



## UW ALUMNI STUDY TOUR – THE ART AND HISTORY OF MEDICINE 2025

**MONDAY OCTOBER 6 - THURSDAY OCTOBER 16, 2025**

Join us on an exploration of the art and history of medicine in London and Paris. Walk through neighborhoods, museums, and famous sites with a focus on developing a deep understanding of the history and culture, particularly as they relate to the development of modern medicine.

**Price:**

- Double occupancy room plus all inclusions: \$4,450
- Single occupancy room plus all inclusions: \$5,950

**Included:**

- Guide and transport:
- Travel with 2 physiology professors who have taught a study abroad course on this theme for 3 consecutive years.
- Local transport on subways
- Eurostar between London and Paris

**Accommodations:**

- 10 nights in 3+ star hotels with private bathrooms

**Meal plan:**

- Expansive daily breakfast included at each hotel
- 1 group dinner in London and 1 in Paris

**Excursions:**

- 4 full day and 2 half day tours led by a professional local guide specializing in medical history
- See Itinerary for details

**Not-Included:**

- Airfare - the course begins in London on Oct 6 and ends in Paris on Oct 16; participants can make travel arrangements that best suit them around these dates (including arriving earlier and/or staying later); we can also provide recommendations on flights
- Lunches and most dinners (other than 2 group dinners)
- Optional tours (see itinerary for details and pricing)
- Personal travel insurance
- Passport, global entry, other travel services and fees.
- ETA (visa)



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## Itinerary:

- **MONDAY, OCTOBER 6, 2025 - London**  
Convene at the iconic Mad Hatter hotel for a meet and greet evening with a special guest and classic British dinner. (Participants make their own arrangements. We do just ask that you join us during the meet and greet to discuss the itinerary).
- **TUESDAY, OCTOBER 7, 2025 - London**  
*9:00 am - 2:30 pm*

### **Art of Physick Walking Tour and Materia Medica museum tour at the Victoria & Albert**

The walk starts at South Kensington Underground Station and ends at the Albert Memorial in Kensington Gardens. It explores the fascinating connections between medicine and the arts across the last two and a half centuries. With a focus on the districts and world famous institutions including the Natural History Museum, Science Museum, Royal College of Music, Albert Hall and Kensington Gardens.

The V&A is London's largest museum and the greatest museum of decorative arts in the world. On this visit we will examine how the everyday objects that surround us from textiles to furnishings, clothing to crockery speak to our understanding of our bodies, environment and health. Encompassing the classical and medieval periods in Europe alongside extraordinary objects from the Islamic world, India, Japan and China, this tour seeks to highlight how much cultures separated by time and geography share in terms of our beliefs and behaviours surrounding healing and faith.

#### *Free Afternoon*

Recommendations in the immediate area after the tour: Science Museum (Medicine: the Wellcome Galleries), Serpentine Gallery (contemporary art), Kensington Palace (Royal Palace and changing exhibitions).

- **WEDNESDAY, OCTOBER 8, 2025 - London**  
*9:45 am - 12:30 pm*

### **A Picture of Health: Medical Secrets in the Masterpieces of the National Gallery**

This visit focuses on representation of sickness and health, prevention and cure across 500 years of art from the British Isles. From Tudor marriage paintings to the satirical cartoons of William Hogarth, Georgian equine portraits, Victorian preoccupations with mortality and the First World War's decisive impact on modern art, we will explore the masterpieces of one of London's greatest but least known collections from a decidedly medical perspective, revealing changing attitudes to wellbeing across the centuries.

#### *Optional Afternoon Activities*

*All optional events are not included in the course price but can be added. A minimum of 6 participants must opt in to one of the tours. Cost is dependent on total number of participants.*

**British Museum** guided tour: visit the collections with a guide with a medical bent. (£22-44 per person)

**Walking tour: An A to Z of London's Illnesses:** take a walk through St James's and Piccadilly concluding in Soho. Every stop on the walk is connected with a different disease and its history. (£20-40 per person)

#### *Or Free Time*

Recommendations in the immediate area after the tour: National Portrait Gallery, Whitehall & Houses of Parliament, Westminster Abbey (very busy), Buckingham Palace (exterior), Covent Garden and Soho.

- THURSDAY, OCTOBER 9, 2025 - London

*9:30 am - 2:30 pm*

**From Cradle to Grave Walking Tour and visit to the Wellcome Collection and Library**

This innovative walking tour explores the diversity of services and service providers that deliver on behalf of Britain's National Health Service. From a large acute teaching hospital to a community based preventive health project, the locations we visit allow greater understanding of the breadth and depth of the NHS' influence on the lives of people in Britain. Facilities included on the tour include a pharmacy, birth control clinic, private hospital, dentist, integrated medicine training centre, research facility, sexual health clinic, medical school and patient hotel.

Break for lunch at Wellcome Collection. Tour of Being Human and Reading Room galleries with focus on medical ethics.

*Free afternoon*

Recommendations in the immediate area after the tour: Petrie Museum (UCL), British Museum, British Library, Hunterian Museum (Royal College of Surgeons), Royal College of Physicians and Medicinal Garden.

*Group evening at the theatre (TBA)*

- FRIDAY, OCTOBER 10, 2025 - London

*Free day*

*Or one of two optional activities from 9:30 am - 2:30 pm*

**In Rude Health: Art and Wellbeing at Tate Britain and Lost World of Medicine** waking tour Start at Pimlico Underground Station. Visit to Tate Britain. Walking tour to Vincent Square (near Victoria). (£45-90 per person)

**An Empire of Plants: Colonialism, Medicine and Material Culture at the Royal Botanic Gardens Kew** Meet in Central London for journey to Kew Gardens. Tour of Gardens including Palm House, Princess of Wales Greenhouse, Temperate House, Pagoda, Zen Garden, Treetops Walk and Kew Palace, the home of George III. (£45-90 per person, plus £65 entry fee for entire group)

- SATURDAY, OCTOBER 11, 2025 - London/Paris

*Morning*

Check out of hotel, take Eurostar from London to Paris (~2 hour trip)

*Afternoon*

**Introductory tour of Paris** (2.5 hours) After settling into the hotel, get oriented to this magical city via a walking tour of the principal sites in the 1st, 4th, and 5th arrondissements.

- SUNDAY, OCTOBER 12, 2025 - Paris

*10 am - 5 pm*

**La Comedie Humaine Full Day Programme**

This tour takes place in the shadow of perhaps Paris' most famous monument: the Eiffel Tower. In a district shaped by the World's Fairs of the 19th and 20th centuries we will explore how these global events - and the legacy of the era they define - still shape our understanding of what makes us what we are. Unpicking complex issues from colonialism to the development of neurology and psychology, the emergence of modern art and modern medicine, this tour offers a unique perspective on a part of the city known, but little understood, the world over. Walking tour starting at Palais de Chaillot, featuring visits to the Musee du Quai Branly (anthropology and global art) and MAM (20th and 21st century art). Concluding at the Palais de Tokyo.

- MONDAY, OCTOBER 13, 2025 - Paris

*9:30 am - 5 pm*

**Médecin à Paris**

Commencing in the Jardin des Plantes, this full day study tour transects the ancient centre of the city - the 'Latin Quarter' - from its Roman foundations to its iconic medieval cathedral, Notre Dame. At every stop we will learn more about medical ideas, practices and people from different epochs of French history. Featuring visits to the Grande Galerie d'Evolution and Musée d'Histoire de Médecine, and concluding near the Hotel Dieu (Notre Dame).

- TUESDAY, OCTOBER 14, 2025 - Paris

*Free day*

Enjoy the sites in Paris or the surrounding area (Versailles).

*Or Optional Tour*

**Sante: Public Health in Paris (full day)**

Starting with a visit to the Musée des Egouts (sewer museum) this tour follows the path of the Seine River through central Paris to explore the various measures taken through time to protect public health and improve the quality of life. A visit to the Musée des Arts Décoratifs is included in the programme to explore what fashion, advertising, architecture and other applied arts can tell us about changing perceptions of health and fitness through time. (£80-130 per person, with all museum entries)

- WEDNESDAY, OCTOBER 15, 2025 - Paris

*Free day*

*Or Optional Tour*

**Bespoke Paris Sightseeing**

Work with your guide to design a tour of Paris including major museums and sights of your choosing. Alternatively, an accompanied visit outside of Paris can be arranged. (50-100 per person). Recommended purchase of Paris Pass.

Group dinner (location TBA)

- THURSDAY, OCTOBER 16, 2025

End of adventure

Depart Paris