UNIVERSITY OF WYOMING Division of Student Affairs



Student Learning Outcomes



Through interactions with our division, students will learn about making healthy lifestyle choices. While students have different needs and likes, each makes conscious decisions which can increase or decrease risks and impact his/her level of wellness in the realms of physical, mental, emotional, and spiritual health. Through our program offerings, staff guidance, and participation opportunities, we can positively influence student healthy lifestyle choices.

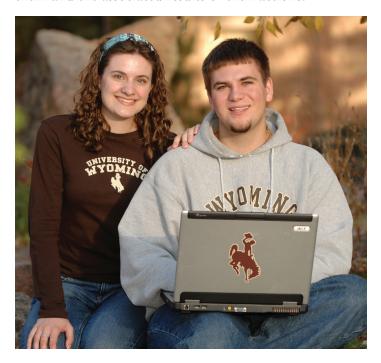
Through interactions with our division, students will learn to appreciate individual differences and similarities. By experience and interactions, students will be able to decipher how similar they are to others, and how they differ. The comparisons may be cultural, ethnic, gender, religious, sexual orientation, ability, generational, personality, etc. Through knowledge and understanding of others, an appreciation of what makes them alike and what makes them unique will be gained.

Through interactions with our division, students will develop skills to think objectively and critically. Staff will help students to understand the role of personal values, the potential consequences of their decisions, and the option of alternative perspectives. Opportunities for decision making are offered in leadership settings, personal choices, and interpersonal relationships.

Through interactions with our division, students will learn personal responsibility. This will include learning the importance of meeting deadlines, taking initiative, gratitude and appreciating what others do for them, asking for assistance, and accessing available resources, among other things. It will involve looking beyond their own needs and wants, understanding the consequences of their actions, thinking objectively before they act, and moving on once a decision is made. It also involves ethical decision making and providing service to others.



Through interactions with our division, students will gain greater self understanding. To be most effective, student must first know themselves-their strengths and weaknesses, the influences of their cultural backgrounds, their life experiences, their personal goals, and their individual values. Through formal and informal evaluations and through situational review and analysis, students will learn to reflect on what influences them and the associated results of their actions.



Through interactions with our division, students will learn to communicate effectively. Communication occurs through writing, speaking, listening, actions, and non-verbal cues. Students will have opportunities to be advocates for themselves, for points of view, and for programs and causes. They will learn the importance of diplomacy and tact, mediation, negotiation, credibility, preparation, and confidentiality. From one-on-one communications to group presentations, they will learn varied approaches designed for different settings.

Through interactions with our division, students will develop citizenship skills. In addition to voting, students will learn the importance of participation in community and regional organizations for their own self-satisfaction and advancement, but also for the good of society in general. They will learn the significance of



civility in working with others and the need to respect proper authority. They will identify and implement practices of sustainability. They will learn to appreciate the importance of volunteerism in achieving objectives they share with others.

Through interactions with our division, students will enhance their feelings of engagement, belonging, and loyalty. Students will learn the importance of being a part of identifiable groups-their culture, their traditions, and their sense of community. They will learn responsibility to and for their associations. It will help them to define who they are and what they value. It will provide them with opportunities for long-lasting friendships and mutual support.

