

# Alyssa D. McElwain

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## EDUCATION

Ph.D.	2015	Auburn University	Human Development and Family Studies Graduate Certificate in University Teaching
M.S.	2008	Purdue University	Child Development and Family Studies Marriage and Family Therapy
B.A.	2006	Kansas State University	Psychology Minor in Spanish

## CERTIFICATIONS

2015-Present      Certified Family Life Educator (CFLE)

## PROFESSIONAL EXPERIENCE

2021-Present	<i>Associate Professor</i> , Human Development and Family Sciences, Department of Family and Consumer Sciences, University of Wyoming
2020-2022	<i>Local Impact Evaluator</i> , Alabama Youth Relationship Education (AYRE) project, Auburn University
2015-2021	<i>Assistant Professor</i> , Human Development and Family Sciences, Department of Family and Consumer Sciences, University of Wyoming
2014-2015	<i>Research Assistant</i> , Alabama Healthy Marriage and Relationship Education Initiative, Auburn University
2013-2015	<i>Service-Learning Coordinator</i> , Alabama Healthy Marriage and Relationship Education Initiative, Department of Human Development and Family Studies, Auburn University
2010-2014	<i>Graduate Teaching Assistant</i> , Department of Human Development and Family Studies, Auburn University
2011-2013	<i>Program Facilitator &amp; Research Assistant</i> , Young Women Leaders Program, Women's Initiatives, Auburn University

*(Professional Experience—Continued)*

- 2011-2012                      *Technical Assistant, Alabama Personal Responsibility and Education Program (APREP), Montgomery, AL.*
- 2006-2008                      *Graduate Teaching Assistant, Department of Behavior Sciences, Purdue University Northwest Campus*

## **COURSES TAUGHT**

### University of Wyoming

- FCSC 2133: Intimate Relationships (3 credits)  
*Spring semester 2025(online)*
- FCSC 3122: Adolescence (3 credits)  
*Fall semesters 2016-2024 (excluding sabbatical in 2023) Summer 2017 (online)*
- FCSC 3119: Parent-Child Relationships (3 credits)  
*Spring semesters 2016-2025 (excluding sabbatical in 2024; online in 2017; 2021); Summer 2018-2019; 2021 (online)*
- FCSC 4125: Professional Practices in Human Development and Family Science (3 credits)  
*Fall semesters 2015-2024 (excluding sabbatical in 2023; online in 2020 & 2021)*
- FCSC 4118: Family Policy (3 credits)  
*Spring semesters 2017-2025(excluding sabbatical in 2023; online in 2018 & 2021; HyFlex in 2022)*
- FCSC 4132: Internship in Human Development and Family Science (6-8 credits)  
*Spring and Summer semesters 2016-2025*
- FCSC 2200: Professionalism and Communication in Family and Consumer Science (3 credits)  
*Spring 2016 (Co-taught), Spring 2019 (online)*
- FCSC 3110: Personal Finance (3 credits)  
*Fall semester 2022(online)*
- FCSC 4106: Special Problems in FCS: Relationship Education and Leadership (1-2 credits)  
*Fall and Spring semesters 2018-2020*
- FCSC 4104: Field Studies in Family and Consumer Sciences (1 credit)  
*Spring semesters 2018-2019*

*Unless otherwise noted, all online courses were delivered in an asynchronous format.*

### Auburn University

- HDFS 3930: Service Learning in Human Development and Family Studies (1-3 credits)  
*Fall & Spring semesters 2011-2015*
- HDFS 3030: Adolescent and Adult Development in the Family (3 credits)  
*Summer semester 2014*
- HDFS 3040: Human Sexuality over the Family Life Cycle (3 credits)  
*Summer semesters 2011 & 2012*

*(Courses Taught—Continued)*

## Purdue University Northwest

PSY 120: Elementary Psychology (3 credits)

*Fall 2006, Spring 2007, Fall 2007, Spring 2008 (2 sections), Fall 2008 (2 sections)*

## **GRANTS/FUNDING**

### Awarded

**McElwain, A.** (2024-2029). *Using current science on emerging adult romantic relationships to inform prevention programming*. USDA National Institute of Food and Agriculture Agricultural Experiment Station Hatch Project; \$18,000.

**McElwain, A.** (2020). *Relationship Education and Leadership: Promoting Healthy Relationships for Wyoming Youth*. University of Wyoming, Office of Engagement and Outreach Malcolm Wallop Faculty Engagement Fellowship; \$12,000.

**McElwain, A.** (2018). University of Wyoming, Service-Learning Community Engagement (SLCE) Office Community Action Grant; \$700.

**McElwain, A.** (2018) *Foundations in Human Development and Family Science: Online Learning Module Development*. University of Wyoming, Libraries Open Educational Resources (OER) Initiative Alt-Textbook Grant; \$1,500.

**McElwain, A.** (2017). *Emerging adult outcomes during the transition to university life: A cross-cultural exploration of American, Chinese, and Chinese international students*. University of Wyoming, College of Agriculture & Natural Resources Global Perspectives Grant; \$5,000.

**McElwain, A.** (2017). *Emerging adult outcomes during the transition to university life: A cross-cultural exploration of American, Chinese, and Chinese international students*. University of Wyoming, Global Engagement Office International Travel Grant; \$2,000.

**McElwain, A.** (2017-2021). *Relationship Education and Leadership: Youth-Focused Relationship Education and Undergraduate Service Learning*. USDA National Institute of Food and Agriculture Agricultural Experiment Station Hatch Project; \$18,000.

### Consulting:

**Local Impact Evaluator**, *Alabama Youth Relationship Education*. (2020-2025) U.S. Department of Health and Human Services, Administration for Children and Families; \$994,000. Local evaluator subcontract amounts: PY1 = \$48,490; PY2 = \$51,224. 90ZD0002-02-00

(Grants/Funding—continued)

### Unfunded

**McElwain, A.** (2019). *Engaging Wyoming High School Students in Family and Consumer Sciences through Faculty Collaboration and 4-H Partnerships*. University of Wyoming, Office of Engagement and Outreach Faculty Engagement Fellowship; \$10,000.

**McElwain, A.** (2019). *Relationship Education Leadership Program: High-Impact Learning through Peer-Education*. USDA National Institute of Food and Agriculture Higher Education Challenge Grant; \$150,000.

Su, S., **McElwain, A.**, & Lin, X. (2018). *A cross-cultural exploration of academic and interpersonal outcomes among American, Chinese, and Chinese international students*. Paul P. Fidler Research Grant; \$5,000.

Jackson, A., **McElwain, A.**, & Sollie, D. (2013). *Auburn University Young Women Leaders Program*. American Association of University Women Community Action Grant; \$7,000.

### Travel & Professional Development Funding

2022	The Great Teacher's Retreat. Two-day conference on effective teaching. Ellbogen Center for Teaching and Learning. Saratoga, WY.
2020	Digital Teaching and Learning Course stipend; Ellbogen Center for Teaching and Learning, \$1,500
2017	Faculty Engaged Learning Community participation and travel stipend for the Campus Compact conference in Denver, CO. University of Wyoming, Service Learning and Community Engagement Office, \$500.
2017	International travel grant for attendance at the International Convention of Psychological Sciences in Vienna, Austria. University of Wyoming, Global Engagement Office, \$500.
2013	Travel funding for first author research presentation at the National Council on Family Relations conference in San Antonio, TX. Auburn University, Department of Human Development and Family Studies, \$500.
2012	Travel funding for first author research presentation at the National Council on Family Relations conference in Phoenix, AZ. Auburn University, Department of Human Development and Family Studies, \$500.

2011 Travel funding for first author research presentation at the National Council on Family Relations conference in Orlando, FL. Auburn University, Department of Human Development and Family Studies, \$500.

## PUBLICATIONS

### Peer-Reviewed Journal Articles (\*indicates student collaborator)

**McElwain, A., & Harrison, V.** (*revise & resubmit*). Empowering students through peer-led relationship education: Enhancing professional development and emerging adult wellness. *Journal of Higher Education Outreach and Engagement*.

**McElwain, A., & Su, S.** (*in press*). Peer-facilitated HMRE programming: A successful approach for emerging adult relationship education. *Family Relations*.

Adler-Baeder, F., **McElwain, A.**, McGill, J., Gregson, K., & Steen, J\* (*in press*). The Class Environment Scale: Youth Programs (CES-YP): Validating a new measure. *Journal of Youth Development*, 20, Article 13. <https://open.clemson.edu/jyd/vol20/iss1/13>

**McElwain, A., & Finnegan, V.** (2022). Emerging professionals practicing family science: Reflections of peer educators delivering relationship education. *Family Relations*. <https://doi.org/10.1111/fare.12806>

Su, S., **McElwain, A.**, & Lin, X. (2022). Parenting practices and emerging adult emotional well-being in the United States and China. *Journal of Comparative Family Studies*, 53, 5-24. <https://muse.jhu.edu/article/852701>

Su, S., Lin, X., & **McElwain, A.** (2021). Parenting, loneliness, and stress in Chinese international students: Do parents still matter from thousands of miles away? *Journal of Family Studies*, 1-14. <https://doi.org/10.1080/13229400.2021.1910540>

**McElwain, A.** (2019). Learning by doing: Undergraduate student perceptions of a family life education service-learning assignment. *Family Science Review*, 23(3), 71-90.

Lin, X., Su, S., & **McElwain, A.** (2019). Academic stressors as predictors of achievement goal orientations of international and American students. *Journal of International Students*, 9(4), 1134-1154. <https://doi.org/10.32674/jis.v9i4.752>

**McElwain, A.**, McGill, J., & Savasuk, R. (2017). Youth relationship education: A meta-analysis. *Children and Youth Services Review*, 82, 499-507. <https://doi.org/10.1016/j.childyouth.2017.09.036>

**McElwain, A.**, Finnegan, V., Whitaker, A., Kerpelman, J., Adler-Baeder, F., & Duke, A. (2016). Evaluation and lessons learned from an undergraduate service-learning course providing youth-focused relationship education. *Evaluation and Program Planning*, 58, 116-124. <https://doi.org/10.1016/j.evalprogplan.2016.06.002>

*(Publications—continued)*

- McElwain, A. & Bub, K.** (2016). Changes in mother and father-child relationship quality across the transition to adolescence: Implications for early engagement in sexual behavior. *Youth & Society, 50*(2), 204-228. <https://doi.org/10.1177/0044118X15626843>
- McElwain, A., Kerpelman, J., & Pittman, J.** (2015). The role of romantic attachment security and dating identity exploration in understanding adolescents' sexual attitudes and cumulative sexual risk-taking. *Journal of Adolescence, 39*, 70-81. <https://doi.org/10.1016/j.adolescence.2014.12.005>
- Kerpelman, J., **McElwain, A.**, Pittman, J. & Adler-Baeder, F. (2013). Engagement in risky sexual behavior: Adolescents' perceptions of self and the parent-child relationship matter. *Youth & Society, 48*(1), 101-125. <https://doi.org/10.1177/0044118X13479614>
- McElwain, A., Grimes, M., & McVicker, M.** (2009). The implications of erotic plasticity and social constructionism in the formation of female sexual identity. *Journal of Feminist Family Therapy, 21*(2), 125-139. <https://doi.org/10.1080/08952830902911347>
- McElwain, A.** (2008). Marriage and family therapy with low-income clients: Professional, ethical, and clinical issues. *Contemporary Family Therapy, 30*(4), 220-232. <https://doi.org/10.1007/s10591-008-9071-5>

Book Chapters

- Lin, X., Su, S., & **McElwain, A.** (2019). Emotional supports and academic stresses among young Chinese international students. In M. Allison (Ed.), *Exploring the opportunities and challenges of international students* (pp. 77-99). New York, NY: Nova Science Publishers.
- Kerpelman, J., **McElwain, A.**, & Saint-Eloi-Cadely, H. (2015). Adolescent development and romantic relationships. In J. Arditti (Ed.), *Family problems: Stress, risk, and resilience* (pp. 249-270). West Sussex, UK: Wiley-Blackwell.

Outreach Publications (\*indicates student co-author)

- McElwain, A., & Finnegan, V.** (2024). *Emerging Relationships*. Berkley, CA: The Dibble Institute.
- McElwain, A., & \*Kelley, K** (2020). *Relationship Smarts: Teaching Young Adults Healthy Habits for Happy Romantic Relationships*. University of Wyoming College of Agriculture and Natural Resources Reflections Magazine.
- McElwain, A., Su, S., & \*Tian, Y.** (2018). "Lifetime of Lasting Love." Psychoeducational video content for Chinese university students.
- McElwain, A.** (2018). [Healthy Relationship Habits](#). Online content for the Wyoming Lifestyle magazine blog.

(Publications—continued)

**McElwain, A.** (2013). Young Women Leaders Program Annual Program Report. Auburn University Women's Initiatives.

**McElwain, A.** (2011). Website content for the Alabama Campaign to Prevent Teenage Pregnancy. "What is positive youth development and how can it be an effective approach to preventing teenage and unplanned pregnancy?" Positive Youth Development (PYD) <http://acptp.org>

## PROFESSIONAL PRESENTATIONS

### Refereed Presentations (\*indicates student collaborator)

**McElwain, A. & Su, S.** (November, 2024). *Evaluation of a peer-taught relationship education program for emerging adults*. Poster presentation proposal submitted to the annual conference of the National Council on Family Relations, Bellevue, Washington.

\*Fisher, R., & Su, S., & **McElwain, A.** (November, 2024). *Emerging adulthood in transition: Dynamics of parent-child relationships and romantic support among Chinese university students*. Poster presentation proposal submitted to the annual conference of the National Council on Family Relations, Bellevue, Washington.

Adler-Baeder, F., **McElwain, A.**, McGill, J., & \*Steen, J. (November, 2023) *The Youth Program Class Environment Scale for Youth (YP-CES): Validating a New Measure*. [Poster presentation]. National Council on Family Relations, Orlando, Florida.

Su, S., **McElwain, A.**, & Shim, S. (2023, March). *Social support, ethnic identity, and resilience among Burmese adolescent refugees*. [Poster presentation]. International Convention of Psychological Science, Brussels, Belgium.

Finnegan, V., **McElwain, A.**, \*Youell, T., \*Cooper, E., \*Steen, J., & Adler-Baeder, F. (2022, November). *Pandemic program changes for youth relationship education: Perceptions of facilitation quality and the influence of setting on program outcomes*. [Poster presentation]. National Council on Family Relations conference, Minneapolis, MN, United States

**McElwain, A.**, & Finnegan, V. (2021, November). *Promoting healthy romantic relationships using a peer education model: Experiences of the peer educator*. [Paper presentation]. National Council on Family Relations, virtual conference.

Chan, A., Allen, S., Sabey, A., & **McElwain, A.** (2020, November). "I don't know what they call it now:" *Parents navigating discussions of adolescent romantic relationships with their children*. [Paper presentation, virtual]. National Council on Family Relations, virtual conference.

*(Refereed Professional Presentations—Continued)*

- Su, S., **McElwain, A.**, Lin, X. (2020, November). *A cross-cultural investigation of parenting practices on emerging adult psychological outcomes* [Paper presentation]. National Council on Family Relations, virtual conference.
- Su, S., **McElwain, A.**, Lin, X. (2020, November). *Links between parenting practices and Chinese International college students' psychological adjustment* [Paper presentation]. National Council on Family Relations, virtual conference.
- McElwain, A.**, & Su, S. (2020, July\*\*). *The role of parent and romantic attachment security in emerging adult's romantic attitudes and relationship confidence* [Accepted for paper presentation]. International Association for Relationship Research conference, London, UK. (\*\*Conference is postponed until September, 2021 due to COVID-19 pandemic)
- Su, S., Lin, X., & **McElwain, A.** (2020, February). *Parenting, loneliness, and stress in Chinese international students: Do parents still matter from thousands of miles away?* [Paper presentation]. Eastern Educational Research Association conference, Orlando, FL, United States.
- Chan, A., Allen, S., Sabey, A., & **McElwain, A.** (2020, February). *Contentious content: Parents' experiences of discussing dating with their teens* [Poster presentation]. Annual meeting of the Society for Personality and Social Psychology, New Orleans, LA, United States.
- McElwain, A.**, & \*Kelley, K. (2019, November). *Peer-led relationship education for emerging adults* [Poster presentation]. Annual meeting of the National Council on Family Relations, Fort Worth, TX, United States.
- McElwain, A.**, Su, S., & Lin, X. (2019, October). *Romantic relationship risk and protective factors among emerging adults: A cross-cultural investigation* [Poster presentation]. Society for the Study of Emerging Adulthood conference. Toronto, Canada.
- McElwain, A.**, Su, S., & Lin, X. (2019, October). *Parenting practices and social stress among emerging adults: A cross-cultural investigation* [Paper presentation]. Society for the Study of Emerging Adulthood conference. Toronto, Canada.
- McGill, J., **McElwain, A.**, & Savasuk-Luxton, R. (2019, July). *Promoting healthy relationship behaviors and reducing risk: A meta-analysis of the effectiveness of youth-focused relationship education*. [Paper Presentation]. International Association for Relationship Research Conference on Applied Relationship Science. Brighton, UK.
- Lin, X., Su, S., & **McElwain, A.** (2019, April). *Helping or hindering? Emotional supports and the academic stresses among young Chinese international students*. [Paper presentation]. Annual Meeting of the Comparative and International Education Society, San Francisco, CA, United States.



*(Refereed Professional Presentations—Continued)*

- McElwain, A.** (2018, November). *Using the “Flipped” classroom to accommodate group experiential learning projects* [Poster symposium presentation]. Annual meeting of the National Council on Family Relations, San Diego, CA, United States.
- Lin, X., Su, S., **McElwain, A.** (2018, October). *A cross-cultural exploration of academic stress and achievement goal orientations of American and Chinese International students*. [Paper presentation]. The annual meeting of the American Association for Adult and Continuing Education, Myrtle Beach, SC, United States.
- Su, S., Gregson, K., & **McElwain, A.** (2017, November). *Coping with social stress: Like parent like adolescent* [Paper presentation]. Annual meeting of the National Council on Family Relations, Orlando, FL United States.
- McElwain, A.** (2017, June). *Doing family life education “for real:” Undergraduate students’ perceptions of an experiential learning project in an upper-division Human Development and Family Science course* [Presentation]. Annual meeting of the Family Science Association. Nassau, Bahamas.
- McElwain, A.,** Kerpelman, J., & Pittman, J. (2017, March). *The role of dating experience in gains from a youth-focused relationship education program*. [Poster presentation]. International Convention of Psychological Science, Vienna, Austria.
- McElwain, A.,** McGill, J., & Savasuk, R. (2016, November). *A meta-analysis of youth-focused relationship education* [Paper presentation]. Annual meeting of the National Council on Family Relations, Minneapolis, MN, United States.
- McElwain, A.,** Kerpelman, J., Pittman, J., & Adler-Baeder, F. (2015, November). *Parent-adolescent relationship quality and youth relationship education outcomes* [Paper presentation]. Annual meeting of the National Council on Family Relations, Vancouver, Canada
- Finnegan, V., **McElwain, A.,** & Rice, T. (2015, February). *Auburn University students teaching youth to be “Relationship Smart”: Results of a service learning program in Human Development and Family Studies* [Presentation]. Auburn University Outreach Scholarship Symposium, Auburn, AL, United States.
- McElwain, A.** & Bub, K. (2014, November). *Adolescent relationships and sexual outcomes*. [Paper presentation]. Annual meeting of the National Council on Family Relations. Baltimore, MD, United States.
- McElwain, A.,** Kerpelman, J., & Pittman, J. (2014, July). *The role of romantic attachment security and dating identity exploration in understanding adolescents’ sexual attitudes and cumulative sexual risk-taking* [Paper presentation]. International Association for Relationship Research conference. Melbourne, Australia. *(Presented by the second author)*

*(Refereed Professional Presentations—Continued)*

**McElwain, A., & Bub, K.** (2014, March). *Changes in the parent-child relationship across the transition to adolescence: Implications for early adolescent sexual behavior* [Poster presentation]. Biennial meeting of the Society for Research on Adolescence, Austin, TX, United States. **Winner of the Society for Research on Adolescence Student Poster Award.**

**McElwain, A., Kerpelman, J., Pittman, J., & Adler-Baeder, F.** (2013, November). *Predictors of healthy sexual attitudes and behaviors in adolescence: Does gender matter?* [Paper presentation]. Annual meeting of the National Council on Family Relations, San Antonio, TX, United States.

**McElwain, A.** (2013, March). *The role of romantic attachment security and dating identity exploration in adolescent risky sexual behavior: What role do sexual attitudes have?* [Poster presentation]. Annual Quint State Southeastern Symposium on Human Development and Family Studies, Auburn, AL, United States.

**McElwain, A.** (2013, February). *A Family Impact Analysis of sexual health education policy in Alabama* [Presentation]. Annual meeting of the Southeast Council on Family Relations, Birmingham, AL, United States.

**McElwain, A., Kerpelman, J., Adler-Baeder, F., & Pittman, J.** (2012, November). *Predictors of healthy sexual attitudes and behaviors in adolescence* [Paper presentation]. Annual meeting of the National Council on Family Relations. Phoenix, AZ, United States.

**McElwain, A., Kerpelman, J., Latham, B., Adler-Baeder, F., & Pittman, J.** (2011, November). *Adolescents' engagement in risky sexual behaviors: Parenting matters* [Paper presentation]. Annual meeting of the National Council on Family Relations, Orlando, FL, United States.

**Invited Presentations, Lectures, and Workshops**

**McElwain, A.** (2022, November). *Putting ideas to work: Programming to support healthy youth relationships*. Research presentation to faculty and graduate students in the Human Development and Family Science department at Colorado State University. Virtual presentation.

**McElwain, A., & Wade, C.** (2019, June) "*Emerging Adulthood.*" Outreach presentation to administrators and staff in student programs, advising, career services, and marketing at the University of Wyoming. Laramie, WY, United States.

**McElwain, A.,** (2018, May). "*A Lifetime of Lasting Love: Healthy Romantic Relationships.*" Research and outreach presentation to students and faculty at North China Electric Power University, Beijing, China.

*(Invited Presentations, Lectures, and Workshops—Continued)*

- McElwain, A., & Finnegan, V.** (2015, May). *What's love got to do with it? The importance of healthy romantic relationships for adolescent pregnancy prevention* [Workshop presentation]. Alabama Campaign to Prevent Teen Pregnancy annual conference. Montgomery, Alabama
- McElwain, A.** (2014, April). *"Know more: Healthy relationships."* [Workshop presentation] Auburn University Annual Women's Leadership Conference, Auburn, AL, United States.
- McElwain, A., & May, C.** (2012, May). *The importance of incorporating relationship education with sexual health education for adolescents* [Outreach presentation]. Alabama Campaign to Prevent Teen Pregnancy annual conference, Birmingham, AL, United States.
- McElwain, A., Jackson, A., Datubo-Brown, C., & McGill, J.** (2012, February). *The Young Women Leader's Program: "Young women get real about relationships"* [Workshop presentation]. Annual Auburn University Women's Leadership Conference, Auburn, AL, United States.
- McElwain, A.** (2012, October). *Female adolescent sexual development* [Guest Lecture]. HDFS 4950: Issues Facing Adolescent Girls, Auburn University (Instructor: Donna Sollie, Department of HDFS).
- McElwain, A.** (2012, April). *Sexual Health* [Guest Lecture]. HDFS 2000: Marriage and Family in a Global Context, Auburn University (Instructor: Carol Roberson, Department of HDFS).
- McElwain, A.** (2011, October). *Introduction to Adolescent Development* [Guest Lecture]. HDFS 4950: Issues Facing Adolescent Girls, Auburn University (Instructor: Donna Sollie, Department of HDFS).

## HONORS AND AWARDS

### University Honors/Awards

#### **University of Wyoming**

- Honorary Coach, UW Athletic Department, student nominated, 2022
- *Nomination:* Lawrence Meeboer Outstanding Classroom Teacher, 2020
- Outstanding Educator Award, College of Agriculture & Natural Resources, 2019 (\$2,500)
- "Top Prof" Award, Mortar Board Honorary, 2019
- Excellence in Teaching Award, National Society of Leadership & Success, 2019
- *Nomination:* Lawrence Meeboer Outstanding Classroom Teacher, 2019
- "Top Prof" Award, Mortar Board Honorary, 2016

*(University Honors/Awards—Continued)*

**Auburn University**

- Merriwether Fellowship, 2014 (\$2,000)
- 1<sup>st</sup> Place social sciences oral presentation, Graduate Scholars Forum, 2014
- *Nomination*: Graduate Student Woman of Distinction Award, 2014
- Jeanne M. Priester Doctoral Fellowship, 2014 (\$1,500)
- Joyce & Roger Lethander Scholarship, 2013 (\$1,000)
- Preparing Future Faculty Fellowship, 2012-2013

**National Honors/Awards**

- *Nomination*: Felix Berardo Scholarship Award for Mentoring, National Council on Family Relations, 2021.
- Student Poster Award, Society for Research on Adolescence biennial conference, 2014

## **PROFESSIONAL AFFILIATIONS**

National Council on Family Relations (NCFR), 2010-Present

Society for Research on Adolescence (SRA), 2011-2020

## **PROFESSIONAL SERVICE**

CFLE Academic Program Review (APR) Committee member (appointed; 2021-Present)

External Reviewer, T&P candidate at Texas Women's University. (Fall, 2022)

*New Professional Representative*, Rocky Mountain Council on Family Relations, (2017-2019)

Family Life Education Curriculum Review Task Force (2018-2019)

**Ad Hoc Manuscript Reviews**

Family Relations (March, 2025; April, 2024)

Behavioral Sciences (September, 2024)

Youth and Society (January, 2024)

Families in Society (August, 2023)

Personal Relationships (October, 2022)

Family Relations (June, 2021)

Family Process (March, 2021)

Family Science Review (January, 2019)

Journal of Social & Personal Relationships (July, 2020; February, 2020; April, 2018)

Journal of Sex & Marital Therapy (June, 2018)

Journal for Research on Adolescence (July, 2016)

Behavioral Sciences (November, 2015)

International Journal of Behavioral Development (May, 2015)

Journal of Marriage and Family (October, 2014)

*(Professional Service—Continued)*

### Conference Proposal Reviews

National Council on Family Relations, Family and Community Education Section (2024, 2023, 2022, 2021, 2020, 2018, 2016, 2015)

National Council on Family Relations, Research and Theory Section (2014, 2012)

## **UNIVERSITY, COLLEGE, & DEPARTMENTAL SERVICE**

2022-Present	NO MORE violence prevention coalition
2024-Present	CALSNR Reappointment, Tenure, and Promotion Committee
2015-Present	<i>Departmental Scholarship Committee</i> , Department of Family and Consumer Sciences.
2015-Present	<i>Departmental Evaluation Committee</i> , Department of Family and Consumer Sciences.
2020-2025	<i>Academic Dishonesty Hearing Committee</i> , UW College of Agriculture and Natural Resources
2021	<i>Committee Member</i> , 2-13 University reorganization committee for Family and Consumer Sciences.
2019-2021	<i>Search Committee Chair</i> , Department of Family and Consumer Sciences.
2019	<i>Reviewer</i> , Global Perspective Grants, UW College of Agriculture & Natural Resources
2017-2019	<i>Faculty Senator</i> , University of Wyoming
2017-2018	<i>Search Committee Member</i> , Department of Family and Consumer Sciences.
2014	<i>Planning Assistant</i> , Auburn University Research Week
2013-2014	<i>Quint State Symposium Representative</i> , HDFS Graduate Student Organization, Auburn University
2013	<i>Conference Chair</i> , Quint State Southeastern Symposium on Child Development and Family Studies
2013	<i>Facilitator</i> , Graduate Student Teaching Forum, Auburn University
2012-2013	<i>President</i> , HDFS Graduate Student Organization, Auburn University
2011-2013	<i>Graduate Student Mentor</i> , HDFS Undergraduate Mentoring for Graduate School Program, Auburn University
2011-2012	<i>Vice President</i> , HDFS Graduate Student Organization, Auburn University

## **PROFESSIONAL DEVELOPMENT** *(Since 2015)*

4/28/2025	ECTL Lunch & Learn: Lilly Conference Panel discussion
4/15/2025	ECTL Assessment Academy workshop
5/2022	ECTL Summer Institute: Great Teacher's Retreat May 18-20.
1/2022-4/2022 and 9/2019-4/2020	Collaborative Communication faculty learning discussion group (ECTL)
1/2021	ECTL workshop: <i>Peer Review in WyoCourses</i>

*(Professional Development—Continued)*

11/2020	Relationship Education: A Trauma-Informed Approach for Youth (The Dibble Institute webinar 11/11/2020)
7/2020	ECTL Digital Teaching and Learning Course July 13-17.
4/2017	Attended the <i>Continuums of Service—Campus Compact Conference</i> on best practices in service learning.
9/2016-4/2017	Engaged Faculty Institute on Service Learning: A faculty learning community sponsored by the ECTL and Service Leadership & Community Engagement Office.
3/2016	ECTL workshop: <i>An Introduction to Flipping your Classroom</i>
2/2016	ECTL workshop: <i>Implementing Active Learning in the Classroom</i>
1/2016	ECTL workshop: <i>Active Learning Assignments and Rubrics</i>
11/2015	ECTL workshop: <i>Beyond Testing—Alternative Assessment Techniques</i>
10/2015	ECTL workshop: <i>Tips and Tricks for Actively Engaged Learning</i>
9/2015	MAXQDA qualitative data analysis software training webinar series

## **STUDENT SUPERVISION, ADVISING, & MENTORING**

### Graduate Student Committees

Committee member, Emily Vercoe, PhD, Education (expected: 2026)

Committee member, Christopher Cannon, PhD, Psychology (2025)

Committee member, Morgan Asay, M.S., Family & Consumer Sciences (2021)

Committee member, Susan Rawlings, M.S., Family & Consumer Sciences (2020)

### Internships

Supervisor to **79** undergraduate students (as of 2025) enrolled in the Internship in Human Development and Family Science course each Spring and Summer semester. Involves year-round mentoring, guidance, and preparation.

### Undergraduate Research & Teaching Assistants

1/2025-Present	Morgan Hall	Teaching and Research Assistant
8/2024-12/2024	Maddie Walker	Teaching Assistant
8/2023-5/2024	Stacey Richardson	Research Assistant
8/2022—5/2023	Anna Augustin	Teaching Assistant
8/2020-2021	Natalie Bills	Teaching Assistant
8/2020-2021	Addison Lacey	Research Assistant
8/2019-5/2020	Kathryn Kelley	Teaching Assistant
8/2017-5/2020	Kathryn Kelley	Research Assistant
8/2018-5/2019	Kayla Trujillo	Teaching Assistant

### Advising

I advised and mentored **19** undergraduate students in the FCS-HDFS major between 2015-2021.

*(Student Supervision, Advising, & Mentoring—Continued)*

Service-Learning

Instructor of FCSC 4106: Special Problems in FCS Relationship Education and Leadership (Fall 2018-Fall 2020). Trained, supervised, and provided professional development opportunities to **17** undergraduate students in various majors. In Fall and Spring semesters, students delivered a relationship education program for emerging adult audiences and ultimately adapted materials for online delivery.

Independent Field Study Supervision

Instructor of FCSC 4104: Field Studies in Family and Consumer Sciences. Provided instruction, mentoring, and supervision of independent professional projects and experiential learning.

Spring 2019	Sydney McKim	Domestic violence prevention programs targeting emerging adult audiences.
Spring 2018	Madison Person	Physical and mental health implications of romantic relationships in emerging adulthood.