

Family and Consumer Sciences, BSFC



Human Nutrition and Food

University of Wyoming, 2015-16

Freshman Fall Semester				Hrs	Min Grade	Notes
		USP First-Year Seminar		3	C	FY
ENGL	1010	College Composition and Rhetoric		3	C	C1
FCSC	1141	Principles of Nutrition		3	C	
LIFE	1010	General Biology *		4	C	PN
MATH	1400	College Algebra **		3	C	Q
Credit hours subtotal:				16		

Freshman Spring Semester				Hrs	Min Grade	Notes
CHEM	1020	General Chemistry I		4	C	PN
FCSC	1150	Scientific Study of Food		3	C	
POLS	1000	American & WY Government		3		V
PSYC	1000	General Psychology		3		H
SOC	1000	Sociological Principles		3		H
Credit hours subtotal:				16		

Sophomore Fall Semester				Hrs	Min Grade	Notes
CHEM	1030	General Chemistry II		4		
FCSC	2200	Professionalism & Communication in FCSC		3	C	C2
MOLB	2021	General Microbiology		4		
		Human Nutrition and Food Elective I ***		3	C	
Credit hours subtotal:				14		

Sophomore Spring Semester				Hrs	Min Grade	Notes
CHEM	2300	Introduction to Organic Chemistry		4		
STAT	2050	Fundamentals of Statistics		4		Can substitute STAT 2070 (Intro Statistics for Social Sciences).
ZOO	3115	Human Systems Physiology		4		
		FCSC Core I ****		3	C	
Credit hours subtotal:				15		

This is a guide for course work in the major; actual course sequence may vary by student. Please refer to the online student degree evaluation, and consult with an academic advisor. • Not all courses are offered every semester and some electives may have prerequisites. Students should review the course descriptions in the *University Catalog* and consult with their academic advisor to plan accordingly.

University of Wyoming requirements:

Students must have a minimum cumulative GPA of 2.0 to graduate. • Students must complete 42 hours of upper division (3000-level or above) coursework, 30 of which must be from the University of Wyoming. • Courses must be taken for a letter grade unless offered only for S/U. • University Studies Program (USP) Human Culture (H) and Physical & Natural World (PN) courses must be taken outside of the major subject, but can be cross-listed with the major.

Family & Consumer Sciences Human Nutrition and Food Program Notes:

• Students are required to pass all courses within the Department of Family and Consumer Sciences with a grade of C or better.

* Requires MATH ACT ≥ 21 , MATH SAT ≥ 600 , Math Placement Exam ≥ 2 , or $\geq C$ in Math 0921. (University standard)

** Requires MATH ACT ≥ 23 , MATH SAT ≥ 600 , Math Placement Exam ≥ 3 , or $\geq C$ in Math 0925. (University standard)

*** **Human Nutrition and Food Elective I:** This elective, on a current topic in the field of human nutrition, must be selected in consultation with the student's advisor.

Family and Consumer Sciences, BSFC

Human Nutrition and Food



University of Wyoming, 2015-16

Junior Fall Semester			Hrs	Min Grade	Notes
FCSC	4142	Nutrition and the Elderly	1	C	
ZOO	2040	Human Anatomy	3		
ZOO	2041	Human Anatomy Lab	1		
		Human Nutrition and Food Elective II *****	3	C	
		Restricted Elective *****	3		
		Elective *****	3		
Credit hours subtotal:			14		

Junior Spring Semester			Hrs	Min Grade	Notes
ENGL	4010	Technical Writing in the Professions	3	C	C3
FCSC	3140	Maternal, Infant and Adolescent Nutrition	3	C	
FCSC	4147	Nutrition and Weight Control	3	C	
		Upper Division Restricted Electives *****	6		
Credit hours subtotal:			15		

Senior Fall Semester			Hrs	Min Grade	Notes
FCSC	4145	Advanced Nutrition	4	C	
		Upper Division Restricted Electives *****	6		
		Electives *****	6		
Credit hours subtotal:			16		

Senior Spring Semester			Hrs	Min Grade	Notes
FCSC	4150	Experimental Foods	3	C	
		FCSC Core II *****	3	C	
		Upper Division Restricted Electives *****	6		
		Elective *****	3		
Credit hours subtotal:			15		

TOTAL MINIMUM CREDIT HOURS: 121

Family & Consumer Sciences Human Nutrition and Food Program Notes con't:

**** **FCSC Core I:** Choose one of the following:

- FCSC 2100 Fundamentals of Aging & Human Development (3 hrs)
- FCSC 2121 Child Development (4 hrs)
- FCSC 2131 Family Relations (3 hrs)
- FCSC 2133 Intimate Relationships (3 hrs)
- FCSC 3110 Personal Finance (3 hrs)
- FCSC 3220 Multicultural Influences on Children & Families (3 hrs)

***** **Human Nutrition and Food Elective II:** Choose one of the following:

- FCSC 3145 Sports Nutrition and Metabolism (3 hrs)
- FCSC 3150 Intermediate Foods (2 hrs)
- FCSC 3147 Community Nutrition (3 hrs)
- FCSC 3152 Food Systems Production (3 hrs)

***** **Restricted and Other Electives:** This program requires 20 credit hours of restricted electives that must be approved by the advisor. The student may select 12 credit hours of additional electives.

***** **FCSC Core II:** Choose one of the following:

- FCSC 1180 Applied Design (3 hrs)
- FCSC 2170 Clothing in Modern Society (3 hrs)
- FCSC 2180 Housing (3 hrs)
- FCSC 3171 Introductory Textile Science (3 hrs)
- FCSC 4181 Global Textiles Marketplace (3 hrs)