Restaurant Cards

Cut apart. Provide participants as many of each as they would like to try.

A New You: Health for Every Body

I enjoyed the taste of my food.

I would appreciate the choice of a smaller portion.

Eating is one of life’s great pleasures!

Thank you for offering smaller portion sizes.

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A New You developed by Outreach & Extension of the University of Missouri & Lincoln University. Adapted by and distributed with support from WIN the Rockies, WIN Wyoming, and University of Wyoming Cooperative Extension Service, Dept. of Family & Consumer Sciences. The University of Wyoming and the United States Department of Agriculture cooperate. The university is an equal opportunity/affirmative action institution. Supported by award 0004499 through IFAFS (Initiative for Future Agriculture & Food Systems) Competitive Grants Program/USDA. www.uwyo.edu/wintherockies A New You 5:2 0903