WYOMING DEMENTIA RESOURCE GUIDE

FOR CAREGIVERS, FAMILIES, & FRIENDS



Southwest Region

Counties: Teton, Sublette, Sweetwater, Uinta, Lincoln,

Larger towns include: Jackson, Pinedale, Green River, Evanston, Kemmerer



*Teton Mountain Range near Jackson, WY



Introduction to this guide:

Caring for a person with Alzheimer's disease or another form of dementia can pose many challenges. It can be difficult to know when help is needed and where to turn. The Wyoming Center on Aging (WyCOA) provides this guide as a source of important information about Wyoming dementia resources available to caregivers, families, and friends.

The WyCOA Dementia Resource Guides, representing the five regions of Wyoming, contain local resources specific to the region as well as reputable national resources and statewide Wyoming resources. These guides present user-friendly information that is particularly useful to those impacted by Alzheimer's disease.

In addition to printed copies of the guides, the most up-to-date version of each guide is available at www.uwyo.edu/wycoa in the "Resources on Aging" tab. We welcome your feedback regarding the usefulness of this guide. If there is a resource or information that should be considered for future versions, please let us know.

We hope you find this guide to be useful.

Sincerely,

The WyCOA Team



The Wyoming Center on Aging (WyCOA) has a mission to optimize the health and wellbeing of Wyoming's older residents and their caregivers through interagency partnerships, basic and

applied research, community education and clinical training and services. www.uwyo.edu/wycoa | wycoa@uwyo.edu | <a href="www.uwyo.

ONLINE VERSION

Visit <u>www.uwyo.edu/wycoa</u> to download a PDF of the most up-to-date version of this guide.

(UPDATED AUGUST 2022)

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NATIONAL RESOURCES

ALZHEIMER'S ASSOCIATION

Helpline: 1-800-272-3900

1 https://www.alz.org

The Alzheimer's Association is dedicated to providing updated information, resources and support to any person suffering from Alzheimer's or caring for those with Alzheimer's.

ALZHEIMERS.GOV

1 https://www.alzheimers.gov

Online resource that connects people to care, treatment, financial info, and general info about Alzheimer's.

ALZHEIMER'S FOUNDATION OF AMERICA (AFA)

1-866-232-8484

⊠ info@alzfdn.org

1 https://www.alzfdn.org/

Online resource that connects people to care, treatment, support groups, social services, and general info about Alzheimer's.

FAMILY CAREGIVER ALLIANCE

1-800-445-8106

1 www.caregiver.org

Provides education, services, research, and advocacy for caregivers.

NATIONAL INSTITUTE ON AGING: ALZHEIMER'S DISEASE EDUCATION AND REFERRAL (ADEAR)

1-800-438-4380

⊠ adear@nia.nih.gov

Websites:

Dementia:

https://www.nia.nih.gov/health/topics/dementia

Alzheimer's Disease:

https://www.nia.nih.gov/alzheimer

STATE RESOURCES

ADULT PROTECTIVE SERVICES (APS)

307-777-7564 | 307-886-9232

† https://dfs.wyo.gov/services/elderly-and-disabled/adult-protection-services/

APS is a social services program provided by state and local governments nationwide serving seniors and adults with disabilities who are in need of assistance. See website for specific county information.

ALZHEIMER'S ASSOCIATION – WYOMING CHAPTER

2 307-316-2892 ext. 8295

2232 Dell Range Blvd. Ste. 220 | Cheyenne, WY 82009

1 http://www.alz.org/wyoming/

The Alzheimer's Association - Wyoming Chapter is dedicated to providing updated information, resources and support to any person suffering from Alzheimer's or caring for those with Alzheimer's.

VETERANS AFFAIRS MEDICAL CENTER

Cheyenne | 307-778-7550 | 307-778-7349

2360 E. Pershing Blvd. | Cheyenne, WY 82001

1 http://www.cheyenne.va.gov/

NATIONAL ACADEMY OF ELDER LAW ATTORNEYS

Norton Law Office

(307) 203-2413

235 Broadway | Jackson, WY 83001 |

nancy@nnortonlaw.com

Davis, Johnson, & Kallal Law Office

2 307-433-0921 | New Clients: 307- 999-9100

1807 Capitol Ave. Suite 200B | Cheyenne, WY 82001

1 https://djkwyolaw.com/

Lance Harmon - BSHC Law Group

307-638-7745

221 E. 21st St. | Cheyenne, WY 82001

☑ lth@bshclawgroup.com

1 http://www.bshclawgroup.com/

Laura Jackson - Jackson & Ojeda, LLC

307-634-5735

2300 Pioneer Ave | Cheyenne, WY 82001

WY	82003
Ò	VY

☐ laura@jacksonojeda.com

Brianne Sherman – Long, Reimer, Winegar, Beppler, LLP

2 307-635-0710

2120 Carey Ave. Suite 300 | Cheyenne, WY 82003

PO Box 87 | Cheyenne, WY 82001

⊠ bsherman@lrw-law.com

http://lrw-law.com/

WYOMING CENTER ON AGING (WYCOA)

307-766-2829

⊠ wycoa@uwyo.edu

1 http://www.uwyo.edu/wycoa/

The Center provides reliable and updated information and educational resources on aging and caregiving.

WYOMING DEPARTMENT OF HEALTH – AGING DIVISION, COMMUNITY LIVING SECTION

2 307-777-7986 | 1-800-442-2766

1 https://health.wyo.gov/aging/

The Wyoming Department of Health's Aging Division is committed to providing care, ensuring safety and promoting independent choices for Wyoming's older adults. The Community Living section serves to increase self-sufficiency, safety, health, and wellness of Wyoming's older adults and people with disabilities in the least restrictive environment while supporting their caregivers.

WYOMING GUARDIANSHIP CORP.

2 307-635-1794

PO Box 2778 | Cheyenne, WY 82003

1 http://www.wyoguardianship.org/

Increase public awareness of guardianship and the alternatives to guardianship by providing problem solving, advocacy, public education and in-service training.

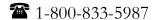
WYOMING SENIOR CITIZENS, INC.

2 307-856-6880 | 1-800-856-4398

1 http://www.wyomingseniors.com/

National Family Caregiver Support Program, Senior Companion Program, Long-term Care Ombudsman (older adult advocate), WY State Health Insurance Info Program, Senior Medicare Patrol Program. *National Caregiver Support Program - see individual counties.

WYOMING VETERANS COMMISSION



1 http://wyomilitary.wyo.gov/veterans/

Wyoming Veterans Commission Service Officers inform veterans and family members about state and federal benefits. They assist veterans with forms, claims, awards, records, VA health care and answer veteran related questions.

LOCAL RESOURCES - SW REGION

SPECIALISTS/HOSPITALS/MEDICAL CLINICS

LINCOLN

South Lincoln Medical Center

2 307-877-4401

711 Onyx St. | Kemmerer, WY 83101

1 http://www.southlincolnmedical.com

Surgery center, hospital, rehabilitation services, skilled nursing facility.

Star Valley Medical Center

307-885-5852

901 Adams St. | Afton, WY 83110

1 http://svmcwy.org

Surgery center, hospital, skilled nursing facility.

Star Valley Medical Center - Alpine

307-654-5852

230 Elkrun Hwy. 89 | Alpine, WY 83128

1 http://www.svmcalpine.org/

Star Valley Medical Center - Thayne

307-883-5852

122 Peterson Pkwy. #4 | Thayne, WY 83127

1 http://www.svmcthayne.org/

SUBLETTE

Sublette County Rural Health Care District: Marbleton – Big Piney Clinic

2 307-276-3306

103 W. 3rd St. | Marbleton, WY 83113

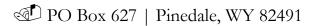
1 http://www.sublettehealthcare.com/

Provides hospital services such as family health, urgent care, emergency medical services, and more.

Sublette County Rural Health Care District – Pinedale Medical Clinic

307-367-4133

625 E. Hennick St. | Pinedale, WY 82941

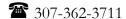


1 http://www.sublettehealthcare.com/

Provides hospital services such as family health, urgent care, and emergency medical services.

SWEETWATER

Memorial Hospital of Sweetwater County





1 http://www.sweetwatermemorial.com/

Emergency care, surgery, rehabilitation services, covid resources.

TETON

St. John's Medical Center

307-733-3636

625 E. Broadway Ave. | Jackson, WY 83001

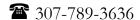
PO Box 428 | Jackson, WY 83001

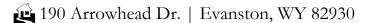
1 https://www.stjohns.health/

Primary care hospital, emergency services, surgical services, intensive care unit, cognitive health institute, covid resource.

UINTA

Evanston Regional Hospital





1 http://www.evanstonregionalhospital.com/Evanston-Regional-Hospital/home.aspx

Hospital, emergency services, rehabilitation services, and the Senior Circle Program.

Wyoming State Hospital

2 307-789-3464

831 Hwy. 150 S. | Evanston, WY 82930

1 http://www.health.wyo.gov/statehospital/index.htm Adult psychiatric services, medical geriatric psychiatric services.

CAREGIVER SUPPORT AND RESOURCES

WyCOA Dementia Support Services

(307) 766-2829

1000 E University Ave, | Laramie, WY 82071

⊠ wycoa@uwyo.edu

1 https://uwyo.edu/wycoa

Support, education, and resources for people dealing with dementia, their families and friends, and the community.

County Public Health

307-733-6401

phnjackson@wyo.gov

**See matrix for senior center listings starting on page 31.

LEGAL AND FINANCIAL PLANNING

LINCOLN

Neil Short

235 S. David St. Unit C | Casper, WY 82601

1 http://www.neilshort.com

Elder law attorney.

SUBLETTE, TETON, UINTA

Norton Law Office

2 (307) 203-2413

235 Broadway | Jackson, WY 83001 |

nancy@nnortonlaw.com

SWEETWATER

L. Galen West

307-362-3300

409 Broadway St. | Rock Springs, WY 82901 Elder law attorney.

TRANSPORTATION

LINCOLN, SUBLETTE, UINTA

**See matrix for senior center listings starting on page 31.

TETON

Start Bus

307-733-4521

DO Box 1687 | Jackson, WY 83001

⊠ info@startbus.com

1 www.startbus.com

Teton County Public Bus Servicesweetwater

Sweetwater County Transit Authority Resource (STAR)

2 307-382-7827 | 307-875-7827

1471 Dewar Dr. Ste. 247 | Rock Springs, WY 82901

admin@ridestartransit.com

1 http://www.ridestartransit.com/

Provides transportation for older adults with specific routes in Rock Springs and to Green River.

HOSPICE/HOME HEALTH

<u>Hospice</u>: Facility or program that provides and environment to help meet the emotional and physical needs of the terminally ill.

Home Health: Medical care (including skilled nursing, etc.)

Home Care: Housekeeping, errands, meal preparation, etc.

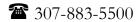
<u>PT: Physical Therapy</u> – Treatment by physical methods.

<u>OT: Occupational Therapy</u> – Therapy that encourages rehabilitation through activities required in daily life.

<u>SLP: Speech Language Therapy</u> – Assess, diagnose, treat, and help to prevent communication and swallowing disorders.

LINCOLN

Premier Home Health Inc.



487A N. Main St. Ste. 2 | Thayne, WY 83127

Home health services, nurses, medical assistants, and technicians.

**See matrix for senior center listings starting on page 31.

SUBLETTE

Rendezvous Pointe Senior Center

2 307-367-2881

425 W Magnolia St | Pinedale, WY 82941

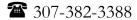
PO Box 804 | Pinedale, WY 82941

Provide home care services such as homemaking and chores, as well as respite.

**See matrix for senior center listings starting on page 31.

SWEETWATER

Best Home Health



2636 Commercial Way | Rock Springs, WY 82901

1 http://besthomehealthwyo.com/

Services include home health, DD-waiver, home care, hospice, PT, OT, and speech therapy, senior companions, transportation, and home-delivered meals.

Hospice of Sweetwater County

307-362-1990

333 Broadway Ste. 220 | Rock Springs, WY 82901

1 http://www.myhsc.org/

Nursing and personal care services, social services, bereavement services, and chaplain services.

Rocky Mountain Home Care

2 307-875-7976

175 River View Dr Suite A. | Green River, WY 82935

1 https://rockymountaincare.com/locations/rockymountain-home-care-green-river-wy/

Home health that provides skilled nursing, PT, OT, and speech therapy, medical social work, home health aide services, and pain management. Home care services including housekeeping.

Sweetwater County Community Nursing Service – Green River

307-922-5390

333 Broadway 310 | Green River, WY 82901

1 http://www.sweet.wy.us/

Skilled nurse visits, home health aide, personal care.

Sweetwater County Community Nursing Service – Rock Springs

307-922-5390

731 C St. Ste. 315 | Rock Springs, WY 82901

1 http://www.sweet.wy.us/

Skilled nurse visits, home health aide, personal care.

VIRS Respite Care

2 307-352-6847 | 307-872-6341

333 Broadway St. Ste. 210 | Rock Springs, WY 82901

1 http://www.virsrespitecare.org/

Home care including in-home personal care and assistance with activities of daily living.

**See matrix for senior center listings starting on page 31.

TETON

St. John's Medical Center Home Care & Hospice

625 E. Broadway Ave. | Jackson, WY 83001

PO Box 428 | Jackson, WY 83001

1 https://www.tetonhospital.org/patient-services/home-care-hospice

T Home Care: 307-739-7465

T Hospice: 307-739-6135

**See matrix for senior center listings starting on page 31.

UINTA

Best Home Health

307-789-2899

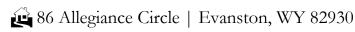
637 Front St. | Evanston, WY 82930

1 http://besthomehealthwyo.com/

Services include home health, developmental disabilities-waiver, home care, hospice, PT, OT, and speech therapy, senior companions, transportation, and home-delivered meals.

Compassionate Journey LLC

307-789-8316



Home health with services including skilled nursing, PT, and home health aides.

Tender Heart Hospice

307-789-8969

624 Twin Ridge Ave. | Evanston, WY 82930 Provides Hospice care.

Uinta Home Health and Hospice

2 307-789-7712

1229 Uinta St. | Evanston, WY 82930

Home health services, adult day care, and hospice.

**See matrix for senior center listings starting on page 31.

NURSING HOMES WITH MEMORY CARE

LINCOLN, SUBLETTE, UINTA

None

SWEETWATER

Sage View Care Center

2 307-362-3780

1325 Sage St. | Rock Springs, WY 82901

1 http://www.sageviewcarecenter.com

Skilled nursing facility that provides restorative nursing care, post-acute care, pain management, respite care, palliative/comfort care, hospice care, and Alzheimer's care.

TETON

St. John's Health Sage Living

307-739-7243

625 E. Broadway, Bldg B | Jackson, WY 83001

PO Box 3067 | Jackson, WY 83001

1 https://sageliving.health/about/

Long-term nursing care, featuring private suites, a memory support neighborhood for residents with Alzheimer's and other dementias, and an acute physical and functional rehabilitation program for those recovering from stroke, traumatic injury, and illness such as COPD and heart failure.

ASSISTED LIVING

LINCOLN

Legacy Homes Assisted Living

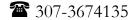
2 307-883-3800

2391 S. Muddy String Rd. #117 | Thayne, WY 83127

Assisted living and adult day services.

SUBLETTE

Sublette Center



333 N Bridger Ave | Pinedale, WY 82941.

SWEETWATER

Deer Trail Assisted Living

307-362-0100

2360 Reagan Ave. | Rock Springs, WY 82901

1 http://deertrailassistedliving.com/

UINTA

Tender Heart Assisted Living Facility

2 307-789-8969

624 Twin Ridge Ave. | Evanston, WY 82930

MEALS/DAILY PLANNING

LINCOLN, SUBLETTE, SWEETWATER, TETON, UINTA

**See matrix for senior center listings starting on page 31.

VETERANS RESOURCES

Wyoming Veterans Commission

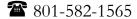
2 307-772-8152

5800 Central Ave | Cheyenne, WY 82901

1 http://www.wyomilitary.wyo.gov/resources/veteran/veterans-commission/

To develop, enhance and promote programs, services, and benefits to Wyoming veterans and their families through outreach, education, communication, and legislation.

Salt Lake City VA Health Care System



500 Foothill Dr. | Salt Lake City, UT 84148

1 http://www.saltlakecity.va.gov/

LINCOLN

Afton VA Community Based Outpatient Clinic

307-886-5266

125 S. Washington St. | Afton, WY 83110

1 http://www.sheridan.va.gov/locations/afton.asp

Outreach clinic for veterans that provides general medical care, preventative health, basic diagnostic exams, referrals as needed, and mental health services.

SWEETWATER

Rock Springs VA Community Based Outpatient Clinic

2 866-381-2830



Community based outpatient clinic that provides primary medical services and mental health services.

UINTA

Uinta County Veteran Service Officer

2 307-789-7194 ext. 5

350 City View Dr. Ste. 200 | Evanston, WY 82931

SENIOR COMPANION PROGRAM

SWEETWATER, UINTA

Wyoming Senior Citizen Inc.

106 W. Adams Ave. | Riverton, WY 82501

2 307-856-6880 | 1-800-856-4398 | Kelly Shaffer, SCP Coordinator

Sweetwater County Station: 307-352-6737

Uinta County Station 307-789-7712 | 307-789-3480

☑ fcrmgr@wyoming.com

1 http://www.wyomingseniors.com/services/senior-companion-program

Companions serve adults age 21 and over who need help in order to remain living independently at home. Companions are trained to assist adults with all kinds of tasks, such as simple chores around the home that are essential, but often impossible for the homebound person to accomplish on their own. Companions are caring individuals age 55 or over.

Wyoming Senior Citizens, Inc. Long-term Care Ombudsman Program

2 307-634-1010 | 1-877-634-1005 |

3120 Old Faithful Road, Ste. 200 | Cheyenne, WY 82001

MENTAL HEALTH SERVICES

LINCOLN, SUBLETTE, SWEETWATER

High Country Behavioral Health

307-376-2111

1 https://www.hcbh.org/locations/

TETON

Jackson Hole Community Counseling Center

307-733-2046

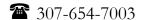
640 E. Broadway Ave. | Jackson, WY 83001

PO Box 1868 | Jackson, WY 83001

1 http://jhccc.org/

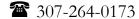
Provides full and complete assessments that enables development of a treatment plan that targets areas of need and concern.

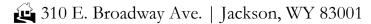
Jackson Hole Mental Health





Mountain Peak Therapy

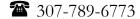




Typically operates from a cognitive behavioral perspective, but rather than being bound by any particular therapy or perspective, assessment considers each individual to determine what interventions will best meet his or her needs.

UINTA

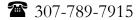
Frontier Psychological Associates



724 Front St. Ste. 230 | Evanston, WY 82930

Frontier Psychological Associates, LC is a private practice that provides mental health and substance abuse services in Southwestern Wyoming.

Pioneer Counseling Services



350 City View Drive | Evanston, WY 82930

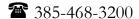
1 http://pioneermhc.com/

Pioneer Counseling Services, is the only full service, community based mental health facility in the county. The center also owns and operates a group living

facility and monitored independent living apartments with services and supports tailored to the needs of persons with serious and persistent mental illness.

OTHER SERVICES

Salt Lake County Aging Services



2001 S. State #S1500 | Salt Lake City, UT 84190 Contact for aging services in Utah.

Wyoming State Health Insurance Information Program (WSHIIP)

2 307-856-6880 | 1-800-856-4398

106 W. Adams Ave. | Riverton, WY 82301

wshiipmgr@wyoming.gov

rivwshiip@wyoming.gov

1 https://www.wyomingseniors.com/services/wyoming-state-health-insurance-information-program

Help seniors and others understand Medicare, and answer questions

Senior Medicare Patrol Program (SMP)

2 307-856-6880 | 1-800-856-4398

106 W. Adams Ave. | Riverton, WY 82301

⊠ smpmgr@wyoming.com

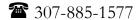
⊠ smpcoorriv@wyoming.com

ttps://www.wyomingseniors.com/services/senior-medicare-patrol

Recruits and trains volunteers, partners, and senior citizens about how to prevent, recognize, and report health care fraud.

LINCOLN

Lincoln Self Reliance - Afton



1038 S. Washington St. | Afton, WY 83110

PO Box 1449 | Afton, WY 83110

1 www.Isrservices.org

Provide support to individuals with intellectual disabilities or acquired brain injuries so they may achieve maximum potential for self-reliance and active participation in the community. Services include adult day services, respite, ancillary services, community integration, transportation, residential habilitation, and others.

Lincoln Self Reliance - Thayne

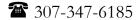
307-883-2577

250 Van Noy Pkwy. | Thayne, WY 83127

• www.isrservices.org

Provide support to individuals with intellectual disabilities or acquired brain injuries so they may achieve maximum potential for self-reliance and active participation in the community.

NOWCAP – Financial Assistance Lincoln County



500 Fifteen Mile Rd. | Worland, WY 82401

PO Drawer 158 | Worland, WY 82401

1 www.nowcap.com

Help with payment of utilities, rental assistance, and home mortgages.

SUBLETTE

Sublette County Public Health – Pinedale

2 307-367-2157

619 E. Hennick St. | Pinedale, WY 82941

© PO Box 517 | Pinedale, WY 82941

179 http://www.sublettewyo.com/index.aspx?NID=179

Provide nursing home placement assessments and a loan closet for walkers, wheelchairs, and other durable medical equipment supplies.

Sublette County Public Health - Big Piney

307-276-3575

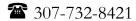
630 Piney Dr. | Big Piney, WY 83113

179 http://www.sublettewyo.com/index.aspx?NID=179

Provide nursing home placement assessments and a loan closet for walkers, wheelchairs, and other durable medical equipment supplies.

TETON

Project Lifesaver - Teton County Sheriff's Office



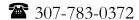


1 http://www.projectlifesaver.org/

The primary mission of Project Lifesaver is to provide timely response to save lives and reduce potential injury for adults and children who wander due to Alzheimer's, autism, and other related conditions or disorders.

UINTA

Project Lifesaver - Uinta County Sheriff's Office



77 County Rd. 109 | Evanston, WY 82930

1 http://www.projectlifesaver.org/

The primary mission of Project Lifesaver is to provide timely response to save lives and reduce potential injury for adults and children who wander due to Alzheimer's, autism, and other related conditions or disorders.

SENIOR CENTERS

Senior Center Information

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County	Uinta	Lincoln	Sweetwater	Lincoln	Lincoln
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On-site Meals	YES	YES	YES	YES	YES
Home-delivered Meals	YES	YES	YES	YES	YES
Home Care Services	YES		YES		
Caregiver Support Services			YES		
Transportation Services	YES			YES	
Home Health Care Services	YES				
Medicare Information	YES		YES	YES	
Hospice					
On-site Respite	YES				
In-home Respite	YES				
Caregiver Respite Services	YES				
Other Services	YES	YES	YES	YES	

Senior Center Information

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County	Sublette	Teton	Sublette	Lincoln	Uinta	Sweetwater
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On-site Meals	YES	YES	YES	YES	YES	YES
Home-delivered Meals		YES	YES	YES	YES	YES
Home Care Services	YES	YES			YES	YES
Caregiver Support Services	YES	YES			YES	YES
Transportation Services	YES	YES	YES	YES	YES	
Home Health Care Services	YES				YES	YES
Medicare Information	YES				YES	YES
Hospice						
On-site Respite	YES				YES	
In-home Respite	YES	YES			YES	YES
Caregiver Respite Services	YES	YES			YES	
Other Services	YES	YES		YES	YES	YES

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