

AlcoholEDU and SAPU: What You Need to Know

AWARE Program

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Alcohol Consequences on College Campuses

A National Concern for College Students (and Parents)

In a year...

- 1,825 college student deaths
- 97,000 sexual assaults
- 696,000 assaults
- 4.8 million students report driving while intoxicated
- 19% of college students met the criteria for alcohol abuse or dependence, but only 5% of these students sought treatment.

Sources:

National Institute of Health Publication No. 07-5010. Printed November 2007

National Institute of Alcohol Abuse and Alcoholism (2015)

<http://www.niaaa.nih.gov/alcohol-health/special-populations-co-occurring-disorders/college-drinking>



Prevention Needs Assessment Survey

2016 survey of Wyoming High School 12th graders

BEHAVIOR	WYOMING
Lifetime Alcohol Use	64.5%
Recent (Past 30-Days) Alcohol Use	35.8%
Heavy/Binge Drinking	18.6%
Drank (more than sips) before age 13	12.6%

More information at www.pnasurvey.org



What is UW doing?

Alcohol, Wellness Alternatives, Research, & Education (AWARE) Program

- Harm Reduction Approach
 - “Safe, Legal, Responsible”
- Educational services at 3 levels:
 - UW and surrounding community
 - UW student population as a whole
 - Individual student
- UW has received multiple national awards for our work in alcohol abuse prevention



AlcoholEdu[®] For College Sexual Assault Prevention For Undergraduates

- Required of ALL UW freshmen and transfer students with less than 60 credit hours
- Online alcohol and sexual assault/relationship violence prevention education programs
- Used by nearly 1,700 U.S. colleges/universities
- Personalized, interactive program, designed specifically for college students
- Non-opinionated, research based



Alcohol EDU and SAPU Logistics

- Part One
 - Opens **Monday, July 23rd**
 - Total estimated time: 3 hours
 - Deadline: **Friday, August 24th**
 - Students must pass test at end with 75%
- Part Two
 - Email invitation 45 days after completing Part 1
 - Total estimated time: 15 minutes
 - Deadline: **Friday, October 26th**



Incentives and Consequences

- Incentives (prizes) for completing the courses on time
- Penalty for not completing the courses by deadlines: registration hold will be placed on account.



Research Findings

- UW Freshmen high risk drinkers have decreased from 32% in 2008 to 19% in 2017
- Top 3 reasons for not drinking:
 - I'm going to drive
 - I don't want to spend the money
 - I have other things to do
- Parents who talk to students before they leave for college can have a big impact on social behavior and academic success



Questions During the School Year

- How are you spending your free time?
- Is the drinking environment what you expected? Why/why not?
- How are you handling the drinking environment?
- What decisions are you making about alcohol?
- What consequences (positive and negative) are you seeing from your choices?



Any Questions?

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