



Sport Fishing

Basics of casting

Time

1 hour

Materials

- Fishing Poles
- Small colored pom-pom balls
- Hula Hoops
- Tape
- Score Sheets
- Pens
- Clipboards

Space Required

Open area without trees, brush, etc.

Before the Meeting

Set up tape lines on the ground and hula hoops at appropriate distances for skill level of fishermen, and or type of fishing. Give each member a pole, a pom-pom, a score sheet, a pen, and a clipboard.

Background

Casting accuracy can be very important when fishing in places where casting to specific spots will increase success. Being an accurate angler comes with time and practice, and practice is very important!

Activity Instructions

1. Have the anglers pair up with each other.
2. Show the anglers how to hook or tie the pom-pom onto the line.
3. Each pair of anglers is to stand behind their designated line and cast into the designated hula hoop.
4. The angler keeping score will count how many times the caster takes to get the pom-pom cast into the hula hoop.
5. The pair will then switch, the caster being to score keeper, and the score keeper being the caster.
6. After the pair has done all stations of hula hoops, they will add up their total number of casts.
7. The individual, and/or team with the fewest casts may win a prize, if desired.
8. Instructors should demonstrate, and give the members tips as the activity takes place.

Reflect and Apply Questions

1. What was the most difficult part of this activity?
2. Did you become more successful the more you casted?
3. What did you learn that helps to make casting accurately easier?

Other Related Resources:

<http://www.asafishing.org/>

<https://www.takemefishing.org/freshwater-fishing/freshwater-bait-and-lures/freshwater-bait/>



uwyo.edu/uwe

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