



QUILTING



WHAT'S IT ALL ABOUT?

Have you ever wondered the history of a quilt in a museum or one hanging on a wall in your house? This project is designed to help you learn about quilts and gain a deeper appreciation of the art of quilt making. The 4-H quilting project lets you explore your creativity and strengthen your self-confidence while keeping alive a historical pastime, tradition and craft.

HERE'S WHAT YOU CAN LEARN...

STARTING OUT

- ✿ Learn about the history of quilts in your family
- ✿ Research methods of displaying quilts
- ✿ Know the basic items you need to start quilting
- ✿ Learn about geometric elements
- ✿ Learn about batting and how it is used
- ✿ Shop for quilting supplies
- ✿ Learn how to select proper quilting fabric
- ✿ Learn about the color wheel

LEARNING MORE

- ✿ Learn how to tie and bind a quilt
- ✿ Learn how to use a rotary cutter
- ✿ Learn different quilting patterns
- ✿ Learn about advanced quilting tools and special quilting gadgets

GOING FURTHER

- ✿ Learn about color theory and color science
- ✿ Challenge yourself with difficult quilting patterns
- ✿ Use hand and machine quilting methods
- ✿ Learn the different sizes of quilts
- ✿ Identify quilting related careers

RESOURCES

- ✿ You Can Quilt! (<http://projectcentral.ohio4h.org/publications/you-can-quilt/>)
- ✿ Quilting the Best Better (<http://projectcentral.ohio4h.org/publications/quilting-the-best-better/>)

TAKE IT FURTHER!

- ✿ Go to a quilt show
- ✿ Host a fabric exchange
- ✿ Learn about how to become a certified quilt appraiser
- ✿ Interview quilters and find what quilting method they enjoy best
- ✿ Use recycled materials from your home or a thrift store to create a quilt
- ✿ Explore computer aided designs for blocks and layout ideas
- ✿ Visit a fabric store
- ✿ Attend a quilting workshop or clinic in your area
- ✿ Design an experiment to test the durability, stain-resistance or color fastness of fabric
- ✿ Explore how math and quilting go hand in hand
- ✿ Study the use of quilts in staying warm before central heating
- ✿ Investigate how to properly clean, launder and care for quilts

ENHANCE YOUR COMMUNICATION SKILLS

Demonstrate quilt piecing at a club meeting

Talk with family and friends about quilts in their home, find out the history

GET INVOLVED IN CITIZENSHIP AND SERVICE

Make a mini-quilt for your neonatal unit at your hospital

Make a comfort pillow for a local hospice group

LEARN ABOUT LEADERSHIP

Organize a community quilting event

Teach someone how to select fabrics for a quilt

Invite an experienced quilter to talk at your club meeting

EXHIBIT IDEAS

- ✿ Make a quilt
- ✿ Design a dream sewing machine and compare it with machines already on the market
- ✿ Make a display comparing hand and machine quilting methods
- ✿ Do a display on the history of your favorite family quilt
- ✿ Design your own quilt squares, exhibit your sketches or actual quilt squares
- ✿ Make a notebook of your favorite quilt patterns
- ✿ Make a display that defines complementary colors
- ✿ Make a display about how quilting is linked to agriculture
- ✿ Create a quilting basics kit for display
- ✿ Make a comparison chart of sewing tools versus quilting tools
- ✿ Prepare a display on the history of quilting
- ✿ Create a quilt from 4-H ribbons



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