Final Reflection

## *This assignment was created by April French, Senior Academic Advisor at the University of Wyoming*

You have multiple options for your final reflection assignment (150 points (15%)), which you will speak about for your final presentation (100 points (10%)). **The final reflection assignment is due in class.** You can do this via video, audio, in writing, or through a brochure. Be creative! If you choose to create your assignment electronically, you can send it to your instructor’s email; if you choose to create a large poster, paper will be provided to you. If you provide a written reflection, it should be approximately 1000 words in length. **You will present your final reflection during class.** You will have a chance to sign up for one of the presentation dates (only 5 students per day).

Option A

Reflect on what you have gained/learned about each component of this course (Academic, Campus, and Wellness), how it has equipped you to face challenges, and how it will impact the way you experience your time at UW and beyond.

Option B

Compose a note to a recent high school graduate who is looking ahead to beginning their time in college. Include three pieces of advice you would give them. What tips do you wish you’d been given? Incorporate aspects you have learned from this course into your composition, but also feel free to incorporate additional tips/thoughts.

Option C

Create a digital presentation or poster based on the components of the “Designing Your UW” packet/posters. You can choose to do a version of the “Major/Career/Calling Exploration” poster, a version of the “Personal Charter for UW and Beyond,” or a version all your own that incorporates the aspects from the “Designing Your UW” packet that you consider most essential. It should reflect at least three aspects of who you are and how those things inform your future.

Reflection Rubric

5 points: Creativity  
5 points: Presentation – Spelling, Grammar, Format  
15 points: Reflects your thinking and learning processes  
15 points: Includes implications for future learning (yours or someone else’s)

10 points: Articulates multiple connections between in-class learning & other experiences (or connections between the three aspects articulated in the option you have selected)

Presentation Rubric

20 points: Presenter comes on time and prepared to present.

20 points: Presentation is concise and engaging. **7-minute time limit!**

60 points: Presentation conveys a clear and deep reflection on each of the three aspects described in the option you have selected (as listed above). (20 points per aspect)