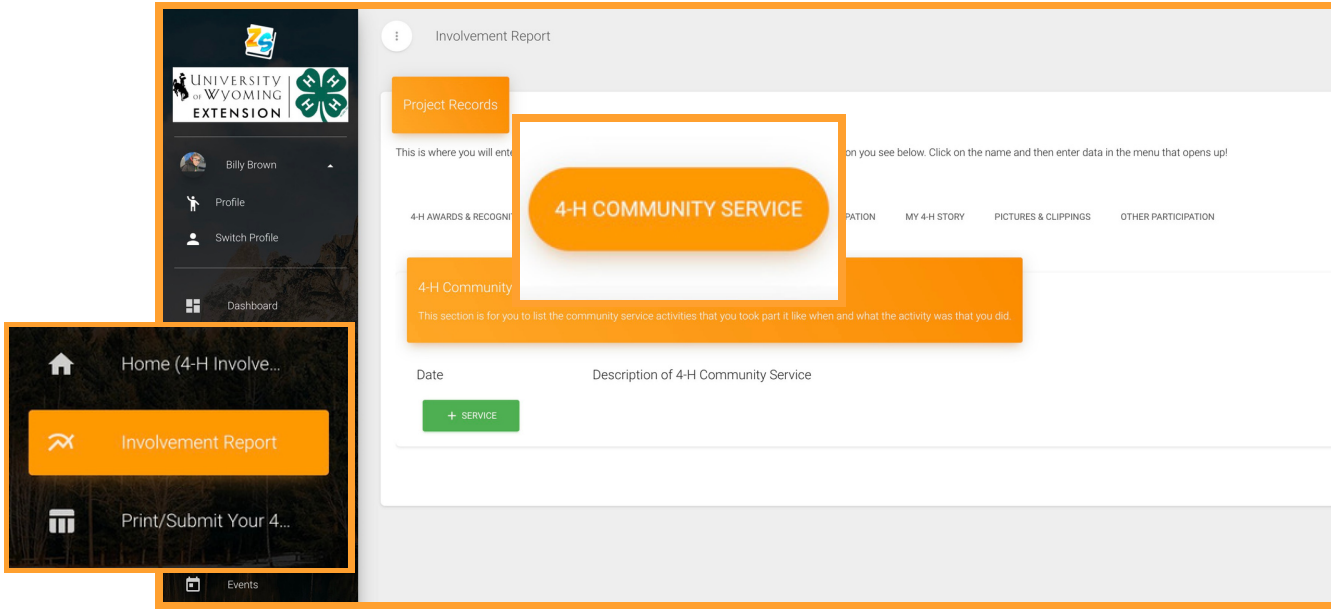


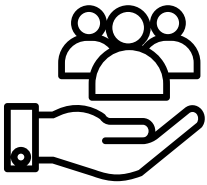


The Involvement Report will be added to every year
 (All your 4-H years should be in one Involvement Report).
 You can use the same Involvement Report every year or add previous years.



Using your "hands for larger service"

- These are all the things you did during the year to help others out, without getting anything in return.
 - These can be things you do with your club, as a county, or on your own. Make sure you describe what you did, how much was collected, how many people helped or how many people received help! You might do some of the same activities every year so don't forget to put dates on your activities.



Some ideas:

- Donate to or volunteer at a soup kitchen, food pantry, animal shelter, disaster relief efforts, or other donation based charities
- See if you can make cards or spend time at a senior center or hospital
- Help with a road side clean up, or park or fairgrounds clean-up
- Adopt a family during the holidays (Make/donate meals, Angel Trees, Valentines, Easter Baskets, May Day, etc.).

***Don't leave blanks, put "N/A" if needed