

**SENATE RESOLUTION #2583**



**TITLE:** Support for the Observance of Mental Health Awareness Day  
**DATE INTRODUCED:** November 14, 2017  
**AUTHOR:** Director of Wellness and Student Resources Bergman  
**SPONSORS:** President Wetzel; Senator Hungerford and Westlake; Graduate Assistant Golden

1. WHEREAS, it is the duty of the Associated Students of the University of Wyoming (ASUW)
2. Student Government to represent our fellow students accurately; and,
3. WHEREAS, mental health is an increasingly prevalent concern on college campuses around the world,
4. including the University of Wyoming; and,
5. WHEREAS, 1 in 5 American adults experience a mental health issue in a given year and,
6. WHEREAS, depression can result in 5 missed work days and 11.5 days of reduced
7. productivity every three months for an individual (National Mental Health Alliance); and,
8. WHEREAS, many workplaces are moving toward an environment which recognizes mental
9. health; and,
10. WHEREAS, other universities are working to create an environment of increased visibility
11. and awareness for mental health (University of Montana); and,
12. WHEREAS, mental health should be recognized and prioritized by student leaders on a more
13. public platform; and,
14. WHEREAS, the legislative branch is also encouraged to take time on the 29 of November in
15. the year of 2017 to observe and prioritize mental health;
16. THEREFORE, be it resolved by the ASUW Student Government that the Executive branch
17. of ASUW will be absent from the ASUW office for the 29 of November in the year of

18. 2017 to support Mental Health Awareness Month and cancel all nonessential ASUW committee meetings to prioritize our own mental health;

19. and,

20. THEREFORE, be it further resolved by the ASUW Student Government that ASUW Student

21. Government professional staff be encouraged to find time during the month of November

22. 2017 to take time away from their professional duties to observe the importance of their own

23. mental health and wellness.

Referred to: Programs and Institutional Development

Date of Passage: 11/28/17 Signed: Jessie Nelson  
(ASUW Chairperson)

“Being enacted on November 30<sup>th</sup>, 2017, I do hereby sign my name hereto and

approve this Senate action.” Benjamin D. [Signature]  
ASUW President