

# Family and Consumer Sciences, BSFC



## Human Nutrition and Food

### University of Wyoming, 2016-17

Freshman Fall Semester					Hrs	Min Grade	Notes
		USP First-Year Seminar			3	C	FY
ENGL	1010	College Composition and Rhetoric			3	C	C1
FCSC	1141	Principles of Nutrition			3	C	
LIFE	1010	General Biology *			4	C	PN
MATH	1400	College Algebra **			3	C	Q
Credit hours subtotal:					16		

Freshman Spring Semester					Hrs	Min Grade	Notes
CHEM	1020	General Chemistry I			4	C	PN
FCSC	1150	Scientific Study of Food			3	C	
POLS	1000	American & WY Government			3		V
PSYC	1000	General Psychology			3		H
SOC	1000	Sociological Principles			3		H
Credit hours subtotal:					16		

Sophomore Fall Semester					Hrs	Min Grade	Notes
CHEM	1030	General Chemistry II			4		
FCSC	2200	Professionalism & Communication in FCSC			3	C	C2
MOLB	2021	General Microbiology			4		
		Human Nutrition and Food Elective I ***			3	C	
Credit hours subtotal:					14		

Sophomore Spring Semester					Hrs	Min Grade	Notes
CHEM	2300	Introduction to Organic Chemistry			4		
STAT	2050	Fundamentals of Statistics			4		Can substitute STAT 2070 (Intro Statistics for Social Sciences).
ZOO	3115	Human Systems Physiology			4		
		FCSC Core I ****			3	C	
Credit hours subtotal:					15		

This is a guide for course work in the major; actual course sequence may vary by student. Please refer to the online student degree evaluation, and consult with an academic advisor. • Not all courses are offered every semester and some electives may have prerequisites. Students should review the course descriptions in the *University Catalog* and consult with their academic advisor to plan accordingly.

#### University of Wyoming requirements:

Students must have a minimum cumulative GPA of 2.0 to graduate. • Students must complete 42 hours of upper division (3000-level or above) coursework, 30 of which must be from the University of Wyoming. • Courses must be taken for a letter grade unless offered only for S/U. • University Studies Program (USP) Human Culture (H) and Physical & Natural World (PN) courses must be taken outside of the major subject, but can be cross-listed with the major.

#### Family & Consumer Sciences Human Nutrition and Food Program Notes:

• Students are required to pass all courses within the Department of Family and Consumer Sciences with a grade of C or better.

\* Requires MATH ACT  $\geq$  21, MATH SAT  $\geq$  600, Math Placement Exam  $\geq$  2, or  $\geq$  C in MATH 0921. (University standard)

\*\* Requires MATH ACT  $\geq$  23, MATH SAT  $\geq$  600, Math Placement Exam  $\geq$  3 or  $\geq$  C in MATH 0925. (University standard)

\*\*\* **Human Nutrition and Food Elective I:** This elective, on a current topic in the field of human nutrition, must be selected in consultation with the student's advisor.

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Junior Fall Semester			Hrs	Min Grade	Notes
ENGL	4010	Technical Writing in the Professions	3	C	C3
ZOO	2040	Human Anatomy	3		
ZOO	2041	Human Anatomy Lab	1		
		Human Nutrition and Food Elective II *****	3	C	
		Electives *****	6		
Credit hours subtotal:			16		

Junior Spring Semester			Hrs	Min Grade	Notes
FCSC	3142	Geriatric Nutrition	2	C	
FCSC	4044	Maternal, Infant and Adolescent Nutrition	3	C	
FCSC	4147	Nutrition and Weight Control	3	C	
		Electives *****	6		
Credit hours subtotal:			14		

Senior Fall Semester			Hrs	Min Grade	Notes
FCSC	4145	Advanced Nutrition	4	C	
		Upper Division Electives *****	9		
		Electives *****	3		
Credit hours subtotal:			16		

Senior Spring Semester			Hrs	Min Grade	Notes
FCSC	4150	Experimental Foods	3	C	
		FCSC Core II *****	3	C	
		Upper Division Electives *****	9		
Credit hours subtotal:			15		

**TOTAL MINIMUM CREDIT HOURS: 122**

#### Family & Consumer Sciences Human Nutrition and Food Program Notes con't:

\*\*\*\* **FCSC Core I:** Choose one of the following:

- FCSC 2100 Fundamentals of Aging & Human Development (3 hrs)
- FCSC 2121 Child Development (4 hrs)
- FCSC 2131 Family Relations (3 hrs)
- FCSC 2133 Intimate Relationships (3 hrs)
- FCSC 3110 Personal Finance (3 hrs)
- FCSC 3220 Multicultural Influences on Children & Families (3 hrs)

\*\*\*\*\* **Human Nutrition and Food Elective II:** Choose one of the following:

- FCSC 3145 Sports Nutrition and Metabolism (3 hrs)
- FCSC 3150 Intermediate Foods (2 hrs)
- FCSC 3147 Community Nutrition (3 hrs)
- FCSC 3152 Food Systems Production (3 hrs)

\*\*\*\*\* **Electives:** This program includes 33 credit hours of elective courses that will allow the student to acquire a supporting minor or gain more depth in an area of emphasis. Students should consult with their academic advisor about appropriate courses to

\*\*\*\*\* **FCSC Core II:** Choose one of the following:

- FCSC 1180 Applied Design (3 hrs)
- FCSC 2170 Clothing in Modern Society (3 hrs)
- FCSC 2180 Housing (3 hrs)
- FCSC 3171 Introductory Textile Science (3 hrs)
- FCSC 4181 Global Textiles Marketplace (3 hrs)