Figure 5-14. FDA-approved IUDs. Left to right: Copper T200B, Lippes loop, Progestasert (recently replaced by Mirena), Copper T380A (Paraguard), and Copper 7. Mirena and Paraguard IUDs are currently available on the US market. The monofilament tail of the IUD extends through the cervix; this ensures the wearer that the IUD is in position and aids the physician in its removal. An IUD can be left in place for five years or longer.