# Challenging Learning Styles

*Lesson submitted by Annie Robbins, March 12, 2020*

Students will:

* Review different styles
* Think critically about new information
* Reflect on the importance of keeping an open mind to new learning/experiences

Materials:

* Signs with learning styles and attributes written on them
* Masking tape
* “Learning styles & the importance of critical self-reflection”- Tesia Marshik (https://www.youtube.com/watch?v=855Now8h5Rs)
* LeaRN chart of learning styles

Prepare for lesson:

* Tape up signs
* Pull up TEDx Talk

Description of Activity:

* Have students move to their quadrant of learning styles (5 min)
	+ Discuss among the group-what works for you? What doesn’t?
* Give a very brief overview of learning styles (pull up LeaRN chart as a reference tool) (5 min)
	+ Visual
	+ Auditory
	+ Kinesthetic
* Show TEDx Talk (18 min)
* Share out- What do you think of this? How does it challenge your belief? (5 min)
* Journal entry-What does this quote from the talk mean to you? (5 min)
	+ “Important to let our guard down, challenge our beliefs, truly consider other perspectives and different ideas”
* TPS/share out (5 min)