

# University of Wyoming Early Care and Education Center Children's Outdoor Bill of Rights

Children have the right to...

Jump off a rock

Breathe fresh air

Feel grass between their toes

Splash in the water

Follow a trail

Plant a garden

Read a book under a tree

Fall down

Collect treasures

Dig for worms

Swing really, really high

Taste icicles

Pick flowers

Listen to the wind in the trees

Smell the rain

Look for bugs under rocks

Have a picnic

Ride bikes and scooters

Go on a bear hunt

Run as fast as they can

Watch the world go by

Make mud soup

Play in the mud

Lie on their backs and watch the clouds

Build a fort

Scream as loud as they want

Eat snow (not the yellow snow)

Listen to birds sing

Take a nap in the shade

Wrestle with their friends

Jump in a puddle

Sing and dance

Eat straight from the garden

Climb a tree

Look for animal tracks

Be scared of bugs (especially spiders)

Hug a tree

Catch snow-flakes on their tongues