

First Year Experience

Washakie Experience

The Supper Club Assignment

This assignment was inspired by a University of Connecticut Lesson Plan Submitted by Betsy Cracco

You will be assigned to a small group of 3-5 students in this class. Your task is to select a time you can all dine together, and to do so at least 3 times throughout the semester (monthly or weekly schedule works well). The objective of the Washakie Experience is fairly straight forward: (1) To get to know each other and (2) To feel less alone and isolated at the University of Wyoming. The one rule of the Supper Club is no technology. As a group, you can decide to use one of the two sets of conversation prompts or come up with your own.

After each Supper Club meeting, you will write a reflection on whether you met the above objectives and how you achieved these. You can discuss both strategies for achieving these objectives and the common road blocks to those objectives of increasing connection and reducing isolation that may exist in college life.