


	University of Wyoming	
	940th Air Force Reserve Officer Training Corps Cadet Wing Practical Military Training Operations Order Physical Training	DATE
		Week of 22 JAN 18

1. Situation	The Cadet Wing will hold a PT session on 25 Jan 18, in Half Acre Gymnasium.
---------------------	---

2. UOD&Location	Uniform of the Day		Uniform during PT	
	POC	GMC	POC	GMC
	PTG	PTG	PTG	PTG
	NOTES: Cadets that do not have PTG's may wear conservative workout attire. DET/CC authorizes cold weather gear for cadets to be worn.			
	Location(s)			
	PT for week 1 will be held at Half Acre Gymnasium.			

3. Mission	PT of week 1 will consist of a FA.
-------------------	------------------------------------

4. Execution					
Cadets	Activity	Location	Time	Objectives	POC
All	Warm-up	Half Acre	0605	33	C/Lt Col Faryna
All	FA	Half Acre	0610	33	C/Lt Col Faryna
All	Announcements/Det Chant	Half Acre	0700	19	C/Lt Col Faryna

5. Objectives		<ul style="list-style-type: none">• The following objectives will be accomplished: 33, 19• See below for breakdown, by cadet category, of objectives for this PT				
Objective	Description		IMT	FTP	ICL	SCL
33	Physical Training (PT)		X	X	x	x
19	Apply learned information during esprit de corps activities.		x	x	X	X

6. Weather	PT will be conducted: Indoors. The PT plan will remain the same, as weather will not be an issue indoors.
-------------------	---

7. Risk Management Worksheet										
POC: C/Lt Col Matthew Faryna										
Cadre Safety Observer: Capt George Noah										
Step 1: ID Hazards	Step 2: Assess Risks				Step 3: Analyze Risk Control Measures	Step 4: Control Decisions				Step 5: Implement Risk Controls
	Low	Med	High	Ext		A	R	M	E	
Cadets become dehydrated or fatigued	x				Have mobile water source available		x			Give cadets water and let them take a break when needed
Personal Injury	X				Brief cadets on proper exercise form/Stretches		x			Observe cadets form/allow time for stretching and warm-up
Overall Assessment	x					x				
Step 2 Risk assessment level determined based on AFI 90-802, Figure 3 (Risk Assessment Matrix); events with an overall medium risk assessment will be forwarded to the AFROTC Detachment 940 Commander for review/approval. Step 4: A – Avoid, R – Reduce, M – Mitigate, E – Eliminate Overall Analysis: As long as proper safety precautions are taken, there should only be an overall low risk of incident during LLAB. Note: ORM Step 6 will be conducted after LLAB completion.										

8. Authorization	<ul style="list-style-type: none"> AFROTCI 36-2011, Cadet Operations T-508, Cadet's Guide to 2017-2018 LLAB Curriculum 940th Cadet Wing OPLAN, Spring 2018
-------------------------	---

9. 940 CW/CC Signature	//SIGNED/gmf/25 Jan 18//
	GUIL M. FACTOR, C/Col, USAF AFROTC Det 940 CW/CC

10. OFC Approval and Signature	APPROVED	DISAPPROVED	DATE:	25 Jan 17
	GEORGE T. NOAH, Capt, USAF Operations Flight Commander			

11. Detachment/CC PMT Time Deviation Approval	<input type="checkbox"/>	APPROVED	<input type="checkbox"/>	DISAPPROVED	<input type="checkbox"/>	N/A	DATE:	<input type="text"/>
	<p>Deviations from the mandatory PMT maximum time limits must be approved by the Detachment/CC in writing and must be reasonable and justifiable. Blanket deviation statements are not authorized. Each instance must be addressed individually.</p> <p>This event combined with the weekly LLAB/PT will exceed the six hour limit. No objections have been presented from within the cadet wing at this time. Students with legitimate schedule conflicts will be excused on a case-by-case basis. The value of training that will be received makes this request both reasonable and justifiable.</p>							
	<div></div>							
	<p>SAMUEL R. SHEARER, Lt Col, USAF Commander, AFROTC Detachment 940</p>							