymour Avenue. | Cheyenne, WY 82001


 <https://www.voanr.org/mental-health>

Volunteers of America has merged with Peak Wellness Center.

Peak Wellness Center/Volunteers of America -Laramie

 307.745.8915

 1263 N 15th Street. | Laramie, WY 82072

 <https://www.voanr.org/mental-health>

Volunteers of America has merged with Peak Wellness Center

Teresa Jacobs Castano, LCSW


 307-755-1000 | 307-217-5524

 504 S. 4th St. | Laramie, WY 82070

Mental health services, therapeutic counseling.

GOSHEN

Peak Wellness Center/Volunteers of America Torrington

 307.532.4091


 501 Albany Avenue | Torrington, WY 82240

 <https://www.voanr.org/mental-health>

Volunteers of America has merged with Peak Wellness Center.

LARAMIE

Cheyenne Regional Medical Center – Outpatient Counseling


 (307) 634-2273

 214 E. 23rd St. | Cheyenne, WY 82001

 AlbanyCountyCenter@PeakWellnessCenter.org

 <https://www.cheyenneregional.org/service/behavioral-health/outpatient-behavioral-health-services/>


Barbara B. Dolby, LCSW

 307-638-4880

 2321 Dunn Ave. | Cheyenne, WY 82001

Dr. Barbara B. Dolby specializes in clinical social work. She is available for appointments, preventative care, and medical care, as well as ongoing patient care.

Caroljean Bongo, PsyD

 307-760-1871


 caroljean@bongopsyd.com


 PO Box 21270 | Cheyenne, WY 82003

Dr. Bongo has specific training and experience working with eating disorders and weight concerns, as well as a variety of emotional and behavioral concerns. No one will be denied services based on their ability to pay. A

discounted/sliding fee scale is available for those who qualify


Cynthia C. Hamann, LCSW

 307-202-9721

 1111 E. Lincolnway Ste. 101 | Cheyenne, WY 82001

Provides mental health counseling, grief and loss counseling, caregiver support, PTSD.


Drs. Marshall and Bougsty

 307-634-1480

 2321 Dunn Ave. | Cheyenne, WY 82001

A medical group with two health care providers specializing in clinical psychology.

Eric H. Siiteri, PhD


 1-970-495-0707


 esiiteri@gmail.com

 903A South Greeley Hwy | Cheyenne, WY 82007

Specializes in pain management, teaches mind body connection. Active participation in activities to manage pain; medication is not always the best solution.

Fleming Associates

 307-634-6883


 mail@flemmingassociates.net


 1001 W. 31st St. | Cheyenne, WY 82001

 <http://www.flemingassociates.net/>

Providers in behavioral health services.


John M. Reynolds, LCSW

 307-637-0603

 2622 Pioneer Ave. | Cheyenne, WY 82001

Extensive experience in the treatment of trauma, PTSD, combat veterans, and sexual abuse survivors. In the past 20+ years, John has developed a special interest in working with men and issues unique to men.

LIV Health


 307-630-4729


 415 W. 27th St | Cheyenne, WY 82009

 <http://www.livhealth.org/>

In-home counseling, case management through private pay and Medicaid waiver.


Peak Wellness Center/Volunteers of America – Cheyenne

 307.634.9653


 2526 Seymour Avenue. | Cheyenne, WY 82001

 <https://www.voanr.org/mental-health>


Volunteers of America has merged with Peak Wellness Center
Specialty Counseling and Consulting

 307-426-4797

 4025 Rawlins St. | Cheyenne, WY 82001


 <http://www.specialtycounseling.com/>

Steven D. Newman, PsyD


 307-220-9099


 <http://drstevenewman.com/>

Specialty Counseling & Consulting

 307-426-4797

 4025 Rawlins St. | Cheyenne, WY 82001


 info@specialtycounseling.com


 <http://www.specialtycounseling.com/>


To provide excellent behavioral health services to a diverse client base, utilizing a team of clinicians with distinct specialties.

NIOBRARA

Solutions for Life

 307-334-3666


 905 S. Main St. | Lusk, WY 82225


 <http://www.wysfl.com/>

Serving individuals in our community by providing professional mental health and substance abuse treatment, education, and consultation.

PLATTE

Peak Wellness Center/Volunteers of America-Wheatland


 307.322.3190

 1954 W Mariposa Parkway | Wheatland, WY 82201


 <https://www.voanr.org/mental-health>

Volunteers of America has merged with Peak Wellness Center.

Specialty Counseling & Consulting

 307-322-8122


 975 Gilchrist | Wheatland, WY 82201

 info@specialtycounseling.com

 <http://www.specialtycounseling.com/>

OTHER SERVICES


County Public Health


 307-721-2561

 phnlaramie@wyo.gov

Nebraska Department of Health and Human


Services – State Unit on Aging


 402-471-2307

 DHHS.Aging@nebraska.gov

 www.dhhs.ne.gov/Pages/Aging.aspx

Denver Regional Council of Governments – Area Agency on Aging

 1-866-959-3017

 1001 17th St. Suite 700 | Denver, CO 80202


 AreaAgencyonAging@drcog.org


 <https://drcog.org/programs/area-agency-aging>

Contact for aging services in Colorado.

ALBANY


Albany County Public Health

 307-721-2561

 609 S. 2nd St. Laramie, WY 82070

 <http://www.publichealthlaramie.org/contact-us.aspx>

Interfaith Good Samaritan – Medical Assistance


 307-742-4240


 712 Canby St, | Laramie, WY 82072


 www.laramieinterfaith.org/

Vouchers to help with medical, dental, and prescriptions.

Project Lifesaver – Albany County Sheriff’s Office


 307-721-5567

 525 E Grand Ave. # 101 | Laramie, WY 82070


 <http://www.projectlifesaver.org/>

The primary mission of Project Lifesaver is to provide timely response to save lives and reduce potential injury for adults and children who wander due to Alzheimer’s, autism, and other related conditions or disorders.

WIND Assistive Technology Resources (WATR)

 1-888-989-9463 | 307-766-6187

 watr@uwyo.edu


 1000 E. University Ave. Dept. 4298 | Laramie, WY 82071

 www.uwyo.edu/wind/watr

WATR, provides assistive technology training and technical assistance, public awareness, device loans and device demonstrations in the domains of employment, community living, and education for all ages throughout the state.

GOSHEN

Bell Tower Low - Income Senior Housing

 307-532-7888 | 1-800-877-9965

 2210 E. B St. | Torrington, WY 82240

✉ bellparktower@centurylink.net

📄 <http://www.voanr.org/bell-park-tower>

Bell Park Tower is a housing complex for individuals or their spouse at least 62 years of age that meet income requirements.

LARAMIE

Cheyenne Housing Authority

☎ 307-635-2435 ext. 13

🏠 3304 Sheridan St. | Cheyenne, WY 82009

📄 <http://cheyennehousing.org/>

Lunch for seniors, activities, seminars, exercise program, family caregiver program.

Cheyenne Regional Medical Center Home Away from Home

☎ 307-633-7061


🏠 214 E. 23rd St. | Cheyenne, WY 82001

📄 www.cheyenneregional.org/service/home-way-from-home/


A program that provides sleeping rooms for out-of-town family members of hospital patients.

Cheyenne Respite Program


☎ 307-777-7684

 6101 Yellowstone Rd., 259A | Cheyenne, WY 82002

Vital Records Statistics Service


 307-777-7591


 2300 Capitol Ave | Cheyenne, WY 82002


 <http://cghswyoming.org/vitals.html>


Birth and death records.

Family Caregiver Program

 307-635-2435


 2101 Thomes Ave. | Cheyenne, WY 82001

 3304 Sheridan Ave. | Cheyenne, WY 82009

 <http://cheyennehousing.org/family-caregiver>


The Family Caregiver Program provides the following services to care recipients 60 years or older, and to adults ages 19-59 with a disability: loan closet, support group, housekeeping, respite, supplemental, respite bathing, and personal emergency response system.

Low Income Senior Housing – Holy Trinity Senior Apartments


 1-303-830-0215 | 307-778-8850

 2516 E. 18th St. | Cheyenne, WY 82001


 holytrinitymanor@archdiocesanhousing.org

 <http://www.charitieswyoming.org/uploads/holytrinitymanor.pdf>


Prescription Assistance – Laramie County Centralized Pharmacy

 307-637-7000


 2600 E. 18th St | Cheyenne, WY 82007

 www.interfaithcheyenne.org/laramie-county-centralized-pharmacy

Project Lifesaver – Laramie County Sheriff's Office


 307-633-4736


 1910 Pioneer Ave. | Cheyenne, WY 82001

 <http://www.projectlifesaver.org/>

The primary mission of Project Lifesaver is to provide timely response to save lives and reduce potential injury for adults and children who wander due to Alzheimer's, autism, and other related conditions or disorders.

Senior Medicare Patrol Program

 307-634-1010 | 1-877-634-1005


 3120 Old Faithful Rd., 200 | Cheyenne, WY 82001


 wshippchy@wyoming.com

 <http://www.wyomingseniors.com/services/senior->

medicare-patrol

Wyoming State Health Insurance Information

 307-634-1010 | 1-877-634-1005

 3120 Old Faithful Rd. Ste. 200 | Cheyenne, WY 82001


 wshipchy@wyoming.com

 <http://www.wyomingseniors.com/services/wyoming-state-health-insurance-information-program>

Program to help seniors and others understand Medicare and answer questions.

NIOBRARA

Niobrara County Division of Public Assistance


 307-334-2153

 PO Box 389 | Lusk, WY 82225


Part of the county government that links citizens with services in the area.

PLATTE

Platte County Senior Outreach Center

 307-331-7780

 977 Gilchrist St. | Wheatland, WY 82201

 www.plattecountysenioroutreach.org

Provides affordable, educational, and recreational activities.

Cheyenne Meals on
Wheels

Chugwater Senior
Center

Eppson Center for
Seniors

Glendo Senior
Center

County	Laramie	Platte	Albany	Platte
Contact Info	Sharon Benson 2015 S Greeley Hwy. Cheyenne, WY 82007 307-635-5542 sbenson@mealsonwheelsof cheyenne.com	Veronica Wahl 311 2nd St. Chugwater, WY 82210 307-422-3430 www.servicesforseniorspc.org	Tammy Comer 1560 N. 3rd St. Laramie, WY 82702 307-745-5116 executive@eppsoncenter.org	Veronica Wahl 206 Warren Ave. Glendo, WY 82213 307-735-4478 veronica.wahl@servicesfor seniorspc.org
On-site Meals	n/a	YES	YES	YES
Home-delivered Meals	YES	YES	YES	YES
Home Care Services	n/a	YES	YES	YES
Caregiver Support Services	n/a		YES	
Transportation Services	n/a		YES	
Home Health Care Services	n/a	YES		YES
Medicare Information	n/a	YES		YES
Hospice	n/a	YES		YES
On-site Respite	n/a			
In-home Respite	n/a			
Caregiver Respite Services	n/a			
Other Services	n/a		YES	

County	Platte	Goshen	Laramie	Niobrara
Contact Info	Veronica Wahl PO Box 765 100 S. Wyoming Ave. Guernsey, WY 82214 307-836-2777 www.guernseysenior.org	Linda Cockett PO Box 517 216 E 19th Ave. Torrington, WY 82240 307-532-2796 torwysfc@gmail.com www.goshensfc.org	Kim Maes 2101 Thomes Ave. Cheyenne, WY 82001 307-635-2435 rsp_kmaes@vcn.com	Connie Baker Velvet Dorwart PO Box 928 611 E 6th St. Lusk, WY 82225 307-334-2561 niosc@firenebula.com
On-site Meals	YES	YES	YES	YES
Home-delivered Meals	YES	YES		YES
Home Care Services		YES	YES	
Caregiver Support Services			YES	
Transportation Services	YES	YES	YES	YES
Home Health Care Services		YES	YES	YES
Medicare Information	YES	YES		YES
Hospice				
On-site Respite				
In-home Respite		YES		
Caregiver Respite Services				
Other Services	YES	YES	YES	YES

Guernsey Senior Center

Goshen County Senior Friendship Ctr.

Laramie County Senior Services

Niobrara Senior Center

County	Laramie	Platte
Contact Info	Alisha Michaud PO Box 532 309 Elm St. Pine Bluff, WY 82082 307-245-3816 pbcitizens@rtconnect.net	Veronica Wahl 1605 16th St. Wheatland, WY 82201 307-322-3424 veronica.wahl@servicesforseiorpc.org www.servicesforseniorspc.org
On-site Meals	YES	YES
Home-delivered Meals	YES	YES
Home Care Services		YES
Caregiver Support Services		
Transportation Services	YES	YES
Home Health Care Services		YES
Medicare Information	YES	YES
Hospice		
On-site Respite		
In-home Respite		YES
Caregiver Respite Services		
Other Services	YES	

Pine Bluffs Senior
Center

Wheatland Senior
Center

Notes:

Notes:



UNIVERSITY
OF WYOMING

Wyoming Center
on Aging

www.uwyo.edu/wycoa | wycoa@uwyo.edu | (307) 766-2829

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