#### **UW ECHO in Geriatrics General Information**



Project ECHO is a virtual model for lifelong medical learning and collaborative practice that links frontline healthcare providers with specialist care teams to manage patients who have chronic conditions University of Wyoming requiring complex care.

Through the UW ECHO in Geriatrics, sponsored by the Wyoming Center on Aging and the Montana Geriatric Education Center, healthcare professionals throughout the region have the opportunity to receive best-practice recommendations for consideration in management of older adults. You are invited to present challenging cases for discussion and feedback to a network of colleagues as well as a specialist care team. Each ECHO session will also feature a brief community discussion on a variety of important topics related to geriatrics.

# **Continuing Education**

All participants are asked to complete an evaluation for each session. Completed evaluation required for CE/CMEs. Continuing education CEs/CMEs hours will be available for interdisciplinary healthcare providers including pharmacy, nursing, social work, psychology, and other healthcare professionals and social service providers and students for the sessions they attend.



Objectives: At the conclusion of this activity, learners will: develop a network of geriatric care practitioners: create hubs of geriatric expertise in the Rocky Mountain Region; implement best practices for geriatric patients: identify strategies to assess and address the 4Ms (What Matters, Mentation, Mobility, Medication) of geriatric healthcare.

ivity has been planned and implemented in accordance with the accreditation requirements and policies of the action Council for Continuing Medical Education (ACCME) through the joint providership of University of Wyoming yenne Regional Medical Center. Cheyenne Regional Medical Center is accredited by the Colorado Medical Society to continuing medical education for physicians.

Cheyenne Regional Medical Center designates this presentation for a maximum of (1.0) AMA PRA Category 1 CreditsTM Physicians should claim only the credit that commensurate with the extent of their participation.

Nursing Contact Hours will be awarded upon attendance at the entire activity and completion/submission of an evaluation. This activity is approved for 7.0 Nursing Contact Hour. Cheyenne Regional Medical Center is an approved provider of nursing continuing professional development by the Colorado Nurses Association, an accredited approver with by the American Nurses Credentialing Center's Commission on Accreditation.

WyCOA can provide a Certificate of Completion to all other disciplines



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# **Case Consultation, Networking, and CE/CMEs**

PROFESSIONAL CONTINUING EDUCATION CREDITS ARE AVAILABLE Free Participation. Students are welcome!



A geriatric care community of practice including a bi-weekly case conference plus educational presentation

Join the network Feb - June 2024 **Primary Care Geriatrics – Expanding Our Toolbox** 









Bring your challenging cases for consultation!

# FREE CASE CONSULTATION AND NETWORKING



- Emma Bjore, MD. Geriatrician/Medical Director
- Tonja Woods, PharmD, BCGP. Geriatric Pharmacist
- Mary Kerber, MD. Neurologist
- Maya Pignatore, PhD. Geropsychologist
- Jenece Jacobs-Sharkey, LCSW. Social Worker
- Paige Hector, LMSW. Gerontologist
- Parnika Saxena, MD. Geriatric Psychiatrist

#### **Experiences of Case Presenters:**

"Thank you so much! It was very helpful and we love the recommendations. Appreciate the support and the UW ECHO in Geriatrics Team!"

"The case consultation process was very valuable in helping us get the opinions from those outside our immediate organization. The process itself helped us gather all the pertinent info for this resident and take a better look at the big picture for her!"

#### **UW ECHO in Geriatrics**

### Thursdays 12:00 pm - 1:00 pm (Mountain)

A biweekly case conference plus educational presentation

<u>UW ECHO in Geriatrics Format:</u> 12:00-12:05pm: Introductions & Welcome 12:05-12:30pm: 25-minute Community Discussion 12:30-12:55pm: 25-minute Case Presentation 12:55-1:00pm: Closing & Evaluations

## **2024 Community Discussion Topics:**

### **Primary Care Geriatrics - Expanding Our Toolbox**

- February 8th: Meaningful Use of Data to Inform Care
- February 22nd: Supporting Dementia Caregivers through Education and Support
- · March 7th: Minimizing Risk of Opioid Misuse
- March 21st: Advanced Care Planning
- April 4th: Screening for Fall Risk
- April 18th: Addressing the Risk of Falls
- May 2nd: High-Risk Medications in the Elderly
- May 16th: Optimizing Diabetes Management with Older Adults
- May 30th: Optimizing Hypertension Management with Older Adults
- June 13th: Avoiding Rehospitalization through Care Coordination

Previous sessions available for viewing. Contact WyCOA for more info!

https://uwyo.zoom.us/j/274862793; Dial 1 646 558 8656 or go to www.zoom.us and enter the meeting ID: 274 862 793



#### Requirements for participation:

- 1. A one-time registration is required
- 2. One case requested from each site per year
- 3. All participants are asked to complete an evaluation required for CE/CME's

**CONTACT** wycoa@uwyo.edu to join the ECHO!